



**Newsletter**

**Diocese of Arundel and Brighton**

**22<sup>nd</sup> March 2020**

**ONCE YOU HAVE PICKED UP THIS NEWSLETTER PLEASE TAKE IT WITH YOU**

There are no Public Masses in the Cathedral or Convent  
this week or for the weeks to come.  
Below are the readings and notes of any feasts and solemnities.

**THIS SUNDAY 22, 4<sup>th</sup> Sunday of Lent, Laetare Sunday**  
(1 Samuel [16:1B, 6-7, 10-13A](#); Ephesians 5:8-14; John [9:1-41](#))

**MONDAY 23, Monday of the Fourth Week of Lent**  
(Isaiah [65:17-21](#); John [4:43-54](#))

**TUESDAY 24, Tuesday of the Fourth Week of Lent**  
(Ezekiel [47:1-9, 12](#); John [5:1-16](#))

**WEDNESDAY 25, Solemnity: The Annunciation of the Lord**  
(Isaiah [7:10-14; 8:10](#); Hebrews 10:4-10; Luke [1:26-38](#))

**THURSDAY 26, Thursday of the Fourth Week of Lent**  
(Exodus [32:7-14](#); John [5:31-47](#))

**FRIDAY 27, Friday of the Fourth Week of Lent**  
(Wisdom 2:1A, 12-22; John [7:1-2, 10, 25-30](#))

**SATURDAY 28, Saturday of the Fourth Week of Lent**  
(Jeremiah [11:18-20](#); John [7:40-53](#))

**NEXT SUNDAY 29, 5<sup>th</sup> Sunday of Lent, Year A**  
(Ezekiel [37:12-14](#); Romans [8:8-11](#); John [11:1-45](#))

**Emergency Telephone Numbers.**

Bognor Parish 01243 823619  
Storrington Parish 01903 740338  
Littlehampton Parish 01903 731171

Chichester Parish 01243 782343  
Petworth Parish 01798 342169

**Cathedral House Parsons Hill Arundel West Sussex BN18 9AY**

Tel: 01903 882297 Web Site: [www.arundelcathedral.uk](http://www.arundelcathedral.uk) Email: [arundel@abdiocese.org.uk](mailto:arundel@abdiocese.org.uk)

**Canon David Parmiter**  
Cathedral Dean

**Rev. Mr. David Clifton L.Th**  
Deacon (Retired)

**FINANCIAL MATTERS: Recent collections:**

14/15 March: £263.41 + £202.00 (Gift Aid) = £465.41  
 Lenten Alms for Chestnut Tree House: £174.63 (Total so far = £299.03)

Dear Friends,

The suspension of Mass and all other acts of public worship will be a loss to us all and we will feel this loss keenly. It will be difficult for those who live alone and will be without the experience of community prayer and contact. In ways that are safe we should try to keep in contact with one another. However, none of us want this virus to spread so quickly that the health, welfare and social care services become overwhelmed. That would mean that they could not care properly for those who are sick, frail and vulnerable. Taking the measures that the Government and Bishops have strongly advised are the only ones available to us now. In moments when we feel down, we could remember that when the Mass is celebrated the whole church in heaven and on earth is united. So, I will be saying Mass, sadly without a congregation, in the Cathedral each day. Please also remember that the Cathedral will remain open for private prayer, so popping in for a few quiet moments of prayer before the Blessed Sacrament will help all our brothers and sisters. May God bless and protect you all during these emergency measures and help us bring this virus to a speedy end.

Canon David

**PRAYERS OF THE FAITHFUL FOR SUNDAY**

We pray for all Church leaders as they seek to make difficult decisions to protect their flocks. We ask for wisdom to know how to support their parishioners in new ways until church services can take place again.

We pray for our government and those advising them who are in an impossible situation. We ask that their approach will be successful and their plans will protect the most vulnerable in our society.

For all those for whom COVID-19 brings uncertainty and worry both financial and future planning. We ask that homes and jobs will be protected and people can bring their personal fears and concerns to the Lord. We pray for all teachers and students who will have to adapt to changes in the coming months.

As we celebrate Mothering Sunday, we pray for all mothers, that their generosity and care for their families will be rewarded with love and gratitude.

For all who bear the cross of suffering: that they may be kept safe in the shadow of God's presence.

We pray for all those who have died recently especially Archbishop Peter Smith – retired Archbishop of Southwark, Mgr. Brian Halloran, Fr David Rea; may they enjoy the fullness of life in God's Kingdom. benefactors of this parish and diocese.

May they enjoy the fellowship of the saints forever.

**MASS ONLINE** There are a number of places where you can view Masses:

<https://mass-online.org/daily-holy-mass-live-online/>  
<https://www.churchservices.tv/> (includes a number of Diocesan Parishes)

**STATIONS OF THE CROSS**—Cancelled.

**PARISH RECONCILIATION SERVICE** cancelled.

**CANCELLATIONS** Please assume any events previously advertised here, have now been cancelled unless a further note appears below.

**PRAYER FOR HEALTH STAFF**

Wondrous God, author of life,  
 you fashioned us in your likeness  
 and breathed into us the life which is your own.  
 Be with those whose special care  
 is the health of mind and body.  
 Fill their hearts with awe for the life which is your gift  
 and sustain them daily in your service,  
 that their hands may bring to others  
 the comfort of your healing touch.  
 Through Christ our Lord.  
 Amen.

**PRAYER FOR THOSE AFFECTED**

Merciful God, come to the help of your people.  
 Be our shelter in this time of peril  
 and strengthen the bonds of our community.  
 Bring healing to all who suffer  
 the ravages of disease  
 and assist those whose skill and art  
 can put an end to this affliction.  
 Through Christ our Lord.  
 Amen..

**AT HOME - CHURCHES TOGETHER ENGLAND**

have issued a statement and a call to prayer and action for this Sunday 22nd March - at 7pm this Sunday, light a candle in the windows of your homes as a visible symbol of the light of life, Jesus Christ, our source and hope in prayer.' You will find more details at <https://www.cte.org.uk/Publisher/Article.aspx?ID=569010>

**LENT ALMS** If you still want to donate to the Lent collection for Chestnut Tree House, a children's hospice please put your donation in a clearly marked envelope and put through the door of Cathedral House before 1st April.

**THE CATHEDRAL SHOP** will be closed for the time being, if you want something, please let us know by e-mail to the parish office or phone and we can hopefully arrange and suitable time to collect.

**HOLY WEEK RETREAT** 6-9 April at Sussex Heritage Centre is CANCELLED. In place of the retreat, Naomi Hamilton is offering a Retreat in Daily Life by skype or phone between Sunday 5 and Saturday 11 April for any number of days between 2 and 7. Daily "meeting" of up to 30 minutes and agreement to pray in private for 30 minutes per day. Naomi will offer guidance on what to pray with, and help you to understand what is going on between you and God in your prayer times. A small financial contribution will be requested. Phone Maria on 01903 413606 for more details.

**SPRING PARISH PROCLAIMER** now available at the back of the Cathedral an online. More next week.