



Newsletter

Diocese of Arundel & Brighton

19th June 2022

All Masses are available via the Cathedral live stream on www.arundelcathedral.uk or [Church Services TV](#)

THIS SUNDAY 19, The Most Holy Body & Blood of Christ ‘Corpus Christi’

(Genesis 14:18-20; 1 Corinthians 11:23-26; Luke 9:11b-17)

6.00pm Mass: Mary Harding RIP

9.15am Mass: People of the Parish; 11.15am: Yvonne Im RIP

2.30pm Mass with Anointing of the sick

MONDAY 20, Feria in Ordinary Time, Week 12

(2 Kings 17:5-8, 13-15a, 18; Matthew 7:1-5) No Mass

TUESDAY 21, Mem: St Aloysius Gonzaga, Religious

(2 Kings 19:9b-11, 14-21, 31-35a, 36; Matthew 7:6, 12-14)

10.00am Mass: Judith Wood RIP

WEDNESDAY 22, Feast: Ss John Fisher & Thomas More, Martyrs

(2 Kings 22:8-13; 23:1-3; Matthew 7:15-20)

8.30am Mass at the Convent of the Poor Clares, Crossbush

THURSDAY 23, Solemnity: The Birth of St John the Baptist

(Isaiah 49:1-6; Acts 13:22-26; Luke 1:57-66, 80)

10.00am Mass: Inner peace for Marcela Pavić

FRIDAY 24, Solemnity: The Most Sacred Heart of Jesus

(Ezekiel 34:11-16; Romans 5:5b-11; Luke 15:3-7)

10.00am Mass in the Fitzalan Chapel: Miles, Duke of Norfolk RIP

SATURDAY 25, Mem: The Immaculate Heart of Mary

(Lamentations 2:2, 10-14, 18-19; Luke 2:41-51)

10.00am Mass: Edward and Gerard Wallace RIP

6.00pm Mass: People of the Parish

NEXT SUNDAY 26, 13th Sunday in Ordinary Time, Year C

(1 Kings 19:16b, 19-21; Galatians 5:1, 13-18; Luke 9:51-62)

9.15am Mass: For the intentions of the Starkey Family

11.15am: John Hennon RIP

Emergency Telephone Numbers.

Bognor Parish 01243 823619

Chichester Parish 01243 782343

Storrington Parish 01903 740338

Petworth Parish 01798 342169

Littlehampton Parish 01903 731171

Cathedral House Parsons Hill Arundel West Sussex BN18 9AY

Tel: 01903 882297

Web Site: www.arundelcathedral.uk

Email: arundel@abdiocese.org.uk

**Canon David Parmiter
Cathedral Dean**

**Rev. Mr. David Clifton L.Th
Deacon (Retired)**

From Canon David:

Covid-19 Update

If you are not feeling well or have symptoms of Covid it would be prudent not to attend Mass or other services whilst you are ill. You are advised to wear a face covering and the arrangements for communion will continue as they are for the time being, receiving in a single file, unless we need to make an exception for very large congregations.

The Bishops' have issued further advice about the Sunday obligation and this can be viewed here [Returning to Mass at Pentecost - Catholic Bishops' Conference \(cbcew.org.uk\)](https://www.cbcew.org.uk). The obligation to attend Mass on a Sunday and Holy Days of Obligation returned on the Feast of Pentecost (5th June). If you have any concerns, please speak to Canon David, but please read the statement from the Bishops' in full.

Safeguarding

The Bishops Conference accepted the recommendations of the Independent Inquiry into Child Sexual Abuse and also the recommendations of the Elliott report – a review they commissioned to the Church's safeguarding arrangements. As a consequence, we are making sure that as a Parish we are up to date with all that is required by good safeguarding practice. If you carry out a ministry, you may be contacted to update your DBS check and/or training as each Parish will be audited on their compliance with Diocesan procedures. I support these safeguarding procedures as they protect us all and enhance the image of the Church and I do not have any discretion about their implementation. Carrying out safeguarding procedures is an integral part of our ministry, it is not something added on or an optional extra, it is the way we all minister now – it is an essential requirement of the job description! Thank you for your cooperation.

COFFEE AFTER 9.15am MASS in the Cathedral Centre - all are welcome. **Today, a special invitation to the men of the parish on Fathers' Day for bacon baps.**

CORPUS CHRISTI A huge 'thank you' to all who were involved this week in all aspects of our celebration of Corpus Christi. Grateful to God and to you all that we are now 'back in business'.

DAY FOR LIFE TODAY

'Do not cast me off in the time of old age; forsake me not when my strength is spent' Psalm 71:9.

'Day for Life' is the day in our calendar set aside to celebrate life from conception to natural death. This year the focus is on caring for and valuing the elderly. Funds raised from this second collection support various Day for Life initiatives, which focus on upholding the dignity of every human life from conception to natural death. Please do support this work in any way you feel able. More info: [Day for Life 2022 - Catholic Bishops' Conference \(cbcew.org.uk\)](https://www.cbcew.org.uk) Secure Donation Page here: [Donate to support this year's Day for Life - Catholic Bishops' Conference \(cbcew.org.uk\)](https://www.cbcew.org.uk)

MASS WITH ANOINTING THE SICK this Sunday 19th June at 2.30pm, followed by cake and sandwiches in the cathedral centre at 4pm. Donations of cake are most welcome. If you would like a lift to and from the Mass, please contact the parish office on 01903 882297 or arundel@abdiocese.org.uk

THE ROSARY is prayed every Thursday after the 10am Mass in the Cathedral. All are welcome.

GIFT AID ENVELOPES If you are a taxpayer and do not yet gift aid your offertory donation please consider doing so now for the benefit of the parish. For more information speak to or e-mail Martin Hall on ga.arundel@abdiocese.org.uk or the Cathedral Office.

SACRAMENT OF RECONCILIATION is usually available between 10.30 and 11am on Saturday mornings or by arrangement via the Cathedral Office.

HOLY DUSTERS do you have an hour or so to spare on a Friday morning after 10am Mass? Our Holy Dusters team is a bit depleted at the moment and a few extra pairs of hands are always appreciated. Good company and coffee.

FINANCIAL MATTERS: Thank you for your offering: 5th June £216.41 + £169.00 (Gift Aid) = £385.41; 12th June £600.00 + £203.00 (Gift Aid) = £803.00

2nd Collection today: Day for life (see above)

Next week: Peter's Pence (not Gift Aid able)

If you wish to make a donation to the Cathedral online, there are now **three ways** to do this:

Direct to the Cathedral bank account:

Bank: HSBC, 69 Pall Mall, London

Account Name: Arundel Cathedral

Sort Code: 40 05 20

Account No.: 41076566

Or via the parish website [Arundel Cathedral – Arundel Cathedral](https://www.arundelcathedral.org.uk) there is a 'Click to donate..' button at the top of the home page. You can Gift Aid via this method.

Or via the Diocesan website at: [Donate · ChurchSuite Donate](https://www.cbcew.org.uk) you can Gift Aid via this method.

NEW DONATION DEVICE We now have two donation devices in the Cathedral where you can donate by card, and you can Gift Aid your donations. The new device is currently positioned near the north door, and the older device I'm sure you will have seen by the West door. We also have a poster and banner with a QR code to make donations.

PHILIP WOOD RIP: It is with sadness that we inform you of the death of Philip Wood recently. Many people will remember him as an active supporter of the cathedral and a keen altar server. Please keep him and his family in your prayers. Funeral details to be announced.

TONY MADDEN RIP Please pray for Tony who died last weekend, and for the comfort and consolation of Jean and the family. Tony was an active member of the parish and supporter of the Friends of the Cathedral. His Requiem Mass will take place on Wednesday 13th July at 11.00am.

PARISH PROCLAIMER the newest edition is now available on the website:

<https://arundelcathedral.uk/summer-2022-parish-proclaimer> and can also be viewed on the iPad in the Cathedral (on the corner near the shop)

CONGRATULATIONS to parishioners Professor Jim Lynch and Dr Sandra Williams who will be invested into the Equestrian Order of the Holy Sepulchre of Jerusalem at St George's Cathedral in Southwark on Saturday 18th June.

PRO LIFE GROUP MEETING Monday 28 June at 7pm in the Lower Parish Room, St Richards Catholic Church, Chichester. After 2 years of Zoom we are now meeting in person and anyone interested in promoting a pro life culture is welcome. Please phone Maria on 01903 413606 with any queries.

RACE NIGHT in aid of St Wilfrid's Hospice Friday 8th July, 7.30pm in the Cathedral Centre. Tickets from melindaheathcote@btconnect.com or dr.sandrasedgwick@gmail.com See poster in the Cathedral or on the website for more details. If you can't make it but would like to support this event by buying a **raffle ticket, these will be on sale after all Masses this weekend.**

DATES FOR YOUR DIARY – AT A GLANCE

19th June 2.30pm Mass with Anointing of the Sick

24th June 10am Mass in the Fitzalan Chapel

10th July 3.00pm Cathedral Deanery Confirmations

15th July 6.30pm Vespers and Summer Event of 'Friends of Arundel Cathedral.

16th July 1pm Organ Recital, Robert Sholl

PLEASE PRAY FOR the people of Ukraine.

We pray for all who have died recently, especially Gordon Gardiner, Philip Wood and Tony Madden.

We pray for all those who are sick for whatever reason, that they might find healing and full recovery.

For Ann Rowe, Paul Rumball, Lizzie Bennett, Pat Burton, Eve Larley, Richard Crosby, Sr Giles, Ann Ogunniyi, Benita Marshall, Jean Marc Fritz, Nick McMenemy, Pauline Rodmell, Andrew Naylor, Irena Ray-Crosby, Virginia Stewart, Ischia Gooda, Elizabeth Haviland, Thérèse Kemp, Fr Dominic O'Hara, Margaret and Terry Molland, Stephen Barrett, Indigo Ashworth and all in the local hospitals, hospices, the Priory or in their own homes.

BEREAVEMENT GROUP

As the Wednesday morning Mass has moved to the Convent, the Bereavement Group coffee will take place on Thursday mornings, usually in Cathedral House on the following dates: 14th July & 11th August
If you'd like to get in touch with someone from the Bereavement Team, please contact the parish office.

ST WILFRID'S HOSPICE invite you to an adventure with our new trek – walking the final 67km of the famous Camino Frances, also known as the French Way pilgrimage route. You can register your interest at fundraising@stwh.co.uk You can view a brochure with the itinerary [here](#).

CONGRATULATIONS! Well done to parishioner Adam Vernon on completing his 100km walk last weekend to raise funds for Alzheimer Research. Thanks to all those who have donated already. You can read more about this on our website at [Adam Vernon Charity Walk – Arundel Cathedral](#) and if you would like to sponsor Adam, go to <https://www.justgiving.com/fundraising/adamvernon100k>

MASS IN UKRAINIAN On Sunday 26 June at 2pm Fr Maksym Krat, of the Diocese of Odesa, will celebrate Mass in Ukrainian at St Richard's Catholic Church, Cawley Road, Chichester, PO19 1XB, for the intentions of Ukrainian refugees.

After the Mass there will be refreshments and a time for people to meet and chat. All most welcome.

PILGRIMAGE TO THE SHRINE OF OUR LADY OF CONSOLATION AT WEST GRINSTEAD SATURDAY 17 SEPTEMBER with Arundel Parish and the Friends of Arundel Cathedral. All welcome. The day will include Holy Mass, Adoration, Benediction, rosary, historical talk and an optional pilgrimage walk. Cost £10 per person, optional coach travel from Arundel and return £12. To book please contact Lindsey Stratford on 01903 884567 Email: aruncathfriends@btconnect.com

WINTERSHALL - THE LIFE OF CHRIST is back next week after a 3-year break. The weather looks perfect and we are ready to welcome you to this very special and unforgettable week. We still have tickets available, so please don't miss out. Book at [Life of Christ | Wintershall](#)

We would appreciate anyone who can spare a day or 2 to volunteer to help and guide schools and audience. [Email us](#) to join in.

If you already have your ticket, please read [this page](#) for more details.

We are still looking for Assistant Stage Managers to help during the Life of Christ. This is great work experience for over 16's particularly if you are interested in drama, hospitality or education. It's great fun and you can even camp onsite. You will need to be available from Friday 17th June to Saturday 25th June inclusive. Travel expenses paid. [Email us](#) if you can help.

WORTH ABBEY: Individual Guided Retreat: 11-17 July. Cost: £110 per person, per night (minimum 2 nights / maximum 6 nights). Please contact us to check availability of your preferred dates. This is an opportunity to take time out for silence and reflection while at the same time having a daily meeting with a monk / spiritual director. Icon painting course: 25-31 July. Cost: £675 per person – Residential £375 per person – Day guest. The aim of the course is to provide an introduction to all aspects of traditional icon painting. Book your place online at: [Booking & supplementary information – Worth Abbey Projects](#)
For further information please contact E: retreats@worth.org.uk or T: 01342 710318.

DIOCESAN RUN EVENTS:

REFUGEE CRISIS COFFEE MORNING with Bishop Richard, Saturday 25 June at 11.30am. Bishop Richard will be hosting an informal coffee morning to discuss our response to the refugee crisis, at St Gabriel's Hall, Billingshurst, RH14 9QH. Everyone is very welcome, to reserve your free place please sign up here:

<https://abdiocese.churchsuite.com/events/an04uoxn>

Young Adults (18-35) North Downs Walk – Saturday 2 July 11.30-3pm

We gather together for Mass at St Joseph's in Dorking and then explore the local area together, joined by members of the Diocesan Vocations Team – have your best questions ready! Contact our Diocesan Youth Adviser E:lizzie.wakeling@abdiocese.org.uk for more information.

theASCENT bookings are open!

This amazing project for teenagers in year 10, 11 or 12 will help them grow in faith and confidence, as they explore what it means to be Catholic with other likeminded individuals. Contact our Diocesan Youth Adviser E:lizzie.wakeling@abdiocese.org.uk or visit W:www.theascentuk.co.uk for more information.

The World Meeting of Families - 22-26 June 2022

Pope Francis said “there is no such thing as a perfect family, there are always buts”. In his prayer intention for June, Pope Francis focused on the upcoming World Meeting of Families. He said “*The family is the place where we learn to live with one another, to live with young people and with those who are older. And by being united in our differences—young people, the elderly, adults, children—we evangelize with our example of life.*” He reminded us that God is always with us “*He remains with us at all times in the swaying of the boat tossed by the sea: when we argue, when we suffer, when we're joyful, the Lord is there and accompanies us, helps us, and corrects us.*” As we draw closer to the celebrations on the 10th World Meeting of families let us recall our inner sense of holiness.” *Let us pray for Christian families around the world. May each and every family embody and experience unconditional love and advance in holiness in their daily lives.*”

To find out more about the World meeting of families go to W: [World Meeting of Families 2022 Rome - #WMOF22 \(romefamily2022.com\)](https://www.wmof22.com)

Catholic Certificate in Religious Studies (CCRS)

This course, which is for anyone interested in finding out more about their faith, begins again in the Diocese in the Autumn. For more information, please contact the Formation Adviser, Jon Harman E:jon.harman@abdiocese.org.uk

To find out about events hosted by the Diocese please visit our website events calendar W: <https://www.abdiocese.org.uk/diocese/events>

SOLEMN VESPERS in the Cathedral on Friday 15th July 6.30pm, followed by a reception hosted by The Friends of Arundel Cathedral. Enquiries to the Friends Office Tel: 01903 884567 Email: aruncathfriends@btconnect.com

SPIRITUAL COMMUNION PRAYER OF ST ALPHONSUS

My Jesus, I believe that you are present in this Holy Sacrament of the altar. I love you above all things and I passionately desire to receive you into my soul. Since I cannot now receive you sacramentally, come spiritually into my soul so that I may unite myself wholly to you now and forever. Amen.

PRAYER FOR HEALTH STAFF

Wondrous God, author of life, you fashioned us in your likeness and breathed into us the life which is your own. Be with those whose special care is the health of mind and body. Fill their hearts with awe for the life which is your gift and sustain them daily in your service, that their hands may bring to others the comfort of your healing touch. Through Christ our Lord. Amen.

PRAYER FOR THOSE AFFECTED

Merciful God, come to the help of your people. Be our shelter in this time of peril and strengthen the bonds of our community. Bring healing to all who suffer the ravages of disease and assist those whose skill and art can put an end to this affliction. Through Christ our Lord. Amen.