Arundel Cathedral Ministry of Consolation

The risk of love is loss, and the price of loss is grief. Whatever your loss

WE ARE HERE TO LISTEN AND SUPPORT











Betsy

Margaret

Mary

Sandra

Pauline

We are all trained bereavement facilitators. Betsy is a semi-retired teacher and former SENDCO with mental health training. Margaret is a retired civil servant with years of experience with Samaritans. Mary is a retired teacher, including those with special needs, and has counselling qualifications. Sandra is a retired GP; she is also a founder and volunteer at St Wilfrid's Hospice where she practises bereavement support. Pauline is a retired teacher and a qualified counsellor with many years' experience in private practice; she was also a facilitator in Beginning Experience in Catholic Ministry for separated, divorced or widowed.

If you have experienced loss, we are available to support you. We can talk on the phone or meet in person to help you on your journey. You can contact us MOC@arundelcathedral.uk or via the Cathedral on 01903 882297. If you see us in cathedral, please feel free to speak to us.

Why not drop in for a Cuppa & Chat at the Cathedral Centre every 2nd Thursday of the month between 2.00 and 3.00 pm.