Cathedral Church of Our Lady and St Philip Howard
ARUNDEL

**Newsletter** **Diocese of Arundel & Brighton** **20th June 2021**

All Masses are available via the Cathedral live stream on www.arundelcathedral.uk

**THIS SUNDAY 20, Twelfth Sunday in Ordinary Time, Year B**
(Job 38:1, 8-11; 2 Corinthians 5:14-17; Mark 4:35-41)
6.00pm Saturday Vigil Mass: People of the Parish
9.15am Mass: Stephanie & Michael Hawkey on their 40th Wedding Anniversary
11.15am: For the People of Sardhana

**MONDAY 21, Mem: St Aloysius Gonzaga**
(Genesis 12:1-9; Matthew 7:1-5) No Mass

**TUESDAY 22, Feast: Ss John Fisher and Thomas More, Martyrs**
(Genesis 13:2, 5-18; Matthew 7:6, 12-14)
10.00am Mass: Detta O'Cathain RIP

**WEDNESDAY 23, Mem: St Thomas Garnet, Priest & Martyr**
(Genesis 15:1-12, 17-18; Matthew 7:15-20)
10.00am Mass: For the intentions of Kevin Byrne

**THURSDAY 24, Solemnity: The Birth of St John the Baptist**
(Jeremiah 1:4-10; 1 Peter 1:8-12; Luke 1:5-17)
10.00am Mass: Miles, Duke of Norfolk RIP

**FRIDAY 25, Feria in Ordinary Time, Week 12**
(Genesis 17:1, 9-10, 15-22; Matthew 8:1-4)
10.00am Mass: Billy Sheehan RIP

**SATURDAY 26, Our Lady on Saturday**
(Genesis 18:1-15; Matthew 8:5-17)
10.00am Mass: John Hennon RIP
6.00pm Mass: Richard Vokes RIP

**NEXT SUNDAY 27, Thirteenth Sunday in Ordinary Time, Year B**
(Wisdom 1:13-15; 2:23-24; 2 Corinthians 8:7, 9, 13-15; Mark 5:21-43 or 5:21-24, 35b-43)
9.15am Mass: For a special intention, 11.15am: For the people of the Parish

**Emergency Telephone Numbers.**

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|---|---|---|---|
| Bognor Parish | 01243 823619 | Chichester Parish | 01243 782343 |
| Storrington Parish | 01903 740338 | Petworth Parish | 01798 342169 |

**Cathedral House Parsons Hill Arundel West Sussex BN18 9AY**

**Tel: 01903 882297** **Web Site: www.arundelcathedral.uk** **Email: arundel@abdiocese.org.uk**

**Canon David Parmiter**
**Cathedral Dean**

**Rev. Mr. David Clifton L.Th**
**Deacon (Retired)**

The Arundel and Brighton Diocesan Trust is a Registered Charity No. 252878

**From Canon David:**
**SPACING IN CHURCH** Following step 3 of the Government's plan to ease C-19 restrictions, I have allowed for more flexibility in the seating arrangements in the Cathedral as four people are allowed to mingle indoors. Although, I have placed notices which say a 'maximum of four people per bench' to allow for people to sit together, I would urge you to keep your social distance and wear a face covering at all times. **Booking for Sunday Mass will continue** and in this way we will keep a limit on numbers of people attending at any one time. I will also continue to monitor our local infection rates, which mercifully are still low, the regulations from the Government and the Bishop and adjust accordingly. If you have any concerns, please do get in touch. Congregational singing is still not allowed.

**BOOKING FOR MASSES** For the **Solemnity of Ss Peter & Paul** on Tuesday 29th June, please contact the parish office to book your place at either 10am or 7pm Mass.

**FINANCIAL MATTERS: Thank you** for your recent contributions. 12/13 June: £281.77+ £257.64 (Gift Aid) = £539.41

**SECOND COLLECTIONS:**
**TODAY 20th June** Day for Life
**4th July** Peters Pence
**11th July** Apostleship of the Sea
Parish Gift Aid envelopes cannot be used for these collections.

**DAY FOR LIFE** is celebrated on 20thJune and is the day in the Church's year dedicated to raising awareness about the meaning and value of human life at every stage and in every condition. The Church teaches that life is to be nurtured from conception to natural death. Click here Resources – Day for Life for this year's resources and information which cover the journey of life. You can make a cash donation at the back of the Cathedral or if you would like to Gift Aid your donation, go to: Donate – Day for Life The proceeds of the *Day for Life* collection assists the work of the Anscombe Bioethics Centre and other life-related activities supported by the Church.

**PARISH BEREAVEMENT TEAM**
Thank you to the parishioners at all three Masses last week for the most encouraging feedback to the launch of The Parish Bereavement Team. If you know of someone who would benefit from being contacted by one of the team please contact Louise at the Cathedral office (01903 882297) and she will get in touch with us. No one needs to be alone, we are reaching out in various ways.
Leaflets are still available in the Cathedral, please do take one away. There will also be information on the website shortly.

**FATHER'S DAY** A single rose will be available to collect at the back of the cathedral at the Sunday Masses so gentlemen, please take one. Happy St Joseph - Jesus' foster father. Enjoy the day!

**SACRAMENT OF RECONCILIATION** is now between 10.30 and 11am on Saturday mornings. You may also contact the office to make an appointment.

**THE CATHEDRAL SHOP** Opening hours:
Monday – Saturday 10.30am – 4.00pm
Sunday 12.30pm – 4.00pm

**FROM GUS:**
Dear Parishioners,
My time here at Arundel Cathedral is at an end. I didn't want to say goodbye, however, without taking a moment to tell you all how thankful I am to have had the opportunity to be part of your parish community.
I especially thank Canon David for his invaluable support and guidance. I know that he has helped shape my priestly vocation in ways that I may not even fully recognize until later in life. For that, and for so much more, I sincerely thank him.
I have also been fortunate to have been supported by Canon David's team: Mike and Louise. They both have my deepest gratitude. I leave knowing that any seminarian on a pastoral placement at the Cathedral couldn't ask for a more capable and committed team to learn from and to rely upon.
Staying with you all has been a true privilege. Instead of saying goodbye, I'll say until we meet again.
Thanks again to each of you and God bless you all.

**GIFT AID** If you are a UK taxpayer and have not already registered for Gift Aid you can help the parish by joining the scheme. For example, for every £10 you contribute the government will add an extra £2.50. Contact the parish office for details.

**ELEVENSES** at Arundel Lido, every Monday at 11am, a safe space for people feeling isolated, who have dementia or just fancy a coffee and a chat. Supported by Arundel Co-op, Arundel Post Office and Dementia Friends we want to invite you to join us for a coffee and chat.

**MASS FOR ENGAGED COUPLES** Friday 25th June at 7pm in the Cathedral with Bishop Richard. Book your place at https://abdiocese.churchsuite.com/events/5gcrcgiv see poster on the website for more details.

**ADoRE Online** spiritual mini-retreat morning. **June 26th,** 10.00-13.00 with Mass, Adoration, Reflection, Praise, Talk, Prayer and Discussion. Theme: "Growth in the Holy Spirit" - Grow your Christian life in the Spirit through Prayer, Scripture, Service and Community. Speaker: Carol Ann Harnett, Catechist trainer. Please register in advance at bit.ly/ADOREJUN2021

**Thanks to your support, CAFOD** has been helping communities around the world cope with the pandemic. Just in Zambia, in the past year, our reports show we've been able to reach 1,234,200 people with messages on COVID-19, provide 13,312 people with access to safe water, train 392 frontline health workers from Zambia's 11 dioceses on how to prepare and respond to COVID-19 in their local communities and donate over 1000 handwashing hygiene stations in communities to support handwashing measures. Thank you for standing alongside people in Zambia and for supporting people in more than 30 other countries worldwide.

**PRAYERS OF THE FAITHFUL**
**12th Sunday in Ordinary Time, Year B**

Christ invited the disciples to set sail for the farther shore of God's Kingdom. Let us pray that the love of Christ will be our strength for journeying in the faith.

Let us pray for Pope Francis and all religious leaders. May they steer the people in their care to safety and peace.
**Lord in your mercy….**

In the midst of the storm Christ's word restored calm. May those overwhelmed by violence and emotional chaos find peace in Christ's presence.
**Lord in your mercy….**

Let us pray for all fathers. May God bless and reward them for their gift of life, many acts of kindness and their loving support.
**Lord in your mercy….**

On this Day for Life, we pray that all Catholics will work to build a culture where life, in all its vulnerability, is cherished and to promote authentic compassion in the treatment of those who are dying.
**Lord in your mercy….**

We pray especially for all who have died recently.
We pray for all those who are sick for whatever reason, that they might find healing and full recovery. We pray for Paul Rumball, Lizzie Bennett, Martyn Ford, Lee Ward, Guy Russell, Pat Burton, Richard Crosby, Benita Marshall, Jean Marc Fritz, Bernard Sanderson, Eve Larley, Nick McMenemy, Pauline Rodmell, Ruby Lewry, Philip Wood, Rachel Fielding, Irena Ray-Crosby, Virginia Stewart, Richard Elwood, Georgia Mumby, Ann Rowe, Elizabeth Haviland, Janine Busbridge, Dr Matthew Rosenfeld and all in the local hospitals and hospices, the Priory or in their own homes.

We ask Our Lady, Mother of Christ and our mother to intercede for us as we pray: **Hail Mary**...

Christ our Redeemer, uphold us in your love
that we may venture on the wider sea that leads to your kingdom where you live and reign with the Father and the Holy Spirit,
one God for ever and ever. **Amen.**

**FINDING STILLNESS: The Open Cloister @ Worth Abbey** Tuesday 24th-Thursday 26th August 2021. An experimental hybrid retreat where you are invited to come and stay at Worth or join the retreat online. For further information or to book your place online go to: www.worth.co.uk/retreats/online-retreats Enquiries: toc@worth.org.uk

**TREASURER NEEDED** The Arundel branch of the Royal British Legion are urgently seeking a treasurer. It's not a big job, just a couple of fundraising events a year that need to be written up. Could you help? If you are interested contact Angela Standing on 07743 159437.

**COP26** This year, the UK will host the 'COP26' climate talks in Glasgow in November. Many of the world's poorest countries are struggling to cope with the effects of climate change such as increased droughts, floods and cyclones. We need world leaders to put the poorest people at the heart of their talks and the UK has a critical role to play as host. Please sign our petition to the Prime Minister at **cafod.org.uk/reclaim.** Groups from parishes across our diocese are also meeting their MPs locally, to let them know how strongly we feel as Catholics about protecting our earth and helping our sisters and brothers around the world. Further details can be found here: Parliament in your Parish | CAFOD. Please consider holding a meeting with your MP too.

**SPIRITUAL COMMUNION**
**PRAYER OF ST ALPHONSUS**

My Jesus, I believe that you are present in this Holy Sacrament of the altar. I love you above all things and I passionately desire to receive you into my soul. Since I cannot now receive you sacramentally, come spiritually into my soul so that I may unite myself wholly to you now and forever. Amen.

**PRAYER FOR HEALTH STAFF**

Wondrous God, author of life,
you fashioned us in your likeness
and breathed into us the life which is your own.
Be with those whose special care
is the health of mind and body.
Fill their hearts with awe for the life which is your gift
and sustain them daily in your service,
that their hands may bring to others
the comfort of your healing touch.
Through Christ our Lord. Amen.

**PRAYER FOR THOSE AFFECTED**

Merciful God, come to the help of your people.
Be our shelter in this time of peril
and strengthen the bonds of our community.
Bring healing to all who suffer
the ravages of disease and assist those whose skill and art
can put an end to this affliction.
Through Christ our Lord. Amen.