



Newsletter

Diocese of Arundel & Brighton

5th July 2020

THIS SUNDAY 5, Fourteenth Sunday in Ordinary Time

(Zechariah 9:9-10; Romans 8:9, 11-13; Matthew 11:25-30)

9.15am Mass Intention: Florence Eames RIP; 11.15am Mass Intention: Celebrant's Intention

MONDAY 6, Feria in Ordinary Time, Week 14

(Hosea 2:16, 17C-18, 21-22; Matthew 9:18-26)

No Mass

TUESDAY 7, Feria in Ordinary Time, Week 14

(Hosea 8:4-7, 11-13; Matthew 9:32-38)

10.00am Mass intention: Patrick Doherty RIP

WEDNESDAY 8, Feria in Ordinary Time, Week 14

(Hosea 10:1-3, 7-8, 12; Matthew 10:1-7)

No Mass

THURSDAY 9, Feria in Ordinary Time, Week 14

(Hosea 11:1-4, 8E-9; Matthew 10:7-15)

10.00am Mass intention: Peter Myerscough RIP

FRIDAY 10, Feria in Ordinary Time, Week 14

(Hosea 14:2-10; Matthew 10:16-23)

10.00am Mass intention: Intentions of Virginia Stewart

SATURDAY 11, Feast: St Benedict, Abbot, Patron of Europe

(Isaiah 6:1-8; Matthew 10:24-33)

10.00am Mass intention: People of Sardhana

No 6pm Mass

NEXT SUNDAY 12, Fifteenth Sunday in Ordinary Time

(Isaiah 55:10-11; Romans 8:18-23; Matthew 13:1-23)

9.15am Mass intention: People of the Parish; 11.15am: Flora, Duchess of Norfolk

Emergency Telephone Numbers.

Bognor Parish 01243 823619

Chichester Parish 01243 782343

Storrington Parish 01903 740338

Petworth Parish 01798 342169

Littlehampton Parish 01903 731171

Cathedral House Parsons Hill Arundel West Sussex BN18 9AY

Tel: 01903 882297

Web Site: www.arundelcathedral.uk

Email: arundel@abdiocese.org.uk

**Canon David Parmiter
Cathedral Dean**

**Rev. Mr. David Clifton L.Th
Deacon (Retired)**

FROM CANON DAVID

Dear Parishioner,

We come to the next stage in opening-up the Cathedral as the 'lockdown' rules are relaxed, although this does not mean we are back to the way things were before the virus struck. Safety measures are in place for the celebration of Mass and these are attached to the Newsletter. If you are planning to attend Mass this weekend, please read these beforehand so you know what to expect.

As the Metropolitan Archbishop's said in their letter last week "*It is important to reaffirm that, at present, the obligation to attend Sunday Mass remains suspended.*" If you are unable to attend Mass over the weekend, there will be Mass most weekdays in the Cathedral and we, along with other parishes, will continue to live stream Mass. We are making the transition to Church services tv so both weekday and Sunday Masses will be available from our website from Sunday morning 5th July 11.15am onwards.

I have made a temporary change to the Mass schedule, so please be aware of the following changes. There will be a Saturday evening Mass at the Cathedral at 6pm to help ease the numbers at each Mass. I am grateful to Sr Marion and the other sisters at the Convent for making alternative arrangements which has allowed this Mass at the Cathedral to take place. On Sunday, the time of the first Mass will change from 9.30am to **9.15am**. This will allow extra time for cleaning before the 11.15am Mass and the cathedral will need to be closed between the two Masses for cleaning. There will no Saturday evening next week (11th July) as we celebrate the Ordination to the Priesthood of Deacon Tom Kent at 3pm and it would not be possible to clean the Cathedral before an evening Mass at 6pm. Please keep Deacon Tom in your prayers.

With my best wishes and prayers,
Canon David

CALL A MASS TELEPHONE SERVICE for people without internet access, this service from Middlesbrough Diocese is available to all. Sunday Mass is recorded and you can dial in at any time on 01642 130120 to hear the Mass. The call is charged at local rate. If you know someone who doesn't have internet access, please pass this information on.

THE CATHEDRAL LIVE STREAM

Please follow the link on the Cathedral website to follow the live stream Mass. We are moving to Church Services TV so the link will be different to previous weeks. [Click here for parish website.](#)

MASS offered for NHS and Social Care workers, every Thursday at 7pm in a different Cathedral. See the Bishops Conference website www.cbcew.org.uk for a full schedule. Next week 9th July is at Liverpool Cathedral see <https://www.youtube.com/channel/UCOiDR9mRmfnAu05Yg3ifyMw>

CATHEDRAL OPENING TIMES

Opening hours are for Mass followed by a short time for private prayer, as follows:

Monday	CLOSED
Tuesday	10am – 11am
Wednesday	10am – 11am (no Mass this week)
Thursday	10am – 11am
Friday	10am - 11am
Saturday	10am – 11am; 5.45pm – 6.45pm
Sunday	9.00am – 10am; 11am – 12 noon

To enable the social distancing rules to be followed, groups (except those in one household) must not gather inside the building.

Entry to the Cathedral will be through the North Door (facing London Road under the tower) and exit via the West Door. Please help our stewards by observing this system.

Please sanitise your hands on entry with the gel provided, observe the distancing rules and follow the one-way system.

The more volunteers we have, the more we will be able to open.

STEWARDS / WELCOMERS Many of our regular welcomers are still shielding or not returning immediately to Mass at the Cathedral. If you feel like helping out with this ministry for a short time or perhaps would consider a regular commitment to a rota, please let Louise know in the office.

HOLY DUSTERS will reconvene on a Monday morning at 10.30am to clean the Cathedral. If you can spare an hour or so to join them, please come along to the sacristy door.

FROM THE LOCAL LIFE MATTERS GROUP: PLEASE CONTACT YOUR MP to oppose attempts in parliament on Monday by the abortion industry to remove all legal safeguards for unborn children. See <https://righttolife.org.uk/StopExtremeAbortion/>

PARISH COFFEE ON 'ZOOM' 10.30am on Sundays will continue for those unable to come to Mass and anyone who can and still wants to fit in a coffee before/after Mass! Details of how to connect are in the e-mail sent to parishioners – if you don't receive this e-mail and would like to please e-mail arundel@abdiocese.org.uk to ask to be added to the circulation list.

SPRING & SUMMER PARISH MAGAZINES

The magazines will be available from the dispensers as you leave the Cathedral via the West Door. A special thanks to all the parishioners who sent in articles so far. It would be great to have more people coming forward to help our editor compile the autumn magazine the deadline for which is 5 August 2020. Please email your written article and any photos (jpg format) to clouter@mac.com or send by post to Parish Proclaimer, Cathedral House, Parsons Hill, Arundel BN18 9AY, including your name/address to enable us to return your photos if necessary.

PRAYERS OF THE FAITHFUL
For 14th Sunday in Ordinary Time

Lord God, today we remember your Son Jesus declaring "Come to me, all you who labour and are overburdened, and I will give you rest." We live in a time of great anxiety and uncertainty. We bring you our prayers, knowing that you hear even our unspoken longings.

We pray for Pope Francis and all Church leaders as they support a world experiencing the effects of Covid-19, that they might offer hope and a closer, deeper relationship with our amazing God and with each other.

We pray for Governments and decision makers here and across the world as they discern the way ahead for millions of people, most of whom they will never meet, that they will be guided by wisdom, compassion and understanding.

We pray for the people of Hong Kong during this time of change, that their rights and freedoms might be respected.

We pray for all those involved in giving and receiving education in schools, colleges, universities and apprenticeships that they might find solutions to the challenges caused by the coronavirus and will know a future filled with hope.

For all those who have died this week especially Fr John Healy, Emilienne Edney, Peter Edney, Liam Treadwell and Peter Myerscough.

We pray for all those who are sick for whatever reason, that they might find healing and full recovery. We pray for Fr Albert van der Most, Fr Martin Jakubas, Paul Rumball, Lizzie Bennett, Martyn Ford, Lee Ward, Guy Russell, Richard Crosby, Benita Marshall, Jean Marc Fritz, George Murphy, Michael Winter, Pat Burton, Canon Ralph Crowe, Bernard Sanderson, Nick McMenemy, Anne Dunkley, Ray Weatherley, Pauline Rodmell, Brian Hearn, Maurice Clouter, Rachel Fielding, Roger Wilkes, Georgia Mumby, Graham Smithson and all in the local hospitals and hospices, the Priory or in their own homes.

We ask Mary, Queen of Heaven to pray with us and for us in a few moments of silence...

Lord our God, Father, Son and Holy Spirit, we come before you with our hopes and dreams, knowing that you are there for us with your incredible love and compassion. Amen.

CAFOD CORONAVIRUS EMERGENCY

APPEAL The effects of coronavirus on developing countries where CAFOD works are likely to be devastating. The poorest and most marginalised communities will be pushed further into poverty. Your prayers and gifts are needed now more than ever. While we are not able to hold physical collections in our church, you can donate as individuals at <https://cafod.org.uk/Give/Donate-to-Emergencies/Coronavirus-appeal>

BISHOP RICHARD'S PODCASTS Regular reflections from our Bishop are available via the Diocesan website [click here](#)

DOMESTIC ABUSE HELPLINES the Diocese has very helpfully assembled a comprehensive list of places to go for help in cases of domestic abuse, which is now on our parish website.

OFFERTORY Canon David is very grateful for those parishioners who have been in touch to arrange standing orders, gift aid and have also sent in cheques and cash. The Diocese has launched an online 'parish offertory support campaign.' See <https://www.justgiving.com/campaign/parishoffertory> The money you donate will go into a central Diocesan pot, so it is important that when you donate you also name the Parish, Arundel Cathedral, or Canon David as your Parish Priest. This will ensure your donation will come to the Parish and not to a different one. Thank you very much for your support.

GIFT AID If anyone is not currently Gift Aiding their donations and would like to, please contact the office.

CHILDREN'S LITURGY We are unable to start up the Children's Liturgy group at the moment. To access some online resources for your children, see <https://cafod.org.uk/Education/Children-s-liturgy>

PRAYER FOR HEALTH STAFF

Wondrous God, author of life,
you fashioned us in your likeness
and breathed into us the life which is your own.
Be with those whose special care
is the health of mind and body.

Fill their hearts with awe for the life which is your gift
and sustain them daily in your service,
that their hands may bring to others
the comfort of your healing touch.
Through Christ our Lord.
Amen.

PRAYER FOR THOSE AFFECTED

Merciful God, come to the help of your people.
Be our shelter in this time of peril
and strengthen the bonds of our community.
Bring healing to all who suffer
the ravages of disease
and assist those whose skill and art
can put an end to this affliction.
Through Christ our Lord.
Amen.

SPIRITUAL COMMUNION

PRAYER OF ST ALPHONSUS

My Jesus, I believe that you are present in this Holy
Sacrament of the altar.
I love you above all things
and I passionately desire to receive you into my soul.
Since I cannot now receive you sacramentally,
come spiritually into my soul
so that I may unite myself wholly to you
now and forever. Amen.