



## Newsletter

## Diocese of Arundel & Brighton 25<sup>th</sup> Sept. & 2<sup>nd</sup> Oct

### **THIS SUNDAY 25, 26<sup>th</sup> Sunday in Ordinary Time, Year C**

(Amos 6:1a, 4-7; 1 Timothy 6:11-16; Luke 16:19-31)  
6.00pm Saturday Convent Vigil Mass: The Corcoran Family RIP

9.15am Mass: People of the Parish.

11.15am Mass: For the wellbeing of Ryan Baker

### **MONDAY 26, Feria in Ordinary Time Week 26**

(Job 1:6-22; Luke 9:46-50) No Mass

4.00pm: Reception of the body of Nicholas Maxwell-Lawford RIP

### **TUESDAY 27, Mem: St Vincent de Paul, Priest**

(Job 3:1-3, 11-17, 20-23; Luke 9:51-56)

**10.00am Requiem Mass of Nicholas Maxwell-Lawford RIP**

### **WED. 28, Feria in Ordinary Time Week 26**

(Job 9:1-12, 14-16; Luke 9:57-62)

8.30am Mass at the Convent of the Poor Clares

### **THURSDAY 29, Feast: Sts Michael, Gabriel & Raphael, Archangels**

(Daniel 7:9-10, 13-14; John 1:47-51)

10.00am Mass: Intentions of George, Darlene Mary Imelda, John Mary & Mary Veronica Letey

### **FRIDAY 30, Mem: St Jerome, Priest, Doctor**

(Job 38:1, 12-21; 40:3-5; Luke 10:13-16)

10.00am Mass: Stephen Jayes RIP

### **SATURDAY 1, Mem: St Therese of the Child Jesus**

(Job 42:1-3, 5-6, 12-17; Luke 10:17-24)

10.00am Mass: William Oliver RIP

**2.30pm Animal Blessing Service**

6.00pm Mass: People of the Parish

### **NEXT SUNDAY 2, 27<sup>th</sup> Sunday in Ordinary Time, Year C**

Hbkkuk 1:2-3; 2:2-4; 2 Tim. 1:6-8, 13-14; Lk 17:5-10

9.15am Mass: Minnie Paradine RIP

11.15am Mass: Intentions of Elizabeth Stratford

### **MONDAY 3 Mem: Blessed Martyrs of Sussex**

(Acts 7: 55-60; Matthew 10: 17-20) No Mass

### **TUESDAY 4 Mem: St Francis of Assisi**

(Galatians 1:13-24; Luke 10:38-42)

\*8.30am Convent Mass: Peter, James, Francis & Henry Sherlock RIP

### **WED. 5 Feria in Ordinary Time Week 27**

(Galatians 2:1-2, 7-14; Luke 11:1-4)

8.30am Mass at the Convent of the Poor Clares

### **THUR. 6 Feria in Ordinary Time Week 27**

(Galatians 3:1-5; Luke 11:5-13)

10.00am Mass: Private Intention

### **FRIDAY 7 Our Lady of the Rosary**

(Galatians 3:7-14; Luke 11:15-26)

10.00am Mass: Michael Connors RIP

### **SATURDAY 8 Our Lady on Saturday**

(Galatians 3:22-29; Luke 11:27-28)

10.00am Mass: Alfred Ransley RIP

### **11.30am Diocesan Marriage Anniversaries Mass**

6.00pm Convent Mass: People of the Parish

### **NEXT SUNDAY 9, 28<sup>th</sup> Sunday, Year C**

(2 Kings 5:14-17; 2 Timothy 2:8-13; Lk 17:11-19)

9.15am Mass: Glenys Margarita Strudwick RIP

11.15am Mass: For prisoners & for Ted & Eileen Shepherd RIP

### **Emergency Telephone Numbers.**

Bognor Parish 01243 823619

Chichester Parish 01243 782343

Storrington Parish 01903 740338

Petworth Parish 01798 342169

**Cathedral House Parsons Hill Arundel West Sussex BN18 9AY**

**Tel: 01903 882297**

**Web Site: [www.arundelcathedral.uk](http://www.arundelcathedral.uk)**

**Email: [arundel@abdiocese.org.uk](mailto:arundel@abdiocese.org.uk)**

**Canon David Parmiter  
Cathedral Dean**

**Rev. Mr. David Clifton L.Th  
Deacon (Retired)**

**HIS MAJESTY KING CHARLES III** has expressed the wish that all in the Catholic community know of his gratitude for the many prayers that have been offered for the late Queen and for the Royal Family during these past weeks.

From Canon David:

#### **Covid-19 Update**

If you are not feeling well or have symptoms of Covid it would be prudent not to attend Mass or other services whilst you are ill. You are advised to wear a face covering. The arrangements for communion will change next weekend, returning to 2 simultaneous lines.

**CANON DAVID'S REFLECTIONS** will return on the weekend of 8/9 October.

**\*MASS ON 4<sup>TH</sup> OCTOBER** Canon David will celebrate a Mass at 8.30am at the Convent on Tuesday 4<sup>th</sup> October. There will be two Masses in the Cathedral on this day: 12 noon Diocesan Secondary Schools Pilgrimage Mass; 5pm The Diocesan Education Service Commissioning Mass. All are welcome

**PRISONERS' SUNDAY** is celebrated on 9<sup>th</sup> October this year with a collection for The Prison Advice and Care Trust PACT, the following Sunday 16<sup>th</sup> (to avoid clashing with the CAFOD Harvest Collection) It is the national day of prayer and action for prisoners and their dependants as marked by the Catholic Church and across the Christian denominations. It is a day to direct our thoughts and prayers to prisoners, their families and children. Bishop Richard will celebrate the 11.15am Mass on 9<sup>th</sup> here in the Cathedral.

**FINANCIAL MATTERS:** Thank you for your offering: 11<sup>th</sup> September: £175.20 + £93.00 (Gift Aid) = £268.20

Evangelii Gaudium Sunday: £158.86

Second Collections coming up:

**9<sup>th</sup> October:** CAFOD Harvest Fast Day Collection

**16<sup>th</sup> October:** Prisoners Sunday Collection

**23<sup>rd</sup> October:** World Mission Sunday (Missio)

**ANIMAL BLESSING SERVICE** Saturday 1<sup>st</sup> October 2.30pm followed (hopefully!) by tea in the Cathedral Centre – lower hall. **Are you someone who would like to be more involved in this service?** Do you have a favourite animal charity you'd like us to support? Can you help publicise the event? Help needed, call or e-mail Louise in the parish office.

**ELIZABETH STRATFORD** celebrates **twenty years** with the Cathedral next month leading the music and the choir and to mark this milestone and say thank you to Elizabeth I thought it would be good to come together after the 11.15am Mass on **9<sup>th</sup> October** for a drink and some light refreshments. As we have not been able to have a Parish social recently, this would also be a good opportunity to have a get together before the winter sets in! Thank you, Canon David.

**PARISH PROCLAIMER** Articles for the next edition of the Proclaimer needed! Deadline: Friday 4th November.

**CATHEDRAL OFFICE** Please note that Louise will be away from Monday 26<sup>th</sup> September – Friday 30<sup>th</sup> September. For anything urgent please call.

**COFFEE AFTER 9.15am MASS** in the Cathedral Centre - all are welcome.

**THE ROSARY** is prayed every Thursday after the 10am Mass in the Cathedral. All are welcome.

**SACRAMENT OF RECONCILIATION** is usually available between 10.30 and 11am on Saturday mornings or by arrangement via the Cathedral Office.

**SATURDAY EVENING MASS** resumes at the Convent **this week**. The time will be 6pm (not 6.15pm as before). This means that the Saturday evening Mass here at the Cathedral will cease. I am delighted we are returning to the convent for this Mass and look forward to joining the sisters for the celebration later next month. Canon David.

#### **DATES FOR YOUR DIARY – AT A GLANCE**

**24<sup>th</sup> September 1.00pm** Wedding

**24<sup>th</sup> September onward, 6pm** Mass at the Convent NOT in the Cathedral

**1<sup>st</sup> October 2.30pm** Animal Blessing Service

**4<sup>th</sup> October** Diocesan Secondary Schools Pilgrimage in the Cathedral

**7<sup>th</sup> October** CAFOD Harvest Fast Day

**8<sup>th</sup> October 11.30am** Diocesan Marriage Anniversaries Mass

**13<sup>th</sup> October 10.30am** Bereavement Group Coffee

#### **HELP NEEDED!**

Would you like to be part of a team to polish the Cathedral's silverware and help with mending Vestments?

We would meet in the Sacristy on the 4th Wednesday of the month, starting Wednesday 28th September, 10.30-12 noon.

A sedentary activity (all heavy lifting to be done for us) with ample opportunity for chats and laughs, and with coffee/tea provided. The work is light, easy but essential and rewarding.

All that and knowing that you're helping with a job that needs doing!

If you have difficulty with transport, just let us know.

Now, all obstacles dealt with –

**DON'T DELAY - SIGN UP TODAY**

for membership of this exclusive and fun team!

Contact: Cathedral office: 01903 882297 or SVP member Joanna Hall: 01903 882420



“THE SILVER STERLINGS”? Doing sterling work after all! You come up with a name.

**ST WILFRID'S PRIORY OPEN DAY** Tuesday 27<sup>th</sup> September 2-4pm. We'd love to show you round, join us, meet the team, stroll around the beautiful gardens and have a cuppa and cake. Call Cecilia Raggett 01903 882079.

**FILMING IN ARUNDEL** on Bond Street (and other areas of Arundel) continues until 7<sup>th</sup> October. Parking may become a little more difficult as some residents parking is moved to London Road and additional crew vehicles are in the area. You may want to allow a little extra time to get to Mass.

**CONVENT OF POOR CLARES, CROSSBUSH** write: Dear Friends After this long gap due to Covid, we hope to begin our **Taizé prayer** again on the last Friday of each month, (though not in December). For the moment we will modify our arrangements in the Chapel to minimise the risk of infection, but we hope that together we can have again that wonderful experience of prayer round the Cross that we had before. We hope to begin on: **FRIDAY 28<sup>th</sup> OCTOBER** at 7:15 **YOU ARE WELCOME!** If you would like to read the Scripture, let us know [arundel.poorclares@gmail.com](mailto:arundel.poorclares@gmail.com)

**WEEKDAY MASS IN THE WINTER** To try and keep our energy costs under control I am thinking about moving our weekday Masses (Tuesday to Saturday) into the Sacristy once it gets too cold to stay in the Cathedral. We can place a couple of stand-alone heaters and avoid using the Cathedral system, which cannot be isolated to heat one area. Already our monthly direct debit for Cathedral House gas has increased from £71.70 to £317.14, so I need to keep an eye on our usage both in the house and the Cathedral. Let me know what you think about weekday Mass in the Sacristy. Canon David

**PLEASE PRAY FOR** the people of Ukraine. We pray for all who have died recently, especially Nicholas Maxwell-Lawford. We pray for all those who are sick for whatever reason, that they might find healing and full recovery. For Ann Rowe, Paul Rumball, Lizzie Bennett, Pat Burton, Eve Larley, Richard Crosby, Sr Giles, Ann Ogunniyi, Benita Marshall, Jean Marc Fritz, Nick McMenemy, Pauline Rodmell, Andrew Naylor, Irena Ray-Crosby, Virginia Stewart, Ischia Gooda, Elizabeth Haviland, Thérèse Kemp, Indigo Ashworth, Fr Dominic O'Hara, Margaret and Terry Molland, and all in the local hospitals, hospices, the Priory or in their own homes.

**RUNNING THE LONDON VIRTUAL MARATHON FOR CONCERN WORLDWIDE** On 2nd October, parishioner Bryden Isbister will run the London Virtual Marathon to raise money for Concern Worldwide. Working across over 25 countries, Concern Worldwide delivers life-saving and life-changing interventions to some of the world's poorest and most vulnerable people. Concern's current work includes responding to the emergencies in Pakistan and Ukraine. The London Marathon app will monitor Bryden's 26.2 mile run on the day and upload the results live to the main London Marathon tracking boards. If you would like to sponsor Bryden go to: <https://www.justgiving.com/fundraising/concern-london-marathon-2022>

**FIRST COMMUNION 2023 APPLICATIONS NOW OPEN.** If your child is in Year 3 or above, a baptized catholic and would like to make their first communion, please complete the application form at: <https://forms.office.com/r/ECV92938mz> The course begins in November and requires a commitment to 10 Saturday morning meetings and regular attendance at Sunday Mass.

If your child is not baptized catholic but you live in the Arundel Parish and want to explore becoming a catholic, please contact the parish office.

**THE ST BERNADETTE RELICS** are currently on a tour across England, Scotland and Wales and will be in our Cathedral from 22-23 October. To ensure the comfort and safety of pilgrims, visitors are asked to register their attendance choosing a dedicated timeslot of their choice. You can register your free place by visiting the Relic Tour website here: <https://stbernadette.org.uk/registration/> We will need some help to welcome and direct our visitors. Can you spare some time? For our full programme and a short video about the tour see [St Bernadette Relic UK Tour – Arundel Cathedral](#) and contact Louise in the office to offer help.

**THE BARTIMAEUS PROJECT** returns at the end of the month with Season B – *Reasonable Faith* looking at the relationship between faith and science. Running for four Thursdays from Thur Sept 29<sup>th</sup>, 7.30pm – 9.30pm, there's an opportunity to listen to high quality input, share it in discussion and put questions to the speakers. You can join in person in the Parish Centre, Bognor, or at **Cathedral House , Arundel**, or you can join online – please see [www.bartimaeus-project.org](http://www.bartimaeus-project.org) for more details. We look forward to sharing this time of faith reflection with you.

**MISSIO/ RED BOX OPENING** Sunday October 23 is World Mission Sunday and the local Missio secretary Peter Cullinane asks boxholders to leave their box for counting as soon as they can either in the sacristy if at the time of a service, or at the Cathedral shop or office at other times. Alternatively, Missio is happy if you choose to open, count and remit the contents in any of these three ways, (cheques being made payable to Missio): Posting direct to Missio at 23 Eccleston Square, London SW1V 1NU. Leaving a cheque in an envelope marked Missio either in the sacristy, shop or office as above. Banking a cheque or making an online payment with the Ref ARU-001 - Sort code 16-00-16, account number 1082 4230 in the name of Missio. If you choose any of these 3 methods please inform Peter with your details and the amount either by leaving a note in the sacristy or by emailing: [pmcullinane@hotmail.com](mailto:pmcullinane@hotmail.com) in order to avoid unnecessary follow-up. Donations can be gift aided and forms will shortly be available in the sacristy. Missio's website address is: [www.missio.org.uk](http://www.missio.org.uk) Earlier this year £510 was collected from Red Boxes, but this included Covid delays.

## DIOCESAN RUN EVENTS:

**MARRIAGE ANNIVERSARIES MASS – Saturday 8 October 11.30am here in the Cathedral.** There are still places available for those who wish to join us for our annual Mass celebrating marriage. Bishop Richard will be presiding. Please do book [Events | Our Diocese \(abdiocese.org.uk\)](#) or contact Katherine [Katherine.bergin@abdiocese.org.uk](mailto:Katherine.bergin@abdiocese.org.uk) for further info.

**WE CAN ABOLISH SLAVERY IN OUR LIFETIME! Monday 17 October 11am – 12.30pm** If you want to learn about modern slavery and how you can make a difference you can engage in the fight against this modern-day scourge. More details on this and other anti-slavery events from Tessa Ricketts Social Action Adviser E: [tessa.ricketts@abdiocese.org.uk](mailto:tessa.ricketts@abdiocese.org.uk)

**BOOKINGS FOR WORLD YOUTH DAY ARE NOW OPEN!** Join the Diocesan Group attending World Youth Day in 2023 for an experience of fellowship, faith and jolly good fun! The pilgrimage is for anyone aged 18-35, who has a desire to celebrate their faith with like-minded people, we guarantee there is no other pilgrimage quite like it! Book your place at W: <https://abdiocese.churchsuite.com/events/laowefiv> or E: [lizzie.wakeling@abdiocese.org.uk](mailto:lizzie.wakeling@abdiocese.org.uk) for more info.

**AN EVENT FOR 14-17 YEAR OLDS** on 23 October at Worth Abbey. If you were Redshirt in Lourdes this year, or are interested in becoming a Redshirt next year, this is the event for you! Our Youth Adviser is coordinating a 'mini-Lourdes' experience with a chance for participants to spend some time with other young Catholics their age, having fun, being inspired in their faith and taking part in a candlelight procession. Once again contact E: [lizzie.wakeling@abdiocese.org.uk](mailto:lizzie.wakeling@abdiocese.org.uk) for information.

To find out about events hosted by the Diocese please visit our website events calendar W: <https://www.abdiocese.org.uk/diocese/events>

**A STUDY DAY** on Episode 2 of Bishop Robert Barron's 'Catholicism' course is being presented at Chilworth Abbey on **Saturday, October 1st**, on the teachings of Jesus. Mass at 9am, day concludes around 3.30pm. Bring a packed lunch. Tea and coffee provided. See: [www.chilworthbenedictines.com](http://www.chilworthbenedictines.com)

**ST PHILIP HOWARD CATHOLIC SECONDARY SCHOOL OPEN EVENING - Thursday, 29 September 2022: 5.00pm onwards** We are delighted to welcome prospective students, their parents and carers. Please come and discover all that SPH has to offer, meet our wonderful children and hardworking, committed and caring staff. In order to manage numbers, we'd kindly ask you to complete a booking form in advance to indicate when you hope to arrive (booking via link on website: [www.sphcs.co.uk](http://www.sphcs.co.uk)). Talks by the Headteacher, Mr Carter, will take place at 5.15pm, 6.15pm and 7.15pm. During your visit you'll be treated to a tour of the school by our wonderful children. School tours will also be available three mornings per week from **Monday 3 October - Friday 21 October** for you to see the school in action. Please make an appointment (01243 552055).

**DEC PAKISTAN FLOODS APPEAL** You can still contribute in the following ways:

**At CAFOD : [Donation to the DEC Pakistan Floods Appeal](#)**

**By post:** to the Pakistan Floods Appeal, please make your donation payable to the DEC Pakistan Floods Appeal, PO Box 999, London EC3A 3AA.

**By phone:** 0330 678 1000.

Donations can also be made to DEC appeals at your local **Post Office branch**.

Please pray for those affected [Prayer for those affected by the Pakistan Floods](#)

## SLINDON'S MACMILLAN COFFEE MORNING

Huge thanks to everyone involved in this splendid community effort at St. Richard's Church Slindon last Friday. We welcomed friends and parishioners from the village and nearby parishes, all contributing to a total on the day of £611.20 and estimate another £55 from Gift Aid donations, making a grand total of £666.20. Thank you to everyone involved in any way.

## CAFOD Family Fast Day 7<sup>th</sup> October – World Food Crisis Appeal

Millions of families are facing a food crisis that could be the worst in living memory. As each day goes by, the situation worsens. As people of faith we must act. Your donations can help CAFOD's local experts to provide emergency food supplies to families in the worst affected countries in East Africa and support communities around the world working hard to put food on the table. Please give today or start a monthly gift to CAFOD. Use the envelope for our parish collection or go to [cafod.org.uk/fastday](http://cafod.org.uk/fastday).

## SPIRITUAL COMMUNION

### PRAYER OF ST ALPHONSUS

My Jesus, I believe that you are present in this Holy Sacrament of the altar. I love you above all things and I passionately desire to receive you into my soul. Since I cannot now receive you sacramentally, come spiritually into my soul so that I may unite myself wholly to you now and forever. Amen.

### PRAYER FOR HEALTH STAFF

Wondrous God, author of life, you fashioned us in your likeness and breathed into us the life which is your own. Be with those whose special care is the health of mind and body. Fill their hearts with awe for the life which is your gift and sustain them daily in your service, that their hands may bring to others the comfort of your healing touch. Through Christ our Lord. Amen.

### PRAYER FOR THOSE AFFECTED

Merciful God, come to the help of your people. Be our shelter in this time of peril and strengthen the bonds of our community. Bring healing to all who suffer the ravages of disease and assist those whose skill and art can put an end to this affliction. Through Christ our Lord. Amen.