



Newsletter

Diocese of Arundel & Brighton

5th April 2020

There are no Public Masses in the Cathedral or Convent
this week or for the weeks to come.

Below are the readings and notes of any feasts and solemnities.

THIS SUNDAY 5, Palm Sunday of the Passion of the Lord, Year A

(At The Procession With Palms: Gospel: Matthew 21:1-11;

At Mass: Isaiah [50:4-7](#); Philippians [2:6-11](#); Matthew 26:14—27:66 OR 27:11-54)

MONDAY 6, Monday of Holy Week

(Isaiah 42:1-7; Corinthians 12:1-11)

TUESDAY 7, Tuesday of Holy Week

(Isaiah 49:1-6; Corinthians 13:21-33, 36-38)

WEDNESDAY 8, 'Spy' Wednesday of Holy Week

(Isaiah 50:4-9A; Matthew 26:14-25)

THURSDAY 9, Maundy Thursday

(Exodus 12:1-8, 11-14; 1 Corinthians 11:23-26; John 13:1-15)

FRIDAY 10, Good Friday

(Isaiah 52:13—53:12; Hebrews 4:14-16; 5:7-9; John 18:1—19:42)

SATURDAY 11, Holy Saturday

(Genesis 1:1—2:2; Genesis 22:1-18; Exodus 14:15—15:1; Isaiah 54:5-14; Isaiah 55:1-11;
Baruch 3:9-15, 32--4:4; Ezekiel 36:16-17A, 18-28; Romans 6:3-11; Matthew 28:1-10)

NEXT SUNDAY 29, Easter Sunday Year A

(Acts 10:34A, 37-43; Colossians 3:1-4; John 20:1-9)

Emergency Telephone Numbers.

Bognor Parish 01243 823619

Chichester Parish 01243 782343

Storrington Parish 01903 740338

Petworth Parish 01798 342169

Littlehampton Parish 01903 731171

Cathedral House Parsons Hill Arundel West Sussex BN18 9AY

Tel: 01903 882297

Web Site: www.arundelcathedral.uk

Email: arundel@abdiocese.org.uk

**Canon David Parmiter
Cathedral Dean**

**Rev. Mr. David Clifton L.Th
Deacon (Retired)**

FROM CANON DAVID Please see attached letter from Canon David and other documents attached regarding a Special Indulgence and the Easter Duties Dispensation.

BISHOP RICHARD will celebrate the Mass of the Lord's Supper in the Cathedral at 8pm on Thursday. The cathedral's live stream is here:

<https://www.youtube.com/channel/UC7I-pXF8v-VZfzO01zrnerQ>

St. Chad's Cathedral in Birmingham will be the focus of national coverage of Watching on Holy Thursday.

<https://www.stchadscathedral.org.uk/>

In addition, the live streaming camera in our own Cathedral will remain fixed on the tabernacle until midnight. Bishop Richard will also celebrate the Good Friday Liturgy of the Passion at 3pm and the Holy Saturday Vigil at 8.30pm, all in the Cathedral and all available on YouTube the link above.

KEEPING IN TOUCH You may receive this newsletter by e-mail, in which case we have your details. If you didn't and would like to, please e-mail arundel@abdiocese.org.uk to ask to be added to the circulation list.

SIGN UP for the Diocesan e-newsletter on the website www.dabnet.org and follow the Diocese on Twitter or Facebook for regular updates and re-postings of Bishops Conference and Vatican information.

CHILDREN'S LITURGY If you want to access some online resources for your children, see <https://cafod.org.uk/Education/Children-s-liturgy> for weekly virtual sessions - registration required so leave some time to do this.

HOLY WEEK AT HOME a resource from the Diocese of Northampton is available via the following link <https://northamptondiocese.org/download/holy-week-at-home/>

MASS ONLINE There are a number of places as well as the Cathedral where you can view Masses (some daily):

<https://arundelcathedral.uk/> and click on the link which takes you to our YouTube channel.

<https://mass-online.org/daily-holy-mass-live-online/>

<https://www.churchservices.tv/>

There is an every growing list of churches in our diocese who are **live streaming Mass** and other services, go to the Diocesan website www.dabnet.org for more details.

There are many priests who are offering **reflections** via the internet during this time, here are a couple from our own diocese:

Fr Tristan Cranfield at

<http://ourladyofransom.org.uk/daily-meditations-on-the-psalms/>

Canon Tom Treherne and Fr Sebastian Paul at

<http://www.strichardschichester.co.uk/>

A & B NEWS and the papers of other Dioceses are on view at www.ChurchPaper.co.uk

PRAYERS OF THE FAITHFUL FOR PALM SUNDAY

We pray and give thanks for Pope Francis. Let us follow his lead and trust in the mercy and justice of God during this uncertain time.

Lord in your mercy...

During our own social distancing period, let us remember those inspiring individuals like Nelson Mandela and Terry Waite that suffered years of solitary confinement and torture. Let their lives be a reminder to us to give thanks for every day the Lord has gifted us.

We pray for the health and safety of all NHS workers. May God bless and protect them as they battle at the front line. May they feel God's guiding love and their bravery strengthened by our gratefulness.

We pray for our own church community. May we continue to be united in prayer during this time of separation. Let us give thanks for one another and keep each other close in thought and prayer.

For all who bear the cross of suffering: that they may be kept safe in the shadow of God's presence. We pray for Fr Albert van der Most, Fr Martin Jakubas, Paul Rumball, Lizzie Bennett, Martyn Ford, Richard Crosby, Paul Worthington, Benita Marshall, Guy Russell, Jean Marc Fritz, Kathleen Cox, George Murphy, Peter Myerscough, Pat Burton, Canon Ralph Crowe, Bernard Sanderson, Neil Sands, Nick McMenemy, Michael Winter, Suzanne Weaver, Michael Last, Ray Weatherley, and all in the local hospitals and hospices, the Priory or in their own homes.

We pray for all those that have lost their lives through the pandemic, may they sleep in heavenly peace. We pray for their families and loved ones and we ask our loving Lord to comfort them through their loss and grief.

OFFERTORY Canon David is very grateful for those parishioners who have been in touch to arrange standing orders, gift aid and have also sent in cheques and cash. The Diocese has launched an online 'parish offertory support campaign.' see

<https://www.justgiving.com/campaign/parishoffertory>

The money you donate will go into a central Diocesan pot, so it is important that when you donate you also name the Parish, Arundel Cathedral, or Canon David as your Parish Priest. This will ensure your donation will come to the Parish and not to a different one. Thank you very much for your support.

A&B LOURDES PILGRIMAGE 2020 has been cancelled. If you had booked you should have received a letter. See <http://www.ablourdes.org/>

SPRING PARISH PROCLAIMER is available online. The deadline for the summer issue is 6 May please email items to: clouter@mac.com

HOLY WEEK RETREAT 6-9 April at Sussex Heritage Centre is CANCELLED. In place of the retreat, Naomi Hamilton is offering a Retreat in Daily Life by skype or phone between Sunday 5 and Saturday 11 April for any number of days between 2 and 7. Daily "meeting" of up to 30 minutes and agreement to pray in private for 30 minutes per day. Naomi will offer guidance on what to pray with, and help you to understand what is going on between you and God in your prayer times. A small financial contribution will be requested. Phone Maria on 01903 413606 for more details.

WINTERSHALL Passion of Jesus live will not now take place live. However, they are endeavouring to get rehearsal clips, interviews, stills, mobile phone videos from all the One Good Friday locations into a documentary of 2020, that we will livestream on their Facebook page (just search 'Wintershall' on Good Friday at 12 noon and again at 3 pm. It will be followed with a repeat showing of last year's performance. The Passion of 2021 will be even bigger and better. Please pray for the Wintershall Team as they pray for you. <https://www.wintershall.org.uk/>

PRAYER FOR HEALTH STAFF

Wondrous God, author of life,
you fashioned us in your likeness
and breathed into us the life which is your own.

Be with those whose special care
is the health of mind and body.

Fill their hearts with awe for the life which is your gift
and sustain them daily in your service,
that their hands may bring to others
the comfort of your healing touch.

Through Christ our Lord.
Amen.

PRAYER FOR THOSE AFFECTED

Merciful God, come to the help of your people.

Be our shelter in this time of peril
and strengthen the bonds of our community.

Bring healing to all who suffer
the ravages of disease
and assist those whose skill and art
can put an end to this affliction.

Through Christ our Lord.
Amen.

SPIRITUAL COMMUNION

PRAYER OF ST ALPHONSUS

My Jesus, I believe that you are present in this Holy
Sacrament of the altar.

I love you above all things
and I passionately desire to receive you into my soul.

Since I cannot now receive you sacramentally,
come spiritually into my soul
so that I may unite myself wholly to you
now and forever. Amen.