



Newsletter

Diocese of Arundel & Brighton

7th August 2022

All Masses are available via the Cathedral live stream on www.arundelcathedral.uk or [Church Services TV](#)

THIS SUNDAY 7, 19th Sunday in Ordinary Time, Year C

(Wisdom 18:6-9; Hebrews 11:1-2, 8-19; Luke 12:32-48)

6.00pm Saturday Vigil Mass: People of the Parish

9.15am Mass: John Joseph Heritier RIP

11.15am: For the Vokes and Wallace Families RIP

MONDAY 8, Mem: St Dominic, Priest

(Ezekiel 1:2-5, 24-28c; Matthew 17:22-27) No Mass

TUESDAY 9, Feast: St Teresa Benedicta of the Cross (Edith Stein) Martyr, Patron of Europe

(Ezekiel 2:8—3:4; Matthew 18:1-5, 10, 12-14)

10am Mass: Philip Wood RIP

WEDNESDAY 10, Feast: St Lawrence, Deacon and Martyr

(2 Corinthians 9:6-10; John 12:24-26)

8.30am Mass at the Convent of the Poor Clares, Crossbush

THURSDAY 11, Mem: St Clare, Virgin

(Ezekiel 12:1-12; Matthew 18:21-19:1)

10.00am Mass: Robert & Winifred Ronchetti RIP

FRIDAY 12, Feria in Ordinary Time, Week 19

(Ezekiel 16:1-15, 60, 63; Matthew 19:3-12)

10.00am Mass: Antonietta Payne RIP

SATURDAY 13, Our Lady on Saturday

(Ezekiel 18:1-10, 13b, 30-32; Matthew 19:13-15)

10.00am Mass: Dansie & Joan Reddan RIP

6.00pm Mass: Elsie Barrett RIP

NEXT SUNDAY 14, Solemnity: The Assumption of the Blessed Virgin Mary

(Apocalypse 11: 19, 12: 1-6, 10; 1 Corinthians 15: 20-26; Luke 1:39-56)

9.15am Mass: Ivan Weatherley RIP

11.15am: People of the Parish

Emergency Telephone Numbers.

Bognor Parish 01243 823619

Chichester Parish 01243 782343

Storrington Parish 01903 740338

Petworth Parish 01798 342169

Littlehampton Parish 01903 731171

Cathedral House Parsons Hill Arundel West Sussex BN18 9AY

Tel: 01903 882297

Web Site: www.arundelcathedral.uk

Email: arundel@abdiocese.org.uk

**Canon David Parmiter
Cathedral Dean**

**Rev. Mr. David Clifton L.Th
Deacon (Retired)**

From Canon David:

Covid-19 Update

If you are not feeling well or have symptoms of Covid it would be prudent not to attend Mass or other services whilst you are ill. You are advised to wear a face covering and the arrangements for communion will continue as they are for the time being, receiving in a single file, unless we need to make an exception for very large congregations.

The Bishops' have issued further advice about the Sunday obligation and this can be viewed here [Returning to Mass at Pentecost - Catholic Bishops' Conference \(cbcew.org.uk\)](#). The obligation to attend Mass on a Sunday and Holy Days of Obligation returned on the Feast of Pentecost (5th June). If you have any concerns, please speak to Canon David, but please read the statement from the Bishops' in full.

Safeguarding

The Bishops Conference accepted the recommendations of the Independent Inquiry into Child Sexual Abuse and also the recommendations of the Elliott report – a review they commissioned into the Church's safeguarding arrangements. As a consequence, we are making sure that as a Parish we are up to date with all that is required by good safeguarding practice. If you carry out a ministry, you will be contacted to update your DBS check and/or training as each Parish will be audited on their compliance with Diocesan procedures. I support these safeguarding procedures as they protect us all and enhance the image of the Church and I do not have any discretion about their implementation. Carrying out safeguarding procedures is an integral part of our ministry, it is not something added on or an optional extra, it is the way we all minister now – it is an essential requirement of the job description! Thank you for your cooperation.

THE ROSARY is prayed every Thursday after the 10am Mass in the Cathedral. All are welcome. Why not read more about the rosary in the current edition of the Parish Proclaimer at <https://arundelcathedral.uk/summer-2022-parish-proclaimer> see item overleaf about the different ways you can access this publication now. The article on p.8-15 is written by parishioner Jo Briscoe.

SACRAMENT OF RECONCILIATION is usually available between 10.30 and 11am on Saturday mornings or by arrangement via the Cathedral Office.

PILGRIMAGE TO THE SHRINE OF OUR LADY OF CONSOLATION AT WEST GRINSTEAD SATURDAY 17 SEPTEMBER with Arundel Parish and the Friends of Arundel Cathedral. All welcome. The day will include Holy Mass, Adoration, Benediction, rosary, historical talk and an optional pilgrimage walk. Cost £10 per person, optional coach travel from Arundel and return £12. To book please contact Lindsey Stratford on 01903 884567 Email: aruncathfriends@btconnect.com

BEREAVEMENT GROUP coffee will take place on Thursday mornings, in Cathedral House, the next is on **11th August**. If you'd like to get in touch with someone from the Bereavement Team, contact the parish office.

PARISH PILGRIMAGE TO WALSINGHAM Tuesday 25 to Thursday 27 October A chance to step out of normal routine and experience healing and renewal in the beautiful Norfolk countryside. The pilgrimage will be led by Canon David by coach from Arundel. Fully inclusive cost £240 per person en suite room or £210 non en suite full board. Please phone Maria on 01903 413606 or pick up a leaflet at the back of the cathedral.

FINANCIAL MATTERS: Thank you for your offering: 31st July: £221.00 + £130.00 (Gift Aid) = £351.00

GIFT AID ENVELOPES If you are a taxpayer and do not yet gift aid your offertory donation please consider doing so now for the benefit of the parish. For more information speak to or e-mail Martin Hall on ga.arundel@abdiocese.org.uk or the Cathedral Office.

If you wish to make a donation to the Cathedral online, there are now **three ways** to do this:

Direct to the Cathedral bank account:

Bank: HSBC, 69 Pall Mall, London

Account Name: Arundel Cathedral

Sort Code: 40 05 20

Account No.: 41076566

Or via the parish website [Arundel Cathedral – Arundel Cathedral](#) there is a 'Click to donate..' button at the top of the home page. You can Gift Aid via this method.

Or via the Diocesan website at: [Donate · ChurchSuite Donate](#) you can Gift Aid via this method.

DONATION DEVICE We now have two donation devices in the Cathedral where you can donate by card, and you can Gift Aid your donations. The new device is currently positioned near the north door, and the older device I'm sure you will have seen by the West door. We also have a poster and banner with a QR code to make donations.

COULD YOU BE A MARRIAGE SPONSOR? If you are or have been married and want to share the joys and sorrows of this remarkable vocation, why not think about becoming a marriage sponsor. Some couples who seek marriage within our church are known to us and are part of our parish community. They either live locally, or they have grown up locally and still have families nearby. For some however, this may be their first introduction to our community. You can change their experience, actively making them feel welcome by becoming a sponsor. Walking with someone is the greatest gift we can give. When Jesus walked with the disciples on the road to Emmaus he listened to their stories and made them feel loved; that is what being a sponsor is all about. See flyer at the back of the Cathedral for more information or [Marriage & Family Life | Formation | Arundel & Brighton Diocese \(abdiocese.org.uk\)](#) and speak to Canon David if you think this is something you could do.

COFFEE AFTER 9.15am MASS in the Cathedral Centre - all are welcome.

COLIN SWANTON RIP please pray for Colin, who used to serve here a few years ago, who died last week. His funeral will take place on 2 September at 11am, at St Richards Church, Top Road, Slindon, West Sussex BN18 0RH, followed immediately by the committal in the churchyard.

DATES FOR YOUR DIARY – AT A GLANCE

11th August 10.45am Bereavement Group coffee
11th August 12.30pm Wedding
13th August 12.30pm Wedding
20th August Arundel Festival of the Arts begins
21st August 11.15am Mass Baptism at Mass

LITURGY OF THE WORD FOR CHILDREN We are delighted that this will resume at the 9.15am Mass from Sunday 4th September and will take place on the 1st Sunday of each month. The material used is aimed at children up to First Communion age (7-8 years). Parents are welcome to come out to the sessions with their children, but if your child is confident and would like to come out without a parent, please ensure that you have completed a Parental Consent Form, available from the Cathedral Office arundel@abdiocese.org.uk. Thanks to the parishioners who volunteer to prepare and lead this for the children of our parish. The team is a bit depleted following the pandemic, if you think this is something you could get involved with, please speak to Canon David or Emer Osborne (or contact the Cathedral Office)

PLEASE PRAY FOR the people of Ukraine. We pray for all who have died recently, especially Colin Swanton. We pray for all those who are sick for whatever reason, that they might find healing and full recovery. For Ann Rowe, Paul Rumball, Lizzie Bennett, Pat Burton, Eve Larley, Richard Crosby, Sr Giles, Ann Ogguniyi, Benita Marshall, Jean Marc Fritz, Nick McMenemy, Pauline Rodmell, Andrew Naylor, Irena Ray-Crosby, Virginia Stewart, Ischia Gooda, Elizabeth Haviland, Thérèse Kemp, Indigo Ashworth, Fr Dominic O'Hara, Margaret and Terry Molland, Stephen Barrett, and all in the local hospitals, hospices, the Priory or in their own homes.

PARISH PROCLAIMER you will see there are now two ring bound printed versions of the Summer Proclaimer at the back of the Cathedral. One copy is on top of the hymn book cupboard on the right, the other copy is on the top of the cupboard on the left of the aisle. There is also a copy in the parish office available for loan. You can also access this on the website or the ipad near the shop.

FROM EDDIE: THANK YOU very much to everyone who came to my leaving party and for the all the kind words, cards and gifts. In particular, my thanks to everyone who helped to organise it. I will keep everyone at the Cathedral in my prayers and look forward to visiting Arundel in the future. God bless, Eddie.

THE ABBOT AND MONKS INVITE YOU TO THE WORTH ABBEY FESTIVAL - 'A Place of Beauty and Joy'. Bank Holiday Monday 29 August 2022 from 1pm – 4.30pm Admission Free. This special Open Day will celebrate the beauty that is Worth, sharing the monastic offices with the monks in the Abbey, including music from the Abbey's resident, internationally acclaimed organist. There will be a guided walk through the Worth estate with pauses for prayers and reflection, tours throughout the day exploring the historic rooms in Worth School, visits to St Bruno's Retreat Centre and the Open Cloister programme of weekday and weekend retreats, activities for children and afternoon refreshments on the South Terrace overlooking the Sussex High Weald. Families welcome – plenty of car parking. For more information visit W: worthabbey.net or email E: pilgrims@worth.org.uk or call T: 01342 710370.

WORTH ABBEY Finding Stillness: 20-23 September Cost £330 per person 'Be still and know that I am God' (Psalm 46). Come to Worth Abbey and encounter this refreshing and empowering stillness. Through the Benedictine tradition, discover how stillness can be part of your everyday life and how transformative it can be. The retreat will include: teachings in lectio divina and stilling the mind, as well as an opportunity to have a 1:1 meeting with a member of the monastic community. For more information and to book and pay for your place visit W: www.worth.co.uk or email E: retreats@worth.org.uk or call T: 01342 710318.

CAFOD SCHOOL VOLUNTEERS REQUIRED

Do you enjoy working with children and young people? Could you help to inspire and empower children and young people in our Catholic schools and churches to bring alive their sense of global justice? Could you give an assembly or a workshop in a local school? Supported by CAFOD with training and resources, you will discuss issues of global justice, add to parish and school life, whilst complementing the work of teachers, priests and catechists. Contact the CAFOD A&B office T: 01483 573273 M: 07710 094448 E: arundelandbrighton@cafod.org.uk W: www.cafod.org.uk

ADORE Online spiritual mini-retreat morning 20 August 10.00-1.00 "Lead us not into temptation - we pray to be helped through times of testing." Our special guest speaker is Jenny Baker, national leader of Celebrate conferences and presenter of CaFE videos. Starts with Mass at 10.00 and also includes Adoration, Prophetic sharing, Praise, Testimony and discussion. Please register for the Zoom meeting in advance at bit.ly/ADOREAUG2022

PARISH E-MAIL LIST please remember to let Louise in the parish office know if you change any of your personal details i.e., your e-mail address, phone number, address etc.

DIOCESAN RUN EVENTS:

GRANDPARENTS FORMATION DAY –

Wednesday 14 September We are looking forward to welcoming you at the St Philip Howard Centre in Crawley for our annual day for Grandparents to hear from a member of the Sycamore team on the importance of Grandparents in handing on the faith. The day begins with morning prayer at 11am (coffee from 10.30am) and concludes at 3pm. Please bring a packed lunch. Contact E:

katherine.bergin@abdiocese.org.uk for more info.

MARRIAGE ANNIVERSARIES MASS – Saturday

8 October If you are celebrating an anniversary of particular importance to you, please join us at Arundel Cathedral for a celebratory Mass with Bishop Richard. This is a wonderful opportunity for us all to recognise the important vocational calling to marriage and to share in your joy. Booking is essential. Contact E:

katherine.bergin@abdiocese.org.uk for more info.

theASCENT bookings are open!

This amazing project for teenagers in year 10, 11 or 12 will help them grow in faith and confidence, as they explore what it means to be Catholic with other likeminded individuals. Contact our Diocesan Youth Adviser E:lizzie.wakeling@abdiocese.org.uk or visit W:www.theascentuk.co.uk for more information.

A DAY AT THE SEASIDE FOR YOUNG ADULTS (18-35) (RESCHEDULED) Saturday 20 August

at Our Lady Star of the Sea, East Preston at 11am
A day at the seaside with Fr Stephen Ortiger! Fr Stephen, a Benedictine monk who is currently working in Parish Ministry is looking forward to celebrating Mass and then spending the day with the young adults of our Diocese. After Mass we will walk along the sea front to a beach side cafe where we will share lunch together. Contact E: lizzie.wakeling@abdiocese.org.uk for more information.

Catholic Certificate in Religious Studies (CCRS)

This course, which is for anyone interested in finding out more about their faith, begins again in the Diocese in the Autumn. For more information, please contact the Formation Adviser, Jon Harman

E:jon.harman@abdiocese.org.uk

To find out about events hosted by the Diocese please visit our website events calendar W:

<https://www.abdiocese.org.uk/diocese/events>

‘SHARING THE CHURCH’S STORY’

CONFERENCE – Saturday 17 September 2022 10am - 6pm Catholic Voices and Word on Fire are hosting a one-day conference at Friends House, Euston Road, London called ‘*Sharing the Church’s Story*’. Come and join 1000 Catholics who are passionate about the renewal of the Church in the UK and a host of dynamic speakers including the internationally renowned speaker and author, Bishop Robert Barron. So, whether you are a volunteer, parent, catechist, clergy, religious, or just want a boost for your faith life, then this conference is for you. Register/find out more? W:

www.sharingthechurchsstory.com

SPIRITUAL COMMUNION PRAYER OF ST ALPHONSUS

My Jesus, I believe that you are present in this Holy Sacrament of the altar. I love you above all things and I passionately desire to receive you into my soul.

Since I cannot now receive you sacramentally,
come spiritually into my soul
so that I may unite myself wholly to you
now and forever. Amen.

PRAYER FOR HEALTH STAFF

Wondrous God, author of life,
you fashioned us in your likeness
and breathed into us the life which is your own.
Be with those whose special care
is the health of mind and body.

Fill their hearts with awe for the life which is your gift
and sustain them daily in your service,
that their hands may bring to others
the comfort of your healing touch.
Through Christ our Lord. Amen.

PRAYER FOR THOSE AFFECTED

Merciful God, come to the help of your people.

Be our shelter in this time of peril
and strengthen the bonds of our community.

Bring healing to all who suffer
the ravages of disease and assist those whose skill and art
can put an end to this affliction.
Through Christ our Lord. Amen.