



Newsletter

Diocese of Arundel & Brighton

18<sup>th</sup> July 2021

All Masses are available via the Cathedral live stream on [www.arundelcathedral.uk](http://www.arundelcathedral.uk)

**THIS SUNDAY 18, Sixteenth Sunday in Ordinary Time, Year B**

(Jeremiah 23: 1-6; Ephesians 2:13-18; Mark 6: 30-34)

6.00pm Saturday Vigil Mass: People of the Parish

9.15am Mass: Michael Eggington RIP

11.15am: Tim Kneeland RIP

**MONDAY 19, Feria in Ordinary Time, Week 16**

(Exodus 14:5-18; Matthew 12:38-42) No Mass

**TUESDAY 20, Feria in Ordinary Time, Week 16**

(Exodus 14:21—15:1; Matthew 12:46-50)

10.00am Mass: Michael Winters RIP

**WEDNESDAY 21, Feria in Ordinary Time, Week 16**

(Exodus 16:1-5, 9-15; Matthew 13:1-9)

10.00am Mass: Henry & Dorothy Phillips RIP

**THURSDAY 22, Feast: St Mary Magdalene**

(Song of Songs 3:1-4b or 2 Corinthians 5:14-17; John 20:1-2, 11-18)

**8.30am Parish Mass:** Holy Souls

10.00am Mass: St Philip's School Leavers Mass (fully booked)

**FRIDAY 23, Feast: St Bridget of Sweden, Patron of Europe**

(Exodus 20:1-17; Matthew 13:18-23)

10.00am Mass: Frank & Madeline Naughton RIP

**SATURDAY 24, Our Lady on Saturday**

(Exodus 24:3-8; Matthew 13:24-30)

No 10.00am Mass

6.00pm Mass: For the people of the parish

**NEXT SUNDAY 25, Seventeenth Sunday in Ordinary Time, Year B**

(2 Kings 4:42-44; Ephesians 4:1-6; John 6:1-15)

9.15am Mass: For the wellbeing of Mary Harding

11.15am: Jack Gore RIP

**Emergency Telephone Numbers.**

Bognor Parish 01243 823619

Chichester Parish 01243 782343

Storrington Parish 01903 740338

Petworth Parish 01798 342169

**Cathedral House Parsons Hill Arundel West Sussex BN18 9AY**

**Tel: 01903 882297**

**Web Site: [www.arundelcathedral.uk](http://www.arundelcathedral.uk)**

**Email: [arundel@abdiocese.org.uk](mailto:arundel@abdiocese.org.uk)**

**Canon David Parmiter**  
**Cathedral Dean**

**Rev. Mr. David Clifton L.Th**  
**Deacon (Retired)**

**From Canon David:**

**COVID UPDATE** Now that we're entering Stage 4 we need to consider our next steps as a parish. The Bishops' Conference released some guidance late on Thursday and the Parish Core Team discussed the matter at their meeting (also Thursday evening). It seems it will be sensible to keep our current arrangements in place for the next couple of weeks but I think at **weekday Masses** given the low numbers, there is probably no need to wear a face covering. Further guidance will be issued next week, in the meantime please continue to **book for Sunday Masses**, wear a face covering when it is crowded and during Sunday Mass and hand sanitise when you enter and leave. I would like to keep stewards for the time being, if those involved can bear with this process for a while longer. Thank you for your co-operation. The full Bishop's Conference Guidance can be found at: [Catholic Bishops Conference of England and Wales \(cbcew.org.uk\)](http://cbcew.org.uk)

**FINANCIAL MATTERS:** Thank you for your recent contributions. 10/11 July: £375.64 + £254.00 (Gift Aid) = £629.64  
Gift Aid Standing Order figure for June: £1,950.58  
Apostleship of the Sea: £367.00

**SACRAMENT OF RECONCILIATION** is usually available between 10.30 and 11am on Saturday mornings (not this Saturday due to the earlier Mass time or next week 24<sup>th</sup> as there is no Mass). You may also contact the office to make an appointment.

**18<sup>th</sup> July PRESENTATIONS TO CHORISTERS** will take place at the end of the 11.15am Mass this weekend.

**SUNDAY 18 JULY 5pm Prayer at the Memorial to Children Lost Before Birth** in the Cathedral graveyard. There will be a short service to pray for and remember all babies lost before birth, for women and families affected and for an end to abortion. All welcome. Please come. As Pope Francis has reminded us "a human being is always sacred and inviolable, in any situation and at every stage of development".

"**THE ART OF DYING WELL**" is a website that offers a helping hand to those grappling with issues around death and dying. Based in the Catholic tradition but open to all, it features real-life stories about dealing with the journey through death to eternal life. See [Home - The Art of Dying Well](#)

**CCRS - The Catholic Certificate in Religious Studies (CCRS)** is beginning again in our Diocese this September. The course is designed for teachers in Catholic schools, for Catechists and for anyone who would like to grow in understanding as they live their Catholic faith. The CCRS offers a very flexible and accessible way of learning, it includes some online content and is made up of eight modules: six core and two specialist modules. Each module involves ten hours of course time and an assignment. For more information or to register your place please [contact our Formation Adviser](#)

**THE CATHEDRAL SHOP** Opening hours:

Monday – Friday 10.30am – 4.00pm

Saturday and Sunday 12.30pm – 4.00pm

**ST PHILIP'S SCHOOL LEAVERS MASS** will take place here next Thursday at the 10am Mass. The whole school will be attending, so there will not be space for parishioners. There will be a parish Mass at **8.30am on Thursday**.

**DIOCESAN YOUTH SERVICE – 40<sup>th</sup> Anniversary Celebration – 4 September 2021 - Arundel Cathedral** We are delighted to be able to celebrate our Youth Service, which has impacted many people in the last four decades and we want to invite anyone who has ever attended an event hosted by the service to come along and join the festivities. Whether it was a Maryvale Retreat, a World Youth Day Pilgrimage, Youthgather, Lourdes Redshirts, or you are a member of our new online community BeCome, or one of our other virtual networks, everyone will be welcome to give thanks for all that has been done and to pray for the success of the Youth Service in the future. Reminisce with old friends, and meet new friends in person (not just on a screen!). A thanksgiving Mass will be celebrated by Bishop Richard, followed by a chance to chat over refreshments. Please click [here](#) for more information and to register.

**FIRST HOLY COMMUNION 2022** The 2022 course will begin in late autumn for children who will be in Year 3 or above from September. An application form is available here: [First Communion 2022](#) on via the Cathedral website.

**COFFEE AFTER 9.15AM MASS** will re-commence in the Cathedral Centre (and outside, weather permitting) from next Sunday 25<sup>th</sup> July. All welcome.

**BBC SONGS OF PRAISE:** This week's Songs of Praise comes from Arundel Cathedral. It will be airing on Sunday 18 July at 1.15pm on BBC One and will be available to watch on the BBC iPlayer afterwards. We hope you enjoy the episode; we welcome feedback so please get in touch after the broadcast and let us know what you thought; E: [communications@abdiocese.org.uk](mailto:communications@abdiocese.org.uk)

**25<sup>TH</sup> JULY WORLD GRANDPARENTS' DAY**  
Pope Francis has instituted a World Day for Grandparents and the Elderly. Identifying with the more senior members of our society, he says "The whole Church is close to you – to us – and cares about you, loves you and does not want to leave you alone!" Here you can read the full [message from the Holy Father](#) as well as a filmed [reflection from President of the Bishops' Conference, Cardinal Vincent Nichols](#). You can also [use our prayers](#) and links to help you celebrate the day. As the Pope says, we should cherish the elderly and recognise that there's no retirement age from the work of proclaiming the Gospel and handing down traditions to grandchildren.

**PRAYERS OF THE FAITHFUL**  
**16th Sunday in Ordinary Time, Year B**

The Lord is our shepherd and a true friend; as his chosen people we turn to the Father in prayer:

For those entrusted to care for the flock of Christ: that they may be faithful and humble in their service, imitating the Shepherd-King in honesty and integrity.  
Lord, in your mercy ...

For a world crying out for reconciliation: that Christ, the Prince of Peace, may destroy all hostility and unite the hearts of all humanity.  
Lord in your mercy....

For those who have left the Church as a result of abuse or rejection: that God's shepherding love may overcome the misdeeds of the Church, heal their painful memories and lead them to restful waters.  
Lord in your mercy....

For those who are exhausted in their work or daily living: that they may find a place to be alone with God and to be revived in spirit.  
Lord in your mercy...

For all who walk in dark valleys of addiction, illness or desperation: that they may not be overcome by fear but rather be comforted by the shepherd who take pity upon his flock.  
Lord, in your mercy ...

We pray especially for all who have died recently, especially Greg Kosa.

We pray for all those who are sick for whatever reason, that they might find healing and full recovery. We pray for Paul Rumball, Lizzie Bennett, Martyn Ford, Lee Ward, Guy Russell, Pat Burton, Richard Crosby, Benita Marshall, Jean Marc Fritz, Bernard Sanderson, Eve Larley, Nick McMenemy, Pauline Rodmell, Ruby Lewry, Philip Wood, Rachel Fielding, Irena Ray-Crosby, Virginia Stewart, Richard Elwood, Georgia Mumby, Ann Rowe, Elizabeth Haviland, Janine Busbridge, Esther Heylen, Dr Matthew Rosenfeld, Mary Harding, Ann Ogunniyi, Margaret Gammons and all in the local hospitals and hospices, the Priory or in their own homes.

We ask Our Lady, Mother of the Church to intercede for us as we pray: Hail Mary...

Heavenly Father, most just and lenient towards us, help us truly to pray with the Spirit, for then we will pray with love for you and for all your people. Through Christ our Lord. **Amen.**

**ADoRE Online** spiritual mini-retreat morning. **July 24th**, 10.00-13.00 with Mass, Adoration, Reflection, Praise, Talk, Prayer and Discussion. Theme: **"Transformation in Christ"** - The Holy Spirit is at work in you to change you and make you holier. Our guest speaker is Maria Heath, Chair of English Catholic Charismatic Renewal Service. Please register in advance at [bit.ly/ADOREJUL2021](http://bit.ly/ADOREJUL2021)

**REDUNDANT IPADS AND LAPTOPS** are desperately needed by the Gatwick Detainees' Welfare Group. An IT company has agreed to 'clean' devices to remove any data. These devices can enable a person whether in detention or after release, to help themselves; to access classes for speakers of other languages, to communicate with friends, family, our staff, their volunteer visitor and to access resources such as Food Banks and to join our post detention services. Contact Josie at:

[josiewade@gdwg.org.uk](mailto:josiewade@gdwg.org.uk). Thank you.

**THE OPEN CLOISTER @ WORTH ABBEY:**

Desert Wisdom: the power of thoughts - Online Day Retreat led by David Clayton & Michael Woodward **Saturday 24<sup>th</sup> July**. 10am-4:30pm Evagrius (b.345) is honoured as 'one of the most important names': come & see why his teaching lives. To book your place online go to [www.worth.co.uk/retreats/online-retreats](http://www.worth.co.uk/retreats/online-retreats) Further information email [toc@worth.org.uk](mailto:toc@worth.org.uk)

**PILGRIMAGE WALK IN ARUNDEL** Saturday 25<sup>th</sup> September at 11am in honour of Our Lady. Stopping at the remains of the ancient religious foundations of Arundel for short prayers. We will walk from the site of Calceto Priory near Arundel Railway Station, to the Dominican Priory near the Post Office, to St Nicholas' Church, the Fitzalan Chapel, St Mary's Gate and the Cathedral. All welcome. Contact Lindsey Stratford on 01903 884567 or [aruncathfriends@btconnect.com](mailto:aruncathfriends@btconnect.com) or see [www.arundelcathedralfriends.uk](http://www.arundelcathedralfriends.uk)

**SPIRITUAL COMMUNION**

**PRAYER OF ST ALPHONSUS**

My Jesus, I believe that you are present in this Holy Sacrament of the altar. I love you above all things and I passionately desire to receive you into my soul.

Since I cannot now receive you sacramentally, come spiritually into my soul so that I may unite myself wholly to you now and forever. Amen.

**PRAYER FOR HEALTH STAFF**

Wondrous God, author of life, you fashioned us in your likeness and breathed into us the life which is your own. Be with those whose special care is the health of mind and body.

Fill their hearts with awe for the life which is your gift and sustain them daily in your service, that their hands may bring to others the comfort of your healing touch. Through Christ our Lord. Amen.

**PRAYER FOR THOSE AFFECTED**

Merciful God, come to the help of your people. Be our shelter in this time of peril and strengthen the bonds of our community. Bring healing to all who suffer the ravages of disease and assist those whose skill and art can put an end to this affliction. Through Christ our Lord. Amen.