



## Newsletter

**Diocese of Arundel & Brighton 21<sup>st</sup> November 2021**

All Masses are available via the Cathedral live stream on [www.arundelcathedral.uk](http://www.arundelcathedral.uk) or [Church Services TV](#)

**THIS SUNDAY 21, Feast: Christ the King, Year B**

(Daniel 7:13-14; Revelation 1:5-8; John 18:33b-37)

6.00pm Saturday Vigil Mass: (in the Cathedral Centre): Deceased Members of the O'Dea Family

9.15am Mass: Una Campbell RIP; 11.15am: People of the Parish

**MONDAY 22, Mem: St Cecilia, Virgin, Martyr**

(Daniel 1:1-6, 8-20; Luke 21:1-4) No Mass

**TUESDAY 23, Feria in Ordinary Time, Week 34**

(Daniel 2:31-45; Luke 21:5-11)

No morning Mass

6.30pm Deanery Station Mass for the Dead – All welcome, see over

**WEDNESDAY 24, Mem: St Andrew Dung-Lac, Priest and Companions, Martyrs**

(Daniel 5:1-6, 13-14, 16-17, 23-28; Luke 21:12-19)

10.00am Mass: Sonalee Wijetunga RIP

**THURSDAY 25, Feria in Ordinary Time, Week 34**

(Daniel 6:12-28; Luke 21:20-28)

10.00am Mass in the Fitzalan Chapel: Henry Granville XIV Duke of Norfolk RIP

**FRIDAY 26, Feria in Ordinary Time, Week 34**

(Daniel 7:2-14; Luke 21:29-33)

10.00am Mass: Olivia Louise Ward RIP

**SATURDAY 27, Our Lady on Saturday**

(Daniel 7:15-27; Luke 21:34-36)

10.00am Mass: Don Wijetunge RIP; 6.00pm Saturday Vigil Mass: Robert Gillies RIP

**NEXT SUNDAY 28, First Sunday of Advent, Year C**

(Jeremiah 33:14-16; 1 Thessalonians 3:12—4:2; Luke 21:25-28, 34-36)

9.15am Mass: Deceased relatives and friends of the Oliver & Monet Families

11.15am: Deceased Members of the Knights of St Columba

6.30pm Advent Vespers

**Emergency Telephone Numbers.**

Bognor Parish 01243 823619

Chichester Parish 01243 782343

Storrington Parish 01903 740338

Petworth Parish 01798 342169

**Cathedral House Parsons Hill Arundel West Sussex BN18 9AY**

**Tel: 01903 882297**

**Web Site: [www.arundelcathedral.uk](http://www.arundelcathedral.uk)**

**Email: [arundel@abdiocese.org.uk](mailto:arundel@abdiocese.org.uk)**

**Canon David Parmiter  
Cathedral Dean**

**Rev. Mr. David Clifton L.Th  
Deacon (Retired)**

From Canon David:

*Covid-19 Update*

The usual Covid procedures at Mass must continue and just to remind you these are face coverings (unless exempt), hand sanitising and social distance – there is enough space in the Cathedral for this to happen. It is recommended by the Government to test yourself for Covid-19 regularly if that is possible. When preparing for and presiding at Mass and also when I distribute Holy Communion I will continue to sanitise my hands, wear a face covering and keep a safe distance (an arm's length) behind the kneeler. With my best wishes and prayers, Canon David.

**THE ROSARY** will be prayed in the Lady Chapel at 10.30am on Thursdays. All are welcome to join.

**SACRAMENT OF RECONCILIATION** is usually available between 10.30 and 11am on Saturday mornings. You may also contact the office to make an appointment.

**FINANCIAL MATTERS:** Thank you for your recent contributions. 13/14 November: £126.25 + £43.00 (Gift Aid) = £169.25

**2<sup>nd</sup> Collection THIS WEEKEND:** 20/21 November: Arundel Cathedral Maintenance Fund

**2<sup>nd</sup> Collection** in Advent: CAFOD World Gifts.

**Saturday 20<sup>th</sup> November** – no exposition of the Blessed Sacrament as Mass is in the Fitzalan Chapel. Confessions available 10.45am – 11.15am. The 6pm Mass will be held in the Cathedral Centre.

**COFFEE AFTER 9.15am MASS** All are welcome to the Cathedral Centre. Please note that **THIS Sunday 21<sup>st</sup> November**, coffee will be in Cathedral House.

**THE CATHEDRAL SHOP Opening hours:**

Monday – Friday 10.30am – 4.00pm

Saturday and Sunday 12.30pm – 4.00pm

Advent and Christmas stock now available in the shop.

**BOOK CLUBS IN DECEMBER** We have three book clubs meeting in December. If you would like to read one of this month's books, please come along and join the discussion. Contact Eddie for more information:

[edward.hopkins@abdiocese.org.uk](mailto:edward.hopkins@abdiocese.org.uk)

Monday, 6 December

2pm reading C. S. Lewis, *The Great Divorce* (Not about divorce, but a novella about a soul's journey after death.)

7.30pm, Rodney Stark, *The Triumph of Christianity: How the Jesus Movement Became the World's Largest Religion*.

Friday, 10 December

10:45am, Rodney Stark, *The Triumph of Christianity: How the Jesus Movement Became the World's Largest Religion*.

**PAX CHRISTI CHRISTMAS CARDS** Three designs in a mixed pack of 10 cards and envelopes and can be ordered from

[HTTPS://paxchristi.org.uk/product/nativity-trio-cards/](https://paxchristi.org.uk/product/nativity-trio-cards/)

**UPDATE Pope Francis' Synod - Dates and Themes**

This week we have received the materials on the themes of Communion, Participation and Mission for the synod discussion groups - see the schedule below. We hope each session will be a prayerful occasion when we can listen both to the Holy Spirit and to each other. We would warmly encourage you to take part, regardless of how positive or negative you feel your relationship with the Church is. Pope Francis is very keen that those on the margins be involved in the synod, and we want to hear from as many of you as possible and submit your views to the process. This is an opportunity for us all to walk together, especially as we face the challenges resulting from the pandemic. To keep the process transparent, in the new year we will publish a report on what we submitted from our parish as a result of these meetings.

There will also be an opportunity for people to submit their views online or by post if they prefer, and we will make details about this available in December.

However, we would encourage you to consider taking part in a group before deciding to submit your thoughts directly to the diocese. There is no need to come to every session - if you can only come to one, we would still be very glad to see you!

Daytime: 10:45 - 12:15 in Cathedral House

3 December - Communion

9 December - Participation

17 December - Mission

Evening: 7:30 - 9.00 in Cathedral House

2 December - Communion

7 December - Participation

16 December - Mission

Deanery Zoom meetings: 7:30 - 9:00

Sunday, 5 December - Communion

Thursday, 9 December - Participation

Monday, 13 December - Mission

For the Zoom groups, we are using a tool called Mail Chimp to manage the sign-up process - please [click here for the form](#). Alternatively, you can email [edward.hopkins@abdiocese.org.uk](mailto:edward.hopkins@abdiocese.org.uk).

**“LOVE IN A BOX” 2021:** Shoebox appeal. It's time to start collecting shoe boxes and little items to fill them to bring delight to a child in a part of the world where delight is in short supply. All filled boxes must be returned by **NEXT SUNDAY 28 November**. We are hoping for a really good number this year! Leaflets at the back of the Cathedral, or from Melinda Heathcote.

**THE FRIENDS OF ARUNDEL CATHEDRAL**

warmly invite you to Advent Vespers in the Cathedral on Sunday 28<sup>th</sup> November at 6.30pm with Bishop Richard, followed by refreshments at the back of the Cathedral. Please be seated for 6.15pm. and bring your friends along. All are welcome. RSVP to Lindsey at [aruncathfriends@btconnect.com](mailto:aruncathfriends@btconnect.com) or Tel: 01903 884567.

## **STATION MASS FOR THOSE WHO HAVE DIED**

**Tuesday 23<sup>rd</sup> November** Cathedral Deanery Station Mass at 6.30pm, Arundel Cathedral. Join Bishop Richard as he offers Mass for your intentions, for your friends and loved ones. Please provide the names of those you would like remembered at this Mass to the parish office.

This last year has been a very challenging time for everyone, especially when our thoughts and prayers turn to those we have lost, whether through the time of the pandemic or before. Many of us have found it difficult to get to Church through lockdowns, to sit with the Lord and to share our thoughts or find comfort in His embrace. The limited numbers permitted at funerals may have meant that we were unable to be with friends and family at that special moment. With these challenges in mind, you are warmly invited to join this Station Mass for the intention of those lost. There will be Mass said in each Deanery across the Diocese throughout November.

## **PRAYERS OF THE FAITHFUL**

### **Christ the King, 21<sup>st</sup> November**

Trusting in the Lord our God, we bring all our needs to him, in shared petitions and in the silence of our hearts:

We pray for Pope Francis, for our bishops and all who are called to leadership in the Church: may they follow the example of Christ our King, and work to build up his kingdom through humble and loving service.  
Lord in your mercy...

We pray for the leaders of the nations: may they be inspired to work to bring justice and peace to all the peoples of the world, especially those in greatest need.  
Lord in your mercy...

We pray for those suffering hardship and financial difficulties, the sick and housebound of our parish and all those whose worries seem insurmountable that they may be comforted.  
Lord in your mercy...

For the children and young people throughout the world and especially in our parish: may they find that they are valued and welcomed by the Church, and grow in faith, love and service.  
Lord in your mercy...

We pray for all who have died recently. We pray for all those who are sick for whatever reason, that they might find healing and full recovery. We pray for Ann Rowe, Paul Rumball, Lizzie Bennett, Lee Ward, Pat Burton, Richard Crosby, Eve Larley, Philip Wood, Sr Giles, Benita Marshall, Jean Marc Fritz, Nick McMenemy, Pauline Rodmell, Richard Elwood, Andrew Naylor, Irena Ray-Crosby, Virginia Stewart, Ann Ogunniyi, Elizabeth Haviland, Janine Busbridge, Tony Madden, Eileen Rogerson, Margaret Gammons, Charlie Moodie, Ben Liberatore and all in the local hospitals, hospices, the Priory or in their own homes.

We ask Mary, Queen of Peace to pray for us as we say  
**Hail Mary....**

Heavenly Father, we ask you to listen to our prayers and grant them through Christ our Lord. **Amen.**

## **NOVEMBER DATES FOR YOUR DIARY**

Tuesday 23<sup>rd</sup> 6.30pm Deanery Mass for the Dead with Bishop Richard (see next item)

Thursday 25<sup>th</sup> 10.00am Mass in the Fitzalan Chapel

Sunday 28<sup>th</sup> 6.30pm Friends Advent Vespers

## **PLANNED GIVING DRIVE**

Thank you to everyone who took part in our Planned Giving appeal recently. If you took your form away to complete please make sure you return it as soon as possible to the Cathedral Office.

We will give feedback on the campaign in due course. Thank you all for your engagement with this drive.

**CHRISTMAS IN MEMORIAM** An opportunity to remember your loved ones this Christmas by bringing a poinsettia to help decorate the Cathedral. Please leave your poinsettia in the baptistery from this week for arrangement. It would be wonderful to have some in the Cathedral for the Vespers on Sunday 28th November.

## **'LET ALL WHO ARE THIRSTY COME' A**

moment of peace, reflection and prayer on Sunday 21 November at 4pm at Our Lady of the Assumption RC Church, Fairfield Road Bosham with music from Taize. A prayer service with music and refreshments.

**MARY'S MEALS write:** "Our new campaign, Double The Love, has launched this month. Donations made to Mary's Meals from 1 November 2021 until 31 January 2022 will be doubled. This is all thanks to a group of generous supporters who have promised to match donations, up to £1.6 million. Funds raised will allow us to reach hungry children around the world, including those affected by natural disasters, conflict, and the ongoing Covid pandemic." See [Home | Mary's Meals UK \(marysmeals.org.uk\)](https://www.marysmeals.org.uk) for more information and ways to donate and support this charity.

## **ADVENT RETREAT DAY Saturday 27 November**

**10am to 4pm** with led exploration of the Advent scriptures and the opportunity for prayerful meditation and creativity at Sussex Heritage Centre, Arundel, BN18 9QY. Cost £25. **Quiet Days Monday and Tuesday 29 and 30 November and Residential Retreat Friday 26 November to Tuesday 30 November.** See [www.sussexheritage.co.uk](http://www.sussexheritage.co.uk) for details/booking or tel Maria on 01903 413606.

## **ADVENT DAY OF RECOLLECTION**

**SATURDAY** 27th November at St Richard's Catholic Church and the neighbouring school of St Richard's. All very welcome. led by Mgr Roderick Strange, Professor of Theology at St Mary's University, Twickenham and former Rector of the Beda College in Rome. 10am: Mass in St Richard's Church 10.45am Tea/ coffee in St Richard's School 11am First conference Quiet Time Midday: Lunch 1pm Second conference 2pm Guided Holy Hour 3pm Depart Please bring your own packed lunch, teas and coffees will be available. St Richard's Church & St Richard's Primary School, Cawley Road, Chichester PO19 1XB [chichester@abdiocese.org.uk](mailto:chichester@abdiocese.org.uk) 01243 78234

## **ADVENT COLLECTION – CAFOD WORLD**

**GIFTS** We will collect for CAFOD during Advent to buy the following:

Solar Lamps at £30.00

Teach someone to read at £10.00

Trees for life fruit trees at £8.00

You can see more information about these life changing gifts at [CAFOD World Gifts – CAFOD World Gifts](#) Later in Advent there will be a display in the Cathedral.

**CHRISTMAS DAY LUNCH** Yes, it's here again. If you are going to be alone, do come and join us for Christmas Lunch at the Norfolk Centre 12-3pm for festive lunch, good cheer and company. For more information please contact Gemma on 01903 883469.

**MISSIO** Peter Cullinane thanks those Red Box holders who have returned them - he has received 9 so far, an estimated third of the probable number in circulation. Do not worry if you have not yet found the box or have not been able to return it as there is still plenty of time.

**\*\*Update:** £125 already banked- please keep the boxes coming in!

Empty boxes: If the box will be filled again no need to bring it to the sacristy if empty, but please let Peter know by leaving a note in the sacristy with your name and contact details so that records are up to date.

If the box will no longer be used, please return it to the sacristy with similar details. You can contact Peter on Email: [pmcullinane@hotmail.com](mailto:pmcullinane@hotmail.com) or Tel. 023 92 47 13 24

If you are aware that another family member or a friend has a box, would you be able to kindly bring it to the sacristy if the holder is unable to do so, or inform that person about the request? It will be kept safely in the sacristy until counted. If alternatively you would like a box for the first time, please let him know by means of a note left in the sacristy.

**WATER INGRESS** There is some sporadic water ingress on the south side of the nave. If you get wet while sitting in this area, please note the pew number and report this to the parish office.

## **OUR LADY & THE SAINTS OF SUSSEX PARISH IN CHICHESTER**

are having a Parish Community Fund Christmas Appeal, they write: "Many families within the local area have recently suffered financial hardship. All the requests for help have come from our Catholic schools. Christmas this year is likely to be a very difficult time for many and we aim to reach out with help in the form of hampers or food vouchers. These will go to families who find themselves unable to fulfil their most basic needs. If you are able to support this appeal please donate via bank transfer or cheque. Via Bank Transfer: Name: RCD A&B St Richard of Chichester Sort Code: 40-05-20, Account No: 41076582 ref PCF Please add your name if your donation is eligible for Gift Aid. Please make cheques payable to 'St Richards Chichester'" This fund has supported families from our own local primary school.

## **ADoRE Online spiritual mini-retreat morning**

November 27th 10.00-13.00 with Mass, Adoration, Reflection, Praise, Talk, Prayer and Discussion.

Theme: "Fruit of the Holy Spirit" - Please register for the Zoom meeting in advance at [bit.ly/ADORENOV2021](http://bit.ly/ADORENOV2021)

## **YOUNG ADULTS' (18-30'S) Advent Retreat: 3rd-5th December**

This weekend retreat will provide an opportunity to start your preparations for the Advent season, including talks, small group discussions, opportunities for reflection and prayer. For more information visit [www.worth.co.uk/retreats](http://www.worth.co.uk/retreats) or contact our youth adviser [lizzie.wakeling@abdiocese.org.uk](mailto:lizzie.wakeling@abdiocese.org.uk)

**Chichester Area Talking News (CATN)** is a registered charity set up to help visually impaired and other disabled people access local news. Run on an entirely voluntary basis, it operates within a defined geographical area, covering Chichester, Bognor Regis, Midhurst and Petworth, drawing material from the three Observer Papers within those boundaries. News programmes are produced and circulated fortnightly. In addition, there is a quarterly 'magazine style' programme, concentrating on interviews and articles of wider interest. Access is free to those with a registered visual impairment. If you know of anyone like this who might be interested in becoming a listener, do mention it to them and put them in touch with Anne Brearley-Smith (01243 555929) who is one of their Listener Contacts.

## **SPIRITUAL COMMUNION**

### **PRAYER OF ST ALPHONSUS**

My Jesus, I believe that you are present in this Holy Sacrament of the altar. I love you above all things and I passionately desire to receive you into my soul.

Since I cannot now receive you sacramentally, come spiritually into my soul so that I may unite myself wholly to you now and forever. Amen.

### **PRAYER FOR HEALTH STAFF**

Wondrous God, author of life, you fashioned us in your likeness and breathed into us the life which is your own.

Be with those whose special care is the health of mind and body.

Fill their hearts with awe for the life which is your gift and sustain them daily in your service, that their hands may bring to others the comfort of your healing touch.

Through Christ our Lord. Amen.

### **PRAYER FOR THOSE AFFECTED**

Merciful God, come to the help of your people.

Be our shelter in this time of peril and strengthen the bonds of our community.

Bring healing to all who suffer the ravages of disease and assist those whose skill and art can put an end to this affliction. Through Christ our Lord. Amen.