



Newsletter

Diocese of Arundel & Brighton 29th November 2020

THIS SUNDAY 29, First Sunday of Advent, Year B
(Isaiah 63:16B-17, 19B; 64:2-7; 1 Corinthians 1:3-9; Mark 13:33-37)

11.15am: For the People of the Parish

MONDAY 30, Feast: St Andrew, Apostle

(Romans 10:9-18; Matthew 4:18-22)

No Mass

TUESDAY 1, Tuesday of the First Week of Advent

(Isaiah 11:1-10; Luke 10:21-24)

10.00am Mass: Chris Barrett RIP

**** PUBLIC MASSES SHOULD RE-COMMENCE FROM TODAY ****

WEDNESDAY 2, Wednesday of the First Week of Advent

(Isaiah 25:6-10A; Matthew 15:29-37)

10.00am Mass: For the intentions of Laura O'Reilly

THURSDAY 3, Mem: St Francis Xavier

(Isaiah 26:1-6; Matthew 7:21, 24-27)

10.00am Mass: For the intentions of Geraldine O'Reilly

FRIDAY 4, Friday of the First Week of Advent

(Isaiah 29:17-24; Matthew 9:27-31)

10.00am Mass: For the wellbeing of Sylvia Reilly

SATURDAY 5, Saturday of the First Week of Advent

(Isaiah 30:19-21, 23-26; Matthew 9:35-10:1, 5A, 6-8)

10.00am Mass: Alfred George Eames RIP

6.00pm People of the Parish

NEXT SUNDAY 6, Second Sunday of Advent, Year B

(Isaiah 40:1-5, 9-11; 2 Peter 3:8-14; Mark 1:1-8)

9.15am Walter & Anne Stone RIP

11.15am: Deceased friends and relatives of the Monet Family

Emergency Telephone Numbers.

Bognor Parish 01243 823619

Chichester Parish 01243 782343

Storrington Parish 01903 740338

Petworth Parish 01798 342169

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**Canon David Parmiter
Cathedral Dean**

**Rev. Mr. David Clifton L.Th
Deacon (Retired)**

PUBLIC WORSHIP UPDATE Subject to the new regulations being approved by parliament next Tuesday, we will open for Mass on Wednesday morning at 9.30am for 10am Mass. Any changes will be on the website and e-mailed to parishioners. Details for the rest of Advent and Christmas will be e-mailed out following the parliamentary vote.

FINANCIAL MATTERS: Thank you for your recent contributions.

THE CATHEDRAL LIVE STREAM

Please follow the link on the Cathedral website to follow the live stream Mass www.arundelcathedral.uk

BISHOP RICHARD IS OFFERING A SERIES OF ADVENT TALKS from the Cathedral. The programme will run for four weeks, focusing on a number of different themes:

Friday 27th November: Advent – Waiting

Friday 4th December: John the Baptist - Witness

Friday 11th December: Gaudete - Rejoice

Friday 18th December: Mary – Openness

Each evening will begin at 7pm and be live streamed on the diocesan website <https://abdiocese.org.uk/> (also available on the Cathedral website) It may be possible to attend December's talks in person - further details will be shared when known.

ZOOM PARISH COFFEE has re-started at 10.30am on a Sunday morning. Details of how to join have been sent to parishioners with the newsletter mailing this week. If you don't receive this and would like to join the zoom coffee, e-mail: arundel@abdiocese.org.uk

CAFOD WORLD GIFTS Our second collections during Advent will be for CAFOD towards the following from their World Gifts collection:

Water For a Family £33.00 - This life-saving charity gift can provide families with a steady supply of clean, safe water for drinking and cooking. Using a water pump also means families can wash in clean water, keeping everyone safe from infection.

Weatherproof crops £12.00 - When crops fail due to extreme weather, poor families in rural areas go hungry. This gift can provide essential training, seeds from different strains of local crops that can survive longer without water, as well as teaching how to grow plants raised above floodwater areas.

If you want to donate through the parish, any cheques should be payable to 'Arundel Cathedral'. If you want to Gift Aid your donation, it's easier to do this direct on CAFOD's website: www.worldgifts.cafod.org.uk where you can also find more information about all the World Gifts.

WALK WITH ME Advent Meditation booklets available in the Cathedral for £1.00. There is a box to put your money in.

FRIENDS OF ARUNDEL CATHEDRAL ADVENT VESPERS which was due to take place on 29th November is cancelled.

CHRISTMAS IN MEMORIAM An opportunity to remember your loved ones this Christmas by bringing a poinsettia to help decorate the Cathedral. Please leave your poinsettia in the baptistery from the end of November for arrangement.

THE BISHOPS OF ENGLAND AND WALES have issued a statement on the IICSA report, which has been sent out with this newsletter to parishioners and can be read at: <https://www.cbcew.org.uk/statement-on-the-publication-of-the-iicsa-report/>

CHRISTMAS VIDEO "ARUNDEL CATHEDRAL - FOR UNTO US A CHILD IS BORN". See <https://www.youtube.com/watch?v=fNtyX3csK6A> or the front page of the website.

HOLY DUSTERS will meet again from Friday 4th December after 10am Mass to clean the Cathedral.

OPENING HOURS THIS WEEK If new regulations are approved, the church will open at 9.30am on Wednesday for Mass at 10am. In the meantime, the current timings remain in place:

The Cathedral will be open for private prayer as follows:

Monday	CLOSED
Tuesday	10.30am – 4pm
Wednesday	10.30am – 4pm
Thursday	10.30am – 4pm
Friday	10.30am – 4pm
Saturday	10.30am – 4pm
Sunday	12.30pm - 4pm

Mass will be said daily Tuesday – Saturday at 10am and will be live-streamed. Mass on Sunday will be celebrated at 11.15am on live stream.

COMING INTO THE CATHEDRAL FOR

PRIVATE PRAYER To enable the social distancing rules to be followed, groups (except those in one household) must not gather inside the building. Entry to the Cathedral will be through the North Door (facing London Road under the tower) and exit via the West Door.

Please sanitise your hands on entry with the gel provided, observe the distancing rules and follow the one-way system.

Please either use the QR code or complete a form so we know who was in the Cathedral.

FACE COVERINGS It is still mandatory to wear a face covering in church unless you fall under the exempt categories. A covering may be a mask, shield or scarf, whatever if most comfortable.

CATHEDRAL SHOP hopes to re-open after the lockdown on 2nd December.

'WELCOME DESK' Canon David and Gus will spend time on a Saturday afternoon (2-4pm) at a 'Welcome Desk' by the north door of the Cathedral to be available to anyone who comes in and needs a chat.

ST PHILIP HOWARD CATHOLIC SCHOOL is currently recruiting for a Learning Support Assistant. An extremely fulfilling role: supporting the development of our learners and helping make a difference to their education and life chances. Please visit our website www.sphcs.co.uk for more details about this role, closing date and method of application.

PRAYERS OF THE FAITHFUL

First Sunday of Advent, Year B

“Lord, you are our Father; we the clay, you the potter, we are all the work of your hand.” On this first Sunday in Advent and conscious of your love for each one of us, we place ourselves and our prayers entirely in your hands.

For all disciples of Christ: that we may be ever on guard against all that diminishes human flourishing and ever awake to the possibilities of grace.

Lord in your mercy...

For all in public service: that they may act with true integrity and justice and that all their decisions may be shaped by the common good.

Lord in your mercy...

For those who feel overwhelmed by the pressure of the coming season: that they may be blessed with the spiritual gifts of patience, gladness and serenity.

Lord in your mercy...

For teachers, preachers and catechists: that, by their words and lives, they may enrich the whole Body of Christ and make us strong in wisdom and generous in charity.

Lord in your mercy...

For all who have died: that, their season of hope having ended, they may receive the promise of beholding God face to face. We pray especially for Gerard Lally.

Lord in your mercy...

We pray for all those who are sick for whatever reason, that they might find healing and full recovery. We pray for Fr Martin Jakubas, Paul Rumball, Lizzie Bennett, Martyn Ford, Lee Ward, Guy Russell, Richard Crosby, Benita Marshall, Jean Marc Fritz, Michael Winter, Pat Burton, Bernard Sanderson, Nick McMenemy, Pauline Rodmell, Rachel Fielding, Irena Ray-Crosby, Philip Wood, Julie Quantrill, Maizy Stratford, Virginia Stewart, Craig Paterson, Joe Jenner, Naomi & Jason Lewry and all in the local hospitals and hospices, the Priory or in their own homes.

We ask Our Lady Queen of Peace to pray with us and for us as we say: **Hail Mary..**

Loving Lord, Father, Son and Holy Spirit, help us to stay awake to your care for us and for our world. Help us to make this Advent a truly love-filled experience for many people as we prepare to celebrate Christmas.

Amen.

BOGNOR ADVENT RESOURCES follow this link to access weekly Advent materials and activities from Bognor Parish
<https://www.bognorcatholicparish.co.uk/advent.html>

CAFOD ONLINE ADVENT CALENDAR

www.cafod.org.uk (click on the pink box ‘Reflect with our Advent Calendar’) where you will find different calendars for adults, families, children and young people.

WINTERSHALL - THE NATIVITY WINTER WALK!

This will take place from 18 – 21 December 2020. There will be no Nativity Play this year. We are very excited to invite you to a safe, interactive event so you and your family can experience the ‘real’ Christmas story, while walking through the undulating fields and woodland of Wintershall meeting the Nativity characters and animals along the way. This is a socially distanced walk with pre-booked timeslots, following government guidelines on Covid-19. Book at <https://www.wintershall.org.uk/nativity-winter-walk>

CONSULTATION ON FREEDOM OF EXPRESSION

Freedom of Expression in faith and other areas of life are important to the life of our nation. Therefore, please be involved in the consultation by responding to the parliamentary consultation so that the Catholic view is heard. The closing date for submission is 6 December. See <https://committees.parliament.uk/call-for-evidence/307/freedom-of-expression/>

THE PASSAGE PRESENTS “A Night under The Stars”

on 3rd December filmed at the London Coliseum. Music and with festive readings from many well known names. The London Philharmonic Choir and London Youth Choir will present a special virtual performance of Bogoroditse Devo from Rachmaninoff’s Vespers. Tickets at <https://tinyurl.com/PassageConcert>

Also, THE PASSAGE is raising funds through the Big Give from **12 noon Tues 1st December – 12 noon Tues 8th December** to support its work Helping Homeless People this winter. Double your Donation, Double your impact. This is a matched giving scheme for online donations. If someone (can be a company, individual or trust) gave £10 online, matched giving of £10 would bring the Gift up to £20 (and for individuals to £22.50 with Gift Aid with higher rate tax relief it may cost the donor less than £10). For more information ring Andrew Hollingsworth 020 75921886 or e-mail andrew.h@passage.org.uk

THE FAITH COMPANION is now online only.

Digital copies and subscriptions are available at <http://www.thefaithcompanion.co.uk> or call 01403 754808.

A & B NEWS The diocesan newspaper which started life in 1965 as a magazine is no longer being published. A less frequent replacement is planned sometime next year. If you have e-mail and have not already signed up for the weekly diocesan newsletter, you can do that at <https://abdiocese.org.uk/> scroll to the bottom of the page and sign up or you can access it though following the Diocese on Facebook and Twitter. There are lots of interesting resources signposted as well as up to date news from the Diocese and beyond.

PRAYER FOR HEALTH STAFF

Wondrous God, author of life,
you fashioned us in your likeness
and breathed into us the life which is your own.

Be with those whose special care
is the health of mind and body.
Fill their hearts with awe for the life which is your gift
and sustain them daily in your service,
that their hands may bring to others
the comfort of your healing touch.
Through Christ our Lord.
Amen.

PRAYER FOR THOSE AFFECTED

Merciful God, come to the help of your people.

Be our shelter in this time of peril
and strengthen the bonds of our community.

Bring healing to all who suffer
the ravages of disease
and assist those whose skill and art
can put an end to this affliction.

Through Christ our Lord.
Amen.

SPIRITUAL COMMUNION

PRAYER OF ST ALPHONSUS

My Jesus, I believe that you are present in this Holy
Sacrament of the altar.

I love you above all things
and I passionately desire to receive you into my soul.

Since I cannot now receive you sacramentally,
come spiritually into my soul

so that I may unite myself wholly to you
now and forever. Amen.