



Newsletter

Diocese of Arundel & Brighton

10th October

All Masses are available via the Cathedral live stream on www.arundelcathedral.uk

THIS SUNDAY 10, 28th Sunday in Ordinary Time, Year B

(Wisdom 7:7-11; Hebrews 4:12-13; Mark 10:17-30)

6.00pm Saturday Vigil Mass: Mary Harding RIP

9.15am Mass: Glenys Margarita Strudwick RIP

11.15am: People of the Parish

MONDAY 11, Feria in Ordinary Time, Week 28

(Romans 1:1-7; Luke 11:29-32) No Mass

TUESDAY 12, Mem, St Wilfrid (Co-Patron of the Diocese)

(Romans 1:16-25; Luke 11:37-41)

10.00am Mass: Betty Hale RIP and deceased of the Hale family

WEDNESDAY 13, Feria in Ordinary Time, Week 28

(Romans 2:1-11; Luke 11:42-46)

10.00am Mass: Michael Winters RIP

THURSDAY 14, Feria in Ordinary Time, Week 28

(Romans 3:21-30; Luke 11:47-54)

10.00am Mass: Ivan Weatherly RIP

FRIDAY 15, St Teresa of Jesus (Virgin, Doctor)

(Romans 4:1-8; Luke 12:1-7)

10.00am Mass: Ivan Weatherly RIP

SATURDAY 16, Our Lady on Saturday

(Isaiah 53:10-11; Hebrews 4:14-16; Mark 10:35-45)

10.00am Mass: Ivan Weatherly RIP

6.00pm Mass: The People of the Parish

NEXT SUNDAY 17, 29th Sunday in Ordinary Time, Year B

(Isaiah 53: 10-11; Hebrews 4: 14-16; Matthew 10: 35-45)

9.15am Mass: Intentions of Jim and Mary Lynch (50th Wedding Anniversary)

11.15am: Armand Saintas RIP, Lina Quennette RIP, Denise Deakin RIP

3pm Diocesan Mass of St. Philip Howard: Celebrant's Intention

(To include the **Diocesan inauguration of the Synod Path** for the Synod of Bishops in 2023)

(Wisdom 3: 1-9; 2 Corinthians 4: 7-15; Matthew 10: 17-20)

Emergency Telephone Numbers.

Bognor Parish 01243 823619

Chichester Parish 01243 782343

Storrington Parish 01903 740338

Petworth Parish 01798 342169

Cathedral House Parsons Hill Arundel West Sussex BN18 9AY

Tel: 01903 882297

Web Site: www.arundelcathedral.uk

Email: arundel@abdiocese.org.uk

**Canon David Parmiter
Cathedral Dean**

**Rev. Mr. David Clifton L.Th
Deacon (Retired)**

From Canon David:

Currently we are following the advice from the Bishop's Conference of England & Wales part of which states: *Recognition of the presence of the virus in the population means that certain preventative practices will still be required, and this is important to ensure that Diocesan trustees are seen to be discharging their Health & Safety duties. The Health and Safety Executive have issued new guidance for employers and for organisations, and this makes clear that a duty to keep premises safe continues beyond the removal of any Covid-19 legislation.*" The full advice from the Bishop's Conference is available on their website www.cbcew.org.uk

For the time being this means sanitising hands, using face coverings (**especially if singing**), ventilating buildings and cleaning. If you are exempt from wearing a face covering, I am sure others will understand the situation, and the Cathedral allows for social distancing. For weekday Masses, where numbers attending allow for social distancing without any difficulty, there is no need to use a face covering (unless singing near others). We have gradually re-introduced singing at the Masses and hopefully this will be able to increase in the weeks and months ahead. The public health authorities are asking us all to behave in ways that will help to reduce the risks of transmission and infection, especially as health and social care services are under pressure and we approach the flu season. So, in the light of this advice and that from the Bishop's Conference of England & Wales **please aim to keep social distance from those not in your household. The pews are freely available now to enable that to take place more easily.**

PLANNED GIVING DRIVE – Weekend Three

My Parish Commitment

'Each one should give as much as he has decided on his own initiative, not reluctantly or under compulsion, for the Lord loves a cheerful giver.' 2 Corinthians 9:7

Over the last couple of weeks, you have heard about Stewardship and Planned Giving. We have asked all parishioners prayerfully reflect on what they contribute to our parish, having taken into consideration the needs of our parish and having reflected on the message of stewardship.

This weekend we ask **all** parishioners complete a pledge form. These forms will remain private and confidential. Please provide full contact details and select the method of offertory giving best suited to you. If you pay UK income tax, please sign the **Gift Aid** declaration (in one name only) so the parish can claim 25p back from the government for every £1 you donate, at no extra cost to yourself.

Finally, we thank you for all you already do for our parish. Without your continued support, this wonderful, living church would not continue to be the spiritual centre it is today.

If you have any questions, there will be volunteers available after Mass today.

Thank you.

PLEASE PRAY FOR THE CLERGY OF THE DEANERY AS they meet for the deanery meeting at Bognor on Tuesday.

BEREAVEMENT GROUP MEETS AFTER MASS FOR COFFEE in cathedral house [this](#) Wednesday 10.30am 13th October. For those who have experienced loss and who wish to meet socially, follows Mass at 10am.

Talk on the work of **Cruse Bereavement Care** on Saturday 16th October at 10.30-12.00noon at St Gabriel's RC Church Hall, Billingshurst. Hosted by Christian Friendship Group. Refreshments. All welcome.

JOURNEYING FROM DESPAIR TO HOPE 'Building support from parishes to prisoners and their families.' An online event on 12th October, 5 pm to 6.15 pm. Register at <https://forms.office.com/r/J1zTkUTiP7>

SACRAMENT OF RECONCILIATION is usually available between 10.30 and 11am on Saturday mornings. You may also contact the office to make an appointment.

FINANCIAL MATTERS: Thank you for your recent contributions. 2/3 October: £466.55 + £94.20 (Gift Aid) = £560.75

COFFEE AFTER 9.15am MASS has re-started in the Cathedral Centre (and outside, weather permitting) All welcome.

MISSIO: I am pleased to inform you that Peter Cullinane has offered to be the local secretary. Please look out for any Red Boxes you may have and for the further details in advance of Mission Sunday on 24th October.

CAFOD have written to thank parishioners for the donation of £110.23 to the Afghanistan Crisis Appeal.

ADORE ONLINE SPIRITUAL MINI-RETREAT morning. October 23rd 10.00-13.00 with Mass, Adoration, Reflection, Praise, Talk, Prayer and Discussion. Theme: "**Guidance of the Holy Spirit**" - Special focus on charisms of Wisdom, Knowledge and Discernment. Guest speaker is dynamic Catholic evangelist **Ros Powell**, who has a powerful prophetic and healing ministry. Please register for the Zoom meeting in advance at bit.ly/ADOREOCT2021

Congratulations to **BRYDEN ISBISTER** completed the London Virtual Marathon around Arundel on Sunday 3rd October. The Virtual Marathon tracked

50,000 runners across the world running the 26 mile course using an app on their phones. Their distance covered was tracked alongside the other 50,000 runners in London to make it the largest marathon in the world. Bryden is raising money for Alzheimer's Research. Please contribute via the Cathedral website or through this link: https://uk.virginmoneygiving.com/fundraiser-display/showROFundraiserPage?userUrl=19966_8919846_53572&pageUrl=1

DO YOU LIKE READING? Are you interested in the Catholic Church? Eddie Hopkins, our new seminarian, is planning to start some monthly book clubs for all things Catholic, primarily running at times to suit parents and working adults. The books would all be fairly modern and easy to read after a day at work or looking after the children. Whether you're a cradle Catholic or someone who is curious to know more about the Church, come and read some of the best books on Catholicism.

The initial thought is to start in late October with different groups at some or all of the following times: Mondays 14:00-15:00 and 19:30-20:30, Thursdays 9:00-9:50, and Fridays 10:45-11:45. The venue will be either the Cathedral Centre or Cathedral house. If you're interested or would like more information, please email Eddie on edward.hopkins@abdiocese.org.uk

THE CATHEDRAL SHOP Opening hours:

Monday – Friday 10.30am – 4.00pm
Saturday and Sunday 12.30pm – 4.00pm

ST PHILIP HOWARD MASS and Friends of Arundel Cathedral AGM: This annual Mass and AGM will take place on Sunday 17th October from 3pm. Please let the Cathedral Office know if you will be attending (ideally by e-mail). Any cakes for refreshments after the Mass would be gratefully received in the Centre before 3pm Mass.

THIS OCTOBER, AN 'ASSISTED DYING' BILL will be debated in the House of Lords. If successful it will allow a terminally ill adult with less than 6 months to live, assistance to commit suicide. The Catholic Church teaches that this represents a crime against human life, we cannot directly choose to take the life of another, even if they request it. The Bishops therefore urge you to **PRAY** this Bill is defeated, **WRITE** to Peers and MPs expressing concern about this proposed legislation and **SHARE** our resources and those of our allies, in the weeks ahead with family and friends, especially via social media. Guidance on how to write to politicians can be found here:

<https://www.parliament.uk/get-involved/contact-an-mp-or-lord/>

Resources, which will be updated in the weeks ahead, can be found here: <https://www.cbcew.org.uk/life-issues/>

GRANDPARENTS' GROUPS: Within the Diocese we have several active grandparent groups who gather to pray for their grandchildren and to share the highs and lows of this stage of life. Remember when you joined toddler groups when your children were young,

to find likeminded people and unlimited support? It's a bit like that, chat over issues such as how to help your Grandchildren without upsetting your own children...or their spouse!! How to pass on your faith and find strength in praying about it all together. If you are interested in joining or creating a group in your parish please do contact Katherine Bergin at Katherine.bergin@abdiocese.org.uk

**PRAYERS OF THE FAITHFUL
29th Sunday Year B, 10th October**

Brothers and sisters as we make our prayer for our community and the world,
let us all pray to Christ the Lord,
not only for our own needs but for the entire people.

For the whole Christian people,
let us beseech the abundance of divine goodness.

Lord, in your mercy ...

For those who hold public office,
let us call upon the power of the Lord.

Lord, in your mercy ...

For our brothers and sisters who cannot be present at this sacred assembly,
let us beseech him who observes all things.

Lord in your mercy...

For those facing a winter of hardship and poverty,
let us pray to our merciful Redeemer.

Lord in your mercy...

For all who pray in faith, and ask the mercy of the Lord,
let us entreat the compassion of our Saviour.

Lord in your mercy....

We pray for all who have died recently.
We pray for all those who are sick for whatever reason, that they might find healing and full recovery. We pray for Paul Rumball, Lizzie Bennett, Lee Ward, Ann Rowe, Pat Burton, Richard Crosby, Eve Larley, Philip Wood, Benita Marshall, Jean Marc Fritz, Nick McMenemy, Pauline Rodmell, Georgia Mumby, Irena Ray-Crosby, Virginia Stewart, Richard Elwood, Elizabeth Haviland, Ann Ogunniyi, Janine Busbridge, Eileen Rogerson, Dr Matthew Rosenfeld, Sr Giles, Margaret Gammons, Charlie Moodie, Tony Madden and all in the local hospitals and hospices, the Priory or in their own homes.

We ask Our Lady, to intercede for us as we pray: **Hail Mary...**

Incline your merciful ear to our prayers, we ask, O Lord,
and listen in kindness to the supplication of the those who call on you.

Through Christ our Lord. **Amen.**

FIRST HOLY COMMUNION 2022 The 2022 course will begin in late autumn for children who will be in Year 3 or above from September. An application form is available here: [First Communion 2022](#) on via the Cathedral website.

PARISH PROCLAIMER The next edition of our online magazine will be published in late autumn. If you'd like to submit an article or story for publication, please send it in by 15th October (deadline has been extended) to arundel@abdiocese.org.uk

MARRIAGE ANNIVERSARIES MASS: Anyone celebrating a wedding anniversary that has particular significance for them is welcome to join the annual celebration of marriage at St Joseph's Church in Guildford. This year the celebration, with Bishop Richard, is on Saturday, October 9th with Mass at 11.30. In order that we can be Covid compliant we do ask that everyone books their space via our website. Please use the following link [Diocesan Marriage Anniversaries Mass and Reception \(09-Oct-2021\) - ChurchSuite Events](#) or contact the Diocesan Marriage & Family Life Adviser, Katherine Bergin at Katherine.bergin@abdiocese.org.uk (Places are limited to 150). Look forward to celebrating with you!

INDIVIDUALLY GUIDED RETREAT 10 - 12 October and dates for **Therapeutic Breaks** at Sussex Heritage Centre, Arundel, BN18 9QY. Single ensuite rooms. More details phone Maria on 01903 413606 or to book see www.sussexheritage.co.uk

TURNING TIDES A box is kept at the back of the Cathedral for your donations for the homeless. Please note the 'Wish List' on the top of the box or see [Wish List 2021 \(turning-tides.org.uk\)](#) but do not leave anything perishable in the box. Note especially the items which they have plenty of at the moment: pasta, beans, soups, tinned vegetables.

DIOCESAN E-BULLETIN This is a weekly newsletter from the Diocese which always includes a reflection from Bishop Richard. It's full of useful information about the many things going on in our diocese and the wider church. Sign up at [Home | Arundel & Brighton Diocese \(abdiocese.org.uk\)](#) (scroll to the bottom of the home page)

WORTH ABBEY - RETREAT PROGRAMME 2021 is now open for bookings. For more information about what's on and to book your place online see: www.worth.co.uk/retreats For all enquiries, email: retreats@worth.org.uk

**SPIRITUAL COMMUNION
PRAYER OF ST ALPHONSUS**

My Jesus, I believe that you are present in this Holy Sacrament of the altar. I love you above all things and I passionately desire to receive you into my soul.

Since I cannot now receive you sacramentally,
come spiritually into my soul
so that I may unite myself wholly to you
now and forever. Amen.

PRAYER FOR HEALTH STAFF

Wondrous God, author of life,
you fashioned us in your likeness
and breathed into us the life which is your own.
Be with those whose special care
is the health of mind and body.

Fill their hearts with awe for the life which is your gift
and sustain them daily in your service,
that their hands may bring to others
the comfort of your healing touch.
Through Christ our Lord. Amen.

PRAYER FOR THOSE AFFECTED

Merciful God, come to the help of your people.
Be our shelter in this time of peril
and strengthen the bonds of our community.
Bring healing to all who suffer
the ravages of disease and assist those whose skill and art
can put an end to this affliction.
Through Christ our Lord. Amen.