



Newsletter

Diocese of Arundel & Brighton 12th September 2021

All Masses are available via the Cathedral live stream on www.arundelcathedral.uk

THIS SUNDAY 12, 24th Sunday in Ordinary Time, Year B

(Isaiah 50:5-9a; James 2:14-18; Mark 8:27-35)

6.00pm Saturday Vigil Mass: People of the Parish

9.15am Mass: Mary Harding RIP

11.15am: Eugene McGing RIP

MONDAY 13, Mem: St John Chrysostom, Bishop & Doctor

(1 Timothy 2:1-8; Luke 7:1-10) No Mass

TUESDAY 14, Feast: The Exaltation of the Holy Cross

(Numbers 21:4b-9; Philippians 2:6-11; John 3:13-17)

10.00am Mass: In thanksgiving Olivia Wijetunge

WEDNESDAY 15, Mem: Our Lady of Sorrows

(1 Timothy 3:14-16; John 19:25-27 OR Luke 2:33-35)

10.00am Mass: Michael Winters RIP

THURSDAY 16, Mem: Ss Cornelius and Cyprian, Martyrs

(1 Timothy 4:12-16; Luke 7:36-50)

10.00am: For the anniversary of Louisa RIP

FRIDAY 17, Feria in Ordinary Time, Week 234

(1 Timothy 6:2c-12; Luke 8:1-3)

10.00am Mass: Jacinta Thorley MBE RIP

SATURDAY 18, Our Lady on Saturday

(1 Timothy 6:13-16; Luke 8:4-15)

10.00am Mass: For the intentions of Dominic and Maria Whitehouse

6.00pm Mass: William and Sylvia Colegrave RIP

NEXT SUNDAY 19, 25th Sunday in Ordinary Time, Year B

(Wisdom 2:12, 17-20; James 3:16—4:3; Mark 9:30-37)

9.15am Mass: Leslie William Strudwick RIP

11.15am: People of the Parish

Emergency Telephone Numbers.

Bognor Parish 01243 823619

Chichester Parish 01243 782343

Storrington Parish 01903 740338

Petworth Parish 01798 342169

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**Canon David Parmiter
Cathedral Dean**

**Rev. Mr. David Clifton L.Th
Deacon (Retired)**

From Canon David:

Following the lifting of most of the legal restrictions relating to Covid-19, the Bishop's Conference of England & Wales have advised the following, which Bishop Richard has endorsed: *Recognition of the presence of the virus in the population means that certain preventative practices will still be required, and this is important to ensure that Diocesan trustees are seen to be discharging their Health & Safety duties. The Health and Safety Executive have issued new guidance for employers and for organisations, and this makes clear that a duty to keep premises safe continues beyond the removal of any Covid-19 legislation.* The full advice from the Bishop's Conference is available on their website www.cbcew.org.uk

For the time being this means sanitising hands, using face coverings (especially if singing), ventilating buildings and cleaning. Mercifully our local cases of Covid-19 seem low, but as a Cathedral we attract visitors from other areas where case numbers might be higher. If you are exempt from wearing a face covering I am sure others will understand the situation. It also seems to me that for weekday Masses, where numbers attending are low, there is no need for a face covering (unless singing near others). We are gradually re-introducing a little bit of singing at the Masses with a view to developing that further in September.

Currently we're using alternate pews and I am thinking of returning to normal seating when I get back from holiday in mid September and depending on the situation. We will keep social distancing in the transepts. If you have any strong feelings either way, please get in touch.

We welcome seminary student Eddie Hopkins who arrives this week on his extended pastoral placement year.

THANK YOU to Fr Desmond Baker for supplying for all Masses over the last two weeks.

SACRAMENT OF RECONCILIATION is usually available between 10.30 and 11am on Saturday mornings. You may also contact the office to make an appointment.

FINANCIAL MATTERS: Thank you for your recent contributions. 4/5 September: £389.47 + £124.50 (Gift Aid) = £513.97

Gift Aid Standing Orders: July £1809.58; August £1925.58

COFFEE AFTER 9.15am MASS has re-started in the Cathedral Centre (and outside, weather permitting) All welcome.

FIRST HOLY COMMUNION 2022 The 2022 course will begin in late autumn for children who will be in Year 3 or above from September. An application form is available here: [First Communion 2022](#) on via the Cathedral website.

PARISH PICNIC

Sunday 19th September from 12.30pm onwards
in the Cathedral garden (Centre if wet).

Bring your own picnic, drinks provided.

If you can help please contact Louise in the parish office or speak to Canon David.

It would be helpful to get an idea of numbers, so if you plan to attend, please e-mail or call the parish office.

There will be a **raffle in aid of Sardhana**, please bring cash on the day.

EDUCATION SUNDAY 2021 is THIS Sunday 12 September. The theme is 'A word in season', taken from Isaiah 50:4. Churches Together in England (CTE) rightly describes teaching and studying as "demanding and privileged callings" and Education Sunday gives us the opportunity to give thanks to God for all who teach and all who study, for all who continually have to find the right words and deliver them with enthusiasm and graciousness. This is all the more poignant as we attempt to recover from the COVID-19 pandemic. On 12 September, we pray that God will fortify those working to make our schools places of learning and sanctuary – not just teachers and leaders but all the support staff whose tireless work sometimes goes unnoticed.

There is a **second collection** this weekend for the Catholic Education Service (not Gift-Aid-able)

PARISH SVP CONFERENCE

Our Vision, which is inspired by Christ's message to love our neighbour as ourselves, is for individuals and families who are in any form of need to have hope, together with a sense of dignity, worth, well-being and peace of mind.

(from the St Vincent de Paul Society, England & Wales, Rule and Internal Statutes).

I am very pleased to say that we will be holding our first SVP meeting on Tuesday 21st September. We will be joined by the District SVP President, Anthony Appleton who is helping us to get started officially. It is not too late to join the group and if you are interested please contact me via the Parish Office, thanks, Canon David.

THIS OCTOBER, AN 'ASSISTED DYING' BILL will be debated in the House of Lords. If successful it will allow a terminally ill adult with less than 6 months to live, assistance to commit suicide. The Catholic Church teaches that this represents a crime against human life, we cannot directly choose to take the life of another, even if they request it. The Bishops therefore urge you to **PRAY** this Bill is defeated, **WRITE** to Peers and MPs expressing concern about this proposed legislation and **SHARE** our resources and those of our allies, in the weeks ahead with family and friends, especially via social media. Guidance on how to write to politicians can be found here:

<https://www.parliament.uk/get-involved/contact-an-mp-or-lord/>

Resources, which will be updated in the weeks ahead, can be found here: <https://www.cbcew.org.uk/life-issues/>

PRAYERS OF THE FAITHFUL
24th Sunday Year B, 12th September

Our God has compassion for all he has made. Let us pray for a share of that compassion:

Let us pray for Pope Francis as he proclaims the Gospel message to the world. May his inspiration lead us to discover Jesus and the enormity of his loving care for each one of us. **Lord, in your mercy ...**

Let us pray for Governments, organisations and communities as they prepare for the World Climate Conference in November. May we work together to protect and nurture our beautiful and often fragile world. **Lord, in your mercy ...**

Let us pray for all those who are forced to abandon their homes and everything they hold dear in their search for security and freedom. May they rediscover laughter despite their tears and homesickness. **Lord, in your mercy ...**

On this Education Sunday, we pray especially for all who work and study in our schools and colleges: that they may strive towards the full flourishing of all who seek and question so that they may grow in wisdom and maturity. **Lord, in your mercy ...**

We pray for all who have died recently especially Molly Morgan.

We pray for all those who are sick for whatever reason, that they might find healing and full recovery. We pray for Paul Rumball, Lizzie Bennett, Lee Ward, Ann Rowe, Pat Burton, Richard Crosby, Eve Larley, Philip Wood, Benita Marshall, Jean Marc Fritz, Nick McMenemy, Pauline Rodmell, Georgia Mumby, Irena Ray-Crosby, Virginia Stewart, Richard Elwood, Elizabeth Haviland, Ann Ogunniyi, Janine Busbridge, Eileen Rogerson, Dr Matthew Rosenfeld, Sr Giles, Margaret Gammons, Charlie Moodie, Tony Madden and all in the local hospitals and hospices, the Priory or in their own homes.

We ask Our Lady, to intercede for us as we pray: **Hail Mary...**

Heavenly Father, hear our prayers and give us the grace of growing ever more confident in our faith, for the glory of your name and the salvation of your people. Through Jesus Christ our Lord. **Amen**

MARRIAGE ANNIVERSARIES MASS: Anyone celebrating a wedding anniversary that has particular significance for them is welcome to join the annual celebration of marriage at St Joseph's Church in Guildford. This year the celebration, with Bishop Richard, is on Saturday, October 9th with Mass at 11.30. In order that we can be Covid compliant we do ask that everyone books their space via our website. Please use the following link [Diocesan Marriage Anniversaries Mass and Reception \(09-Oct-2021\) - ChurchSuite Events](#) or contact the Diocesan Marriage & Family Life Adviser, Katherine Bergin at Katherine.bergin@abdiocese.org.uk (Places are limited to 150). We so look forward to celebrating with you!

THE CATHEDRAL SHOP Opening hours:

Monday – Friday 10.30am – 4.00pm

Saturday and Sunday 12.30pm – 4.00pm

PLEASE PRAY FOR THE REPOSE OF THE SOUL OF FR MARIO SANDERSON who died last month. His Requiem Mass will take place at St Thomas of Canterbury, Mayfield where he most recently served. Reception of the body and Vigil Mass Monday 20th September 4.30pm, Requiem Mass Tuesday 21st September 12 noon. Both Masses will be live streamed.

TURNING TIDES A box is kept at the back of the Cathedral for your donations for the homeless. Please note the 'Wish List' on the top of the box or see [Wish List 2021 \(turning-tides.org.uk\)](#) but do not leave anything perishable in the box. Note especially the items which they have plenty of at the moment: pasta, beans, soups, tinned vegetables.

THE SEASON OF CREATION (1 September - 4 October) is a global ecumenical celebration of prayer and action to protect our common home. It offers us a time of sustained prayer and action. During this time we are encouraged to pray and engage in community events in order to deepen our relationship with God, our neighbour and the earth we share, being ever more attentive to the cry of the earth and the cry of the poor. Go to: [Season of Creation](#) for more information and resources. Why not get involved in a local project, see [Love Arundel - VisitArundel.co.uk](#) for some ideas. **Also**, this year, the UK will host the 'COP26' climate talks in Glasgow in November. Many of the world's poorest countries are struggling to cope with the effects of climate change such as increased droughts, floods and cyclones. We need world leaders to put the poorest people at the heart of their talks and the UK has a critical role to play as host. Please sign the CAFOD petition to the Prime Minister and find out more at cafod.org.uk/reclaim.

MEMORIAL TO CHILDREN LOST BEFORE BIRTH If anyone can help keep the memorial in the cemetery looking tidy on a rota basis (approx. once every 6 weeks) please contact Maria Whitehouse on 01903 413606

PARISH PROCLAIMER The next edition of our online magazine will be published in late autumn. If you'd like to submit an article or story for publication, please send it in by 15th October (deadline has been extended) to arundel@abdiocese.org.uk

QUIET DAY Wednesday 22 September with silence and space to reflect, with materials on the theme of Harvest and Fruitfulness. Beautiful country house in the South Downs near Arundel. Cost £15. Optional sessions of spiritual direction available. **Also Individually Guided Retreat 10 - 12 October** and dates for **Therapeutic Breaks** at Sussex Heritage Centre, Arundel, BN18 9QY. Single ensuite rooms. More details or to book see www.sussexheritage.co.uk or phone Maria on 01903 413606

JOURNEYING FROM DESPAIR TO HOPE:

'Building support from parishes to prisoners and their families.' An online event on 12th October, 5 pm to 6.15 pm. Register at <https://forms.office.com/r/J1zTkUTiP7>

REDISCOVER YOUR MARRIAGE – Retrouvaille simply means 'rediscovery'. The programme offers the chance to rediscover yourself, your spouse, and a loving relationship in your marriage. 10s of 1000s headed for divorce have successfully saved their marriages by attending and using the tools provided. There is no group therapy or group work. For confidential information about 'Retrouvaille' or to register for the programme commencing with a 'Virtual' weekend on **21st –24th October 2021**. Call or text +44 788 7296983 or +44 797 3380443 – or Email retrouvailleukinfo@gmail.com - or visit www.retrouvaille.org.uk

PILGRIMAGE WALK IN ARUNDEL Saturday 25th September at 11am in honour of Our Lady. Stopping at the remains of the ancient religious foundations of Arundel for short prayers. Walking from the site of Calceto Priory near Arundel Railway Station, to the Dominican Priory near the Post Office, to St Nicholas' Church, the Fitzalan Chapel, St Mary's Gate and the Cathedral. All welcome. Contact Lindsey Stratford on 01903 884567 or aruncathfriends@btconnect.com or see www.arundelcathedralfriends.uk

OPEN CLOISTER AT WORTH ABBEY - RETREAT PROGRAMME 2021 is now open for bookings. Book a place online via the website The online booking form also includes an option to make a payment online via PayPal, credit/debit card, or bank transfer (BACS).

Book your place online at: www.worth.co.uk/retreat-programme For all enquiries, email: retreats@worth.org.uk

FINDING STILLNESS (Residential and online) led by: Fr Peter Williams OSB. 20th-23rd September; 29th-31st October; 8th-11th November; 13th-16th December

An opportunity for individuals to come to Worth (either in person or remotely) and enjoy the space and the stillness whilst, at the same time, taking part in joint daily lectio, a daily reflection on the rule of St Benedict plus some input on silent prayer. There will also be an opportunity for 1:1 meetings with Fr Peter, if you wish. A section of the retreat will be silent.

ADVENT RETREAT (Residential only) 30th November – 2nd December

Led by a member of the Worth monastic community
QUIET FRIDAYS are back! 10th September; 8th October; 12th November; 10th December

Led by a member of the monastic community. Booking is essential and payment is due on the day. Cost: £15 per person Contact us to book your place retreats@worth.org.uk or tel: 01342 710318. www.worth.co.uk

ADORE Online spiritual mini-retreat morning.

September 18th 10.00-13.00 with Mass, Adoration, Reflection, Praise, Talk, Prayer and Discussion. Theme: "Gifts of Healings" - Special focus on charisms of Healing and Deliverance. Pope Benedict XVI said that Healing is "an essential dimension of the apostolic mission." Guest speakers are Geoff and Gina Poulter, former Directors of the Catholic Bible School, who have over 25 years' experience in the healing ministry. Please register for the Zoom meeting in advance at bit.ly/ADORESEP2021

SPIRITUAL COMMUNION PRAYER OF ST ALPHONSUS

My Jesus, I believe that you are present in this Holy Sacrament of the altar. I love you above all things and I passionately desire to receive you into my soul.

Since I cannot now receive you sacramentally, come spiritually into my soul so that I may unite myself wholly to you now and forever. Amen.

PRAYER FOR HEALTH STAFF

Wondrous God, author of life, you fashioned us in your likeness and breathed into us the life which is your own.

Be with those whose special care is the health of mind and body. Fill their hearts with awe for the life which is your gift and sustain them daily in your service, that their hands may bring to others the comfort of your healing touch. Through Christ our Lord. Amen.

PRAYER FOR THOSE AFFECTED

Merciful God, come to the help of your people. Be our shelter in this time of peril and strengthen the bonds of our community. Bring healing to all who suffer the ravages of disease and assist those whose skill and art can put an end to this affliction. Through Christ our Lord. Amen.