



Newsletter

Diocese of Arundel & Brighton

30th October 2022

All Masses are available via the Cathedral live stream on www.arundelcathedral.uk or [Church Services TV](#)

THIS SUNDAY 30, 31st Sunday in Ordinary Time, Year C

(Wisdom 11:22-12:2; 2 Thessalonians 1:11-2:2; Luke 19:1-10)

6.00pm Saturday Vigil Mass **at the Convent of Poor Clares:** For the intentions of Dorothy Cundall
9.15am Mass: Florence Eames RIP; 11.15am Mass: People of the Parish

MONDAY 31, Feria in Ordinary Time, Week 31

(Philippians 2:1-4; Luke 14:12-14) No Mass

TUESDAY 1, Solemnity: All Saints

(Apocalypse 7:2-4, 9-14; 1 John 3:1-3; Matthew 5:1-12a)

10.00am Mass: Judith Wood RIP

7.00pm: In thanksgiving Phil & Louise Sharp 25th Wedding Anniversary

WEDNESDAY 2, All Souls

(Wisdom 3:1-9; Romans 6:3-9; John 6:37-40)

8.30am Mass at the Convent of the Poor Clares

10.00am Mass in the Fitzalan Chapel: For all buried in the Fitzalan Chapel

THURSDAY 3, Feria in Ordinary Time, Week 33

(Philippians 3:3-8A; Luke 15:1-10)

10.00am Mass: Deceased members of the Bateman Family

FRIDAY 4, Mem: St Charles Borromeo, Bishop

(Philippians 3:17—4:1; Luke 16:1-8)

10.00am Mass: The Ottley Family

SATURDAY 5, Our Lady on Saturday

(Philippians 4:10-19; Luke 16:9-15) 10.00am Mass: Michael Fenn RIP

6.00pm Mass **at the Convent of Poor Clares:** People of the Parish

NEXT SUNDAY 6, 32nd Sunday in Ordinary Time, Year C

(2 Maccabees 7:1-2, 9-14; 2 Thessalonians 2:16-3:5; Luke 20:27-38)

9.15am Mass: Mr & Mrs de Zilva RIP; 11.15am Mass: All deceased priest who have served Arundel
3.00pm Blessing of Graves in the Cemetery

Emergency Telephone Numbers.

Bognor Parish 01243 823619

Chichester Parish 01243 782343

Storrington Parish 01903 740338

Petworth Parish 01798 342169

Littlehampton Parish 01903 731171

Cathedral House Parsons Hill Arundel West Sussex BN18 9AY

Tel: 01903 882297

Web Site: www.arundelcathedral.uk

Email: arundel@abdiocese.org.uk

**Canon David Parmiter
Cathedral Dean**

**Rev. Mr. David Clifton L.Th
Deacon (Retired)**

From Canon David:

Covid-19 Update

If you are not feeling well or have symptoms of Covid it would be prudent not to attend Mass or other services whilst you are ill.

You are advised to wear a face covering.

FINANCIAL MATTERS: Thank you for your offering: 22/23 October: £559.00 + £126.00 (Gift Aid) = £685.00

World Mission Sunday: £206.13

Second Collections coming up:

6th November: Retired Priest (may be Gift Aided)

20th November: Cathedral Maintenance Fund (may be Gift Aided)

SATURDAY EVENING MASS has resumed at the Convent. The time is 6pm (not 6.15pm as before). This means that the Saturday evening Mass here at the Cathedral has now ceased.

PARISH PROCLAIMER Articles for the next edition of the Proclaimer needed! Deadline: Friday 4th November.

THE ROSARY is prayed every Thursday after the 10am Mass in the Cathedral. All are welcome.

SACRAMENT OF RECONCILIATION is usually available between 10.30 and 11am on Saturday mornings or by arrangement via the Cathedral Office.

COFFEE AFTER 9.15am MASS in the Cathedral Centre - all are welcome. Coffee won't take place on Remembrance Sunday 13th November.

BLESSING OF GRAVES will take place on Sunday 6th November at **3pm** in St Philip's Cemetery. At the beginning of the service, prayers will also be said at the memorial to children lost before birth and to pray for the families suffering grief at their loss. After the service you are very welcome to the Cathedral Centre for refreshments which the Bereavement Team will provide.

DATES FOR YOUR DIARY – AT A GLANCE

Tuesday 1st November All Saints, Masses 10am & 7pm

Wed. 2nd Nov. All Souls 10am Mass in the Fitzalan Chapel

Sat. 5th Nov. 1pm Organ Recital – Robert Sholl

Sun. 6th Nov, 3pm Blessing of Graves & tea

Tue. 9th Nov. 10.30am Deanery Mass for Deceased Clergy

Thu. 10th Nov. 10.45am Bereavement Coffee

FIRST COMMUNION 2023 APPLICATIONS

NOW OPEN. If your child is in Year 3 or above, a baptized catholic and would like to make their first communion, please complete the application form at: <https://forms.office.com/r/ECV92938mz> The course begins in November and requires a commitment to 10 meetings and regular attendance at Sunday Mass. If your child is not baptized catholic but you live in the Arundel Parish and want to explore becoming a catholic, please contact the parish office.

WALSINGHAM PILGRIMAGE A big 'thank you' to Maria Whitehouse for organising the pilgrimage last week. A successful pilgrimage was had by all.

QUIET DAYS Tuesday 8 November 10am to 4pm

on the theme of "Taking Stock" at Sussex Heritage Centre, Arundel, BN18 9QY. Spend the day in beautiful surroundings with prayer resources, art and craft materials, gardens and countryside and river walks from the door. Bring a packed lunch. Cost £12 including refreshments. Optional spiritual direction sessions at an additional cost of £20. Also residential individually guided retreat **2 to 6 December**. For more details or to book see www.sussexheritage.co.uk or phone Maria on 01903 413606

PLEASE PRAY FOR the people of Ukraine.

We pray for all who have died recently, especially Bishop Howard Tripp.

We pray for all those who are sick for whatever reason, that they might find healing and full recovery.

For Ann Rowe, Paul Rumball, Lizzie Bennett, Pat Burton, Eve Larley, Richard Crosby, Sr Giles, Ann Ogunniyi, Benita Marshall, Jean Marc Fritz, Nick McMenemy, Pauline Rodmell, Andrew Naylor, Irena Ray-Crosby, Virginia Stewart, Peter Harley, Elizabeth Haviland, Thérèse Kemp, Indigo Ashworth, Fr Dominic O'Hara, Margaret and Terry Molland, Cora Gillies, John Maddams and all in the local hospitals, hospices, the Priory or in their own homes.

ADVENT & CHRISTMAS GOODS are now available in the Cathedral shop.

ADVENT RECONCILIATION SERVICE This year our service will take place jointly with Our Lady of England Parish in Storrington on Sunday 11th December at 4pm. The service will be at Our Lady of England Church, School Lane, Storrington, RH10 4LN. All are welcome. The Sacrament of Reconciliation is available in the Cathedral every Saturday after 10am Mass or by appointment.

LOVE IN A BOX The Mustard Seed Relief Mission is not running the Shoe Box appeal this year. See [Mustard Seed Relief Mission \(msrm.org.uk\)](http://MustardSeedReliefMission(msrn.org.uk)) for more details. They are now seeking to help by sending financial aid, if you wish to donate please send cheques payable to Mustard Seed Relief Mission, 213 Kings Drive, Eastbourne. BN21 2UJ, or by bank transfer to Mustard Seed Relief Mission. Sort code 52-41-00, Account No 40106802. If you have already put together a shoe box in anticipation of the usual appeal, please contact Louise in the Cathedral Office ASAP as there is a scheme running in Storrington parish, but it closes on 6th November.

ARUNDEL MEN'S BREAKFAST Christian Viewpoint – Keith Varney "MAF" (using light aircraft around the world to serve remote communities) Saturday 26 November 8.30a, The White Swan Hotel, Chichester Road, Arundel. Tickets £13000 from Castle Chocolates in Tarrant Street or Les Voke 01903 884156, Don Cooke 01243 551493, Philip Tout 01903 340578 or Richard Hobden 01903 770661.

VIRTUAL TOUR OF THE CATHEDRAL Future Virtual, with funding from the Friends of Arundel Cathedral, have created a Virtual Tour of our Cathedral. Using a special camera they have created a photographic visual model that allows you to navigate, using your computer or mobile phone, around all areas of the Cathedral. Key points on the tour have important historical information and links (including a link to the current edition of the Parish Proclaimer) - the tour provides a guidebook for the Cathedral. Instructions and a link to launch the Virtual Tour are on this webpage: <https://arundelcathedral.uk/arundel-cathedral-virtual-tour> The tour can also be accessed from the top of the front page of the website.

DIOCESAN RUN EVENTS:

CATECHISTS' DAY – Saturday 19 November 11am - 4pm at Worth School

A day of formation, reflection and conversation for current catechists and those interested in exploring this ministry. If you are involved or interested in working with Children's Liturgy, Baptism, First Holy Communion and Reconciliation, Confirmation or RCIA, you are very welcome to come along. Please sign up at: [Catechists' Day \(19-Nov-2022\)](#) · [ChurchSuite Events](#) E: Jon.Harman@abdiocese.org.uk for more information.

BOOKINGS FOR WORLD YOUTH DAY ARE NOW OPEN! Join the Diocesan Group attending World Youth Day in 2023 for an experience of fellowship, faith and jolly good fun! The pilgrimage is for anyone aged 18-35, who has a desire to celebrate their faith with like-minded people, we guarantee there is no other pilgrimage quite like it! Book your place at W: <https://abdiocese.churchsuite.com/events/laowefiv> or E: lizzie.wakeling@abdiocese.org.uk for more info.

A CALL TO HOLINESS: A series of online talks for young adults (18-35)

The series continues with a session on 'Everyday Discernment' where we will discover ways that we might be able to live according to God's will in our day to day decisions and actions. Don't worry if you missed the first talk, you can still join us on 14 November at 7.30pm on Zoom. E: lizzie.wakeling@abdiocese.org.uk for more information.

To find out about events hosted by the Diocese please visit our website events calendar W: <https://www.abdiocese.org.uk/diocese/events>

WEEKDAY MASS IN THE WINTER To try and keep our energy costs under control I am thinking about moving our weekday Masses (Tuesday to Saturday) into the Sacristy once it gets too cold to stay in the Cathedral. We can place a couple of stand-alone heaters and avoid using the Cathedral system, which cannot be isolated to heat one area. Already our monthly direct debit for Cathedral House gas has increased from £71.70 to £317.14, so I need to keep an eye on our usage both in the house and the Cathedral. Let me know what you think about weekday Mass in the Sacristy. Canon David

HELP NEEDED!

Would you like to be part of a team to polish the Cathedral's silverware and help with mending Vestments?

We would meet in the Sacristy on the 4th Wednesday of the month, next meeting on Wednesday 16th November, 10.30-12 noon.

A sedentary activity (all heavy lifting to be done for us) with ample opportunity for chats and laughs, and with coffee/tea provided. The work is light, easy but essential and rewarding.

All that and knowing that you're helping with a job that needs doing!

If you have difficulty with transport, just let us know.

Now, all obstacles dealt with –

DON'T DELAY - SIGN UP TODAY

for membership of this exclusive and fun team!

Contact: Cathedral office: 01903 882297 or SVP

member Joanna Hall: 01903 882420



“THE SILVER STERLINGS”? Doing sterling work after all! You come up with a name.

CONVENT OF POOR CLARES, CROSSBUSH

write: Dear Friends After this long gap due to Covid, we hope to begin our **Taizé prayer** again on the last Friday of each month, (though not in December). Next date: **FRIDAY 25th NOVEMBER at 7:15 YOU ARE WELCOME!** If you would like to read the Scripture, let us know arundel.poorclares@gmail.com

GATWICK DETAINEES WELFARE GROUP CHARITY

are appealing for men's clothing for detainees who arrive at Tinsley or Brook House, Gatwick often still in wet clothes from crossing the channel. What is required:
Mens only (mainly younger men) new or 2nd hand:-
Jeans; Jogging tops/bottoms; T Shirts; Trousers (waist 30/32/34); Shoes (7-10); Jackets; Shirts; Jumpers
Also:- Mens - new only: Underwear and socks
Items can be brought into the Cathedral Office or left in the box marked at the back of the Cathedral.

HOMES OR UKRAINE MATCHING SERVICE

Caritas Social Action Network, in partnership with St John of God Hospitaller Service, an international Catholic charity with many services for the vulnerable in the UK and Ireland, have launched a service to bring together Ukrainian people displaced by the brutal war in their country with people in the Catholic community willing to host them in their homes for six months. Once the match is confirmed the Ukrainian guest can apply for their visa. We know that coping with the cost-of-living-crisis will be the main concern for many people this winter, but if you have a room in your home and in your heart to consider welcoming a stranger displaced by war, then we'd love to hear from you. Please visit [SJOG - Homes for Ukraine Here to help](#) for more information.

DEC PAKISTAN FLOODS APPEAL You can still contribute in the following ways:

At [CAFOD : Donation to the DEC Pakistan Floods Appeal](#)

By post: to the Pakistan Floods Appeal, please make your donation payable to the DEC Pakistan Floods Appeal, PO Box 999, London EC3A 3AA.

By phone: 0330 678 1000. Donations can also be made to DEC appeals at your local **Post Office branch**. Please pray for those affected [Prayer for those affected by the Pakistan Floods](#)

WORTH ABBEY has a programme of retreats through the coming months including 'Time Out'; 'Finding Stillness' and 'Living with Loss'. See www.worth.co.uk For further information contact us: T: 01342 710318 E: retreats@worth.org.uk

ECUMENICAL TAIZE PRAYER SERVICE

Sunday 20 November 2022 at 4pm
at Our Lady of the Assumption RC church, Fairfield Road, Bosham PO18 8JH. 'Remember I am with you always...', light a candle and pray for the bereaved and those we have lost
Please join us. Refreshments to follow.

CHRISTMAS DAY LUNCH Don't be on your own on Christmas Day, you are warmly invited to lunch and festivities on Sunday 25th December at the Norfolk Centre, Mill Road, Arundel, BN18 9PA. Cost £5.00, transport available. For more information call 01903 883469.

SPIRITUAL COMMUNION PRAYER OF ST ALPHONSUS

My Jesus, I believe that you are present in this Holy Sacrament of the altar. I love you above all things and I passionately desire to receive you into my soul. Since I cannot now receive you sacramentally, come spiritually into my soul so that I may unite myself wholly to you now and forever. Amen.

PRAYER FOR HEALTH STAFF

Wondrous God, author of life, you fashioned us in your likeness and breathed into us the life which is your own.

Be with those whose special care is the health of mind and body.

Fill their hearts with awe for the life which is your gift and sustain them daily in your service, that their hands may bring to others the comfort of your healing touch.

Through Christ our Lord. Amen.

PRAYER FOR THOSE AFFECTED

Merciful God, come to the help of your people.

Be our shelter in this time of peril and strengthen the bonds of our community.

Bring healing to all who suffer the ravages of disease and assist those whose skill and art can put an end to this affliction.

Through Christ our Lord. Amen.