



Newsletter

Diocese of Arundel & Brighton

21<sup>st</sup> May 2023

Sunday Masses are available via the Cathedral live stream on [www.arundelcathedral.uk](http://www.arundelcathedral.uk)

**THIS SUNDAY 21, 7<sup>th</sup> Sunday of Easter, Year A**

(Acts 1:12-14; 1 Peter 4:13-16; John 17:1-11a)

6.00pm Mass **at the Convent:** Private Intention

**9.15am Mass: First Communion Mass:** People of the Parish; 11.15am Mass: Noreen Crotty RIP

3.00pm Epsom/Redhill Deanery Confirmation Mass

**MONDAY 22, Monday after the Seventh Sunday of Easter**

(Acts 19:1-8; John 16:29-33) No Mass

**TUESDAY 23, Tuesday after the Seventh Sunday of Easter**

(Acts 20:17-27; John 17:1-11a)

10.00am Mass: Margaret Moby RIP

**WEDNESDAY 24, Wednesday after the Seventh Sunday of Easter**

(Acts 20:28-38; John 17:11b-19)

8.30am Mass at the Convent of Poor Clares

**THURSDAY 25, Mem: St Bede the Venerable, Priest, Doctor**

(Acts 22:30; 23:6-11; John 17:20-26) No Mass

**FRIDAY 26, Mem: St Philip Neri, priest**

(Acts 25:13b-21; John 21:15-19) 10.00am Mass: For Vocations to the Priesthood

**SATURDAY 27, Feast: St Augustine of Canterbury, Bishop**

(Acts 28:16-20, 30-31; John 21:20-25) 10.00am Mass: For the wellbeing of Jean-Marc Fritz

3.00pm Lewes Deanery Confirmation Mass

6.00pm Mass **at the Convent:** People of the Parish

**NEXT SUNDAY 27, Pentecost Sunday, Year A**

(Acts 2:1-11; 1 Corinthians 12:3b-7, 12-13; John 20:19-23)

9.15am Mass: First Communion Mass: Hugh Doherty RIP; 11.15am Mass: Sheila Cuming RIP

3.00pm Worthing Deanery Confirmation Mass

**Emergency Telephone Numbers.**

Bognor Parish 01243 823619

Chichester Parish 01243 782343

Storrington Parish 01903 740338

Petworth Parish 01798 342169

Littlehampton Parish 01903 731171

**Cathedral House Parsons Hill Arundel West Sussex BN18 9AY**

**Tel: 01903 882297**

**Web Site: [www.arundelcathedral.uk](http://www.arundelcathedral.uk)**

**Email: [arundel@abdiocese.org.uk](mailto:arundel@abdiocese.org.uk)**

**Canon David Parmiter  
Cathedral Dean**

**Rev. Mr. David Clifton L.Th  
Deacon (Retired)**

**THIS SUNDAY IS** World Communications Day and the theme comes from Ephesians 4:15, **Speaking with the heart. "The truth in love"**. The call to speak with the heart, radically challenges the times in which we are living, which are so inclined towards indifference and indignation, at times even on the basis of disinformation which falsifies and exploits the truth. *Pope Francis* You can read [Pope Francis' message for the day](#), visit a page of [prayers and intercessions](#), and, if you feel you can, [support the work](#) of the new Communications Directorate of the Bishops' Conference. There will be a second collection today.

#### **DATES FOR YOUR DIARY – AT A GLANCE**

**Saturday 20<sup>th</sup> 1pm** Organ Recital – Robert Sholl  
**Sunday 21<sup>st</sup> 9.15am** First Communion Mass  
Thursday 1<sup>st</sup> June 12 noon Mass for Jubilarian Priests of the Diocese – all welcome (no 10am Mass)

#### **FINANCIAL MATTERS**

Many parishioners now donate by setting up a standing order from their bank. This is usually made monthly but can be at other regular intervals such as weekly, quarterly or annually. This is a very convenient method and is a great help to the parish to have the certainty of this regular income. The amount the parish receives, averaged on a weekly basis, is £800. In order to reflect this, we now include this amount when reporting last week's offertory.

13/14 May Received by standing order	800
Cash in Gift Aid envelopes	158
Cash not gift aided	278
	<u>£1,236</u>

Budget	<u>£1,250</u>
Missionary Endeavour of the Diocese	£492

**GIFT AID** If you are a taxpayer and don't already Gift Aid your donations please speak to or e-mail Martin Hall on [ga.arundel@abdiocese.org.uk](mailto:ga.arundel@abdiocese.org.uk) or the Cathedral Office.

#### **FINANCE**

If you wish to make a donation to the Cathedral online, there are now **three ways** to do this:

Direct to the Cathedral bank account:

Bank: HSBC, 69 Pall Mall, London

Account Name: Arundel Cathedral

Sort Code: 40 05 20

Account No.: 41076566

Or via the parish website [Arundel Cathedral – Arundel Cathedral](#) there is a 'Click to donate..' button at the top of the home page. You can Gift Aid via this method.

Or via the Diocesan website at: [Donate · ChurchSuite Donate](#) you can Gift Aid via this method.

**DONATION DEVICES** We have two donation devices in the Cathedral where you can donate by card, and you can Gift Aid your donations. One is positioned near the north door, and the other device is by the West door. We also have a poster and banner with a QR code to make donations.

#### **2<sup>nd</sup> Collections**

**THIS WEEKEND:** World Communications Sunday **28<sup>th</sup> May** Corpus Christi costs

**CANON DAVID** is away at the Diocesan clergy in-service training Wed 24<sup>th</sup> – Thur 25<sup>th</sup> May (midday to midday) There will be no Mass on Thursday this week.

**CONGRATULATION** to our First Holy Communion group who will receive the sacrament for the first time this Sunday. Many thanks to our catechists for accompanying them on their journey.

**THE ROSARY** is prayed every Thursday after the 10am Mass in the Cathedral. All are welcome.

**COFFEE AFTER 9.15am MASS** in the Cathedral Centre - all are welcome.

**HYMN BOOK AMNESTY** We have run very short of Celebration Hymnals and wonder if they are lurking in homes, cars, handbags, manbags, shelves etc. If you have a hymn book at home, please bring it back to the church for use at Sunday Masses. Many thanks

**CONFIRMATION** Please pray for all the young people being confirmed in the Cathedral this year, and especially for two of our parishioners Bethan and Molly who will be confirmed this month.

**THROUGH MARY TO JESUS: 28 APRIL TO 31 MAY** Journey as part of parish group for 33 days with 10 minutes of daily prayer and reading and weekly meetings to a deeper understanding of how Our Lady can help us become closer to Jesus, ending on the Feast of the Visitation 31 May with a short dedication to Our Lady. 11am - 12 noon in the Cashman Room at the Cathedral Centre. All welcome. Booklet provided. Tel: Maria on 01903 413606 if you have any queries.

**SACRAMENT OF RECONCILIATION** is usually available between 10.30 and 11am on Saturday mornings or by arrangement via the Cathedral Office.

**LITURGY OF THE WORD WITH CHILDREN**  
**next sessions:** 28th May; 25th June

**PENTECOST SUNG EVENING PRAYER** at Our Lady of England Church, Storrington, Sunday 28<sup>th</sup> May, 6pm, followed by refreshments. All welcome

#### **CATHEDRAL DEANERY FORMATION FOR THE MINISTRY OF WELCOME – Saturday 17 June 2023 9am – 12.30pm**

at the St Philip Howard Catholic High School, Barnham

All welcomers, stewards, clergy and those interested in the Ministry of Welcome are invited to join a day of reflection and conversation about this important ministry. We will be considering the stewardship of our communities in the light of the Pastoral Plan and how our ministry is a sign of welcome to all. Led by Margaret Fraher, Diocesan Inclusion Adviser E: [formation@abdiocese.org.uk](mailto:formation@abdiocese.org.uk) Please sign up here [Cathedral Deanery formation for the Ministry of Welcome \(17-Jun-2023\) · ChurchSuite Events](#)

#### **TRAIN TO TEACH WITH XAVIER TEACH**

**SOUTHEAST** Come and meet online on Thursday 8<sup>th</sup> June 11am at <https://us06web.zoom.us/j/82938444741> To find out more see [www.teachsoutheast.co.uk](http://www.teachsoutheast.co.uk) or the poster on the Cathedral website.

**CELEBRATION OF CORPUS CHRISTI** Many thanks to the many people who have volunteered to help with the carpet of flowers and associated work. If you haven't been in touch – it's not too late, just call or drop an e-mail to the parish office.



## 150<sup>th</sup> Anniversary



### Corpus Christi needs You!

Volunteers are needed to help bake cakes in advance and/or offer your time with the Happy Team of Caterers in the Cathedral Centre to help serve visitors tea, coffee, sandwiches and cakes on the 7<sup>th</sup> and 8<sup>th</sup> June 2023.

If you would like to know more please contact me:



Adam Vernon 07845 404 801



\*\*There is a meeting this **Wednesday 24<sup>th</sup> May at 7pm** in the Cathedral Centre for anyone interested in helping with the catering\*\*

We will take a **collection** on Sunday 28<sup>th</sup> May to help towards the costs of the event. In addition, should anyone want to sponsor an arrangement in memory of a loved one or for a particular intention, please contact Louise in the parish office.

Finally, it's never too late to offer your help an hour or a day, all are welcome.

### QUIET DAY LIVING THE RESURRECTION

**FRIDAY 2 JUNE** at Sussex Retreat and Heritage Centre, Arundel. Spend a day of peace and reflection from 9.45am to 4pm. Prayer resources, art and craft materials, beautiful surroundings. Cost £15. Optional sessions of spiritual direction available. **Individually Guided Residential Retreat** from Friday 2 June for 2 or 3 days. Quiet Breaks also available. See [www.sussexheritage.co.uk](http://www.sussexheritage.co.uk) or Maria 01903 413606.

**PLEASE PRAY FOR** the people of Ukraine and Sudan. We pray for all who have died recently. We pray for all those who are sick for whatever reason, that they might find healing and full recovery. For Ann Rowe, Paul Rumball, Lizzie Bennett, Pat Burton, Eve Larley, Richard Crosby, Paul Walker, Ann Ogunniyi, Benita Marshall, Jean Marc Fritz, Nick McMenemy, Pauline Rodmell, Andrew Naylor, Irena Ray-Crosby, Virginia Stewart, Thérèse Kemp, Elizabeth Haviland, Indigo Ashworth, Sylvia Reilly, Fr Dominic O'Hara, Margaret and Terry Molland, Elizabeth Davison, Julia Bentham and all in the local hospitals, hospices, the Priory or in their own homes.

**SATURDAY MORNING MASSES** Please note that Confirmation season is now underway and in celebration of the 150<sup>th</sup> Anniversary of the Cathedral, all Diocesan Confirmation will take place here. This means that between 22<sup>nd</sup> April and 15<sup>th</sup> July there are 19 additional Masses here on Saturdays and Sundays. In order to accommodate this some **Saturday morning Masses will be moved to the earlier time of 9.30am** – please check the newsletter during these months.

**COMMUNION UNDER BOTH KINDS** For the next rota beginning this weekend, only 5 Extraordinary Ministers of Holy Communion have offered their service for 9.15am Mass and 5 for 11.15am Mass, therefore there are some Sundays when it will not be possible to offer communion under both kinds.

### FUNDRAISING FOR MACMILLAN CANCER

**SUPPORT** Adam Vernon is walking to raise funds for Macmillan 50k in June and 100k in September. To find out more and to donate, go to: [Adam Vernon is fundraising for Macmillan Cancer Support \(justgiving.com\)](http://AdamVernon.is.justgiving.com)

**MARY'S MEALS** is recruiting a supporter engagement officer for London and the Southeast. "The role is fully remote with optional working from the London office available. We're looking for someone with passion and personality to help grow the Mary's Meals movement in London & South East. Mary's Meals is a global movement supported by people from all walks of life and we are focused on one goal – that every child receives a nutritious daily meal in a place of education." For full details see [here](#)

### DIOCESAN RUN EVENTS:

**THE ASCENT FOR YOUNG PEOPLE (15-18)** – Tuesday 23 May at 7.30pm. This brilliant programme for teens includes regular retreats at Worth Abbey and a great opportunity for them to make wonderful Catholic friends to provide mutual support as they strive to live out their faith. This is an online session hosted by the Diocesan Youth Adviser find out more: E: [lizzie.wakeling@abdiocese.org.uk](mailto:lizzie.wakeling@abdiocese.org.uk) for details.

**ANNUAL PILGRIMAGE DAY TO WEST GRINSTEAD FOR GRANDPARENTS** and all those who fulfil this role in so many different ways. Wednesday 14 June 2023 11- 3pm. Booking is now available through the diocesan website.

**MASS FOR ENGAGED COUPLES** – Friday 16 June 2023 7pm at Arundel Cathedral

As part of your journey to marriage we invite you to join Bishop Richard for a special Mass. This will be followed by refreshments in the Cathedral Centre. To register your interest please sign up here: [Mass for Engaged Couples \(16-Jun-2023\) · ChurchSuite Events](#)

**CELEBRATING THE FEAST OF ST JOACHIM & ST ANNE MASS & Afternoon Tea** - Saturday 22 July 2023 2.30pm at Arundel Cathedral  
Pope Francis calls us to this annual celebration for Grandparents and the more senior members of our community. Please sign up here: [Celebrating the Feast of St Joachim and St Anne \(22-Jul-2023\) · ChurchSuite Events](#)

Visit the Diocesan website events calendar W: <https://www.abdiocese.org.uk/diocese/events>

**RETREATS AND DAYS**, May-July 2023 at The House of Prayer, East Molesey. Guided weekend retreats, quiet days and more. See [The House of Prayer \(christian-retreat.org\)](http://TheHouseofPrayer.christian-retreat.org)

**VOCATIONS WEEKEND FOR WOMEN (20s & 30s).** Theme: Discerning God's Call in your life Dates: 26-28 May in Liverpool. The weekend is organised by the Sisters, Faithful Companions of Jesus (FCJ). For more information contact Sr Lynne fcJ at [fcjvocationeurope@gmail.com](mailto:fcjvocationeurope@gmail.com) or visit our website [www.fcjsisters.org](http://www.fcjsisters.org)

**CATHEDRAL 150<sup>TH</sup> ANNIVERSARY** The Cathedral was opened on 1<sup>st</sup> July 1873 and will therefore celebrate 150 years as a presence here in Arundel during 2023.

There are lots of additional concerts throughout the year (see the poster on our website, the touchscreen in the Cathedral and a poster in the Cathedral) and all of the Diocesan Confirmation Masses are taking place here. **Can you offer your help? Welcomers** are always needed, especially when we have visitors who are unfamiliar with the Cathedral.

**Thank you** to those who have already offered help for Friday 30<sup>th</sup> June when we will celebrate with Vespers and on Saturday 1<sup>st</sup> July for the Diocesan Mass, we will be in touch after Easter.

Anyone who has asked to attend will be held on a waiting list while we manage the numbers.

If you would like to offer help to organise a **parish event** on the following **Sunday 9<sup>th</sup> July** please speak to Canon David or contact the parish office.

**FROM CAFOD:** Did you know that Church teaching says that we should not only support those in poverty but also tackle the root causes of poverty? Pope Benedict XVI said that "Love — caritas — is an extraordinary force which leads people to opt for courageous and generous engagement in the field of justice and peace." For decades CAFOD has spoken out against injustice. To find out more and get involved in tackling the root causes of poverty, please go to <https://cafod.org.uk/latestcampaigns>

#### **ST RICHARD'S CATHOLIC COLLEGE -**

Principal required from January 2024 Group 6 NOR, 1040 pupils (11-16) Salary range: L29-L35 11-16 Mixed Voluntary Aided Catholic Comprehensive - Ashdown Road, Bexhill-on-Sea, East Sussex TN40 1SE

Due to the retirement of the current Principal, the Governors are offering an exciting opportunity to recruit an inspirational and caring Catholic headteacher who will lead the school with passion, ambition and integrity, further developing and delivering our mission and strategic vision.

Further details can be found on the school website [St Richard's Catholic College | Vacancies](http://Strichardsc.com) ([strichardsc.com](http://Strichardsc.com))

**WORTH ABBEY** Time Out: Individual self-guided retreats - 26-30 June, 1-6 August. Cost: £90 per person, per night, minimum booking 2 nights. Spend time at Worth Abbey enjoying the rhythm of the monastic prayer and liturgy, time in reflection and the peace of the Sussex countryside Places are limited for all retreats, so book your place early to avoid disappointment. For further information please contact T:01342 710318, E:retreats@worth.org.uk or W: [Worth Abbey Projects – Retreats, school lettings, farm and shop at Worth Abbey](#)

#### **DIOCESAN LOURDES PILGRIMAGE**

Applications from pilgrims requiring assistance to journey with the Diocese Pilgrimage to Lourdes this summer are back to pre-Covid numbers – which is wonderful news, but it does mean we now need lots of helpers, nurses and HCA's to apply to make sure we have enough people to care for them in Lourdes.

"Being a helper is an act of service that many of us do not get to offer during our day to day lives. Giving our time and care for a week in Lourdes can make such a positive impact on the life and wellbeing of the people we help, and ourselves. There are many ways that you can help someone, the first step is to apply!"

Further information and a link to the application is available on the [Lourdes Pilgrimage \(abdiocese.org.uk\)](http://Lourdes Pilgrimage (abdiocese.org.uk)) website.

The diocesan pilgrimage to Lourdes takes place 28 July to 3 August for those travelling by air, or 27 July to 4 August for those travelling by coach or jumbulance.

The cost for Helpers and Clinicians is £680 (subsidised) or £850 full price. There are further subsidies which may be available.

**THE CATENIANS** are keen to support young people financially to go to Lourdes, have you thought about going but the cost is too much? See more information and apply at [Lourdes Awards \(catenianbursary.com\)](http://Lourdes Awards (catenianbursary.com))

#### **SPIRITUAL COMMUNION PRAYER OF ST ALPHONSUS**

My Jesus, I believe that you are present in this Holy Sacrament of the altar. I love you above all things and I passionately desire to receive you into my soul.

Since I cannot now receive you sacramentally,  
come spiritually into my soul  
so that I may unite myself wholly to you  
now and forever. Amen.