

The Catholic Community of  
Arundel & Storrington  
5th Sunday of Easter, Year A  
3rd May 2026



<b>Contact us</b>	<p>Priest: Fr Stephen Dingley Deacons: Rev Roger Stone <a href="mailto:roger.stone@abdiocese.org.uk">roger.stone@abdiocese.org.uk</a>; Rev David Clifton (Retired) Secretary: Louise Sharp Cathedral House, Parsons Hill, Arundel, BN18 9AY 01903 882297 <a href="mailto:arundel@abdiocese.org.uk">arundel@abdiocese.org.uk</a> <a href="http://www.arundelcathedral.uk">www.arundelcathedral.uk</a> and <a href="http://Our Lady Of England">Our Lady Of England</a></p> <p>Safeguarding Rep (Storrington): Theresa Byrne - 01903 744790 Safeguarding Rep (Arundel): Caroline Phillips—07503 387409 <a href="mailto:sg1.arundel@abdiocese.org.uk">sg1.arundel@abdiocese.org.uk</a> Diocesan Safeguarding Office: 01293 651148, <a href="mailto:safeguarding@abdiocese.org.uk">safeguarding@abdiocese.org.uk</a></p>												
<b>Our Churches</b>	<p>The Cathedral Church of Our Lady and St Philip Howard, London Road, Arundel, BN18 9AY Our Lady of England, School Lane, Storrington, RH20 4LN Convent of Poor Clares, Crossbush, Arundel, BN18 9PJ</p>												
<b>Live Stream</b>	<p>Masses from the Cathedral are livestreamed and are available via the Cathedral website <a href="http://www.arundelcathedral.uk">www.arundelcathedral.uk</a> or <a href="https://www.churchservices.tv/arundel">https://www.churchservices.tv/arundel</a></p>												
<b>Catholic Schools</b>	<table border="0"> <tr> <td>St Philip’s Catholic Primary School</td> <td>London Road, Arundel, West Sussex BN18 9BA</td> <td></td> </tr> <tr> <td>01903 882115</td> <td><a href="mailto:office@st-philips.w-sussex.sch.uk">office@st-philips.w-sussex.sch.uk</a></td> <td>Headteacher: Mrs Thérèse Pullan</td> </tr> <tr> <td>St Philip Howard Catholic School</td> <td>Elm Grove South, Barnham, West Sussex PO22 0EN</td> <td></td> </tr> <tr> <td>01243 552055</td> <td><a href="mailto:office@sphcs.co.uk">office@sphcs.co.uk</a></td> <td>Headteacher: Mr Tim Hulse</td> </tr> </table>	St Philip’s Catholic Primary School	London Road, Arundel, West Sussex BN18 9BA		01903 882115	<a href="mailto:office@st-philips.w-sussex.sch.uk">office@st-philips.w-sussex.sch.uk</a>	Headteacher: Mrs Thérèse Pullan	St Philip Howard Catholic School	Elm Grove South, Barnham, West Sussex PO22 0EN		01243 552055	<a href="mailto:office@sphcs.co.uk">office@sphcs.co.uk</a>	Headteacher: Mr Tim Hulse
St Philip’s Catholic Primary School	London Road, Arundel, West Sussex BN18 9BA												
01903 882115	<a href="mailto:office@st-philips.w-sussex.sch.uk">office@st-philips.w-sussex.sch.uk</a>	Headteacher: Mrs Thérèse Pullan											
St Philip Howard Catholic School	Elm Grove South, Barnham, West Sussex PO22 0EN												
01243 552055	<a href="mailto:office@sphcs.co.uk">office@sphcs.co.uk</a>	Headteacher: Mr Tim Hulse											

We often hear it said, don’t we, that there are lots of ways to God: all religions are about as good as each other. Even more often we hear people say that they are “spiritual, but not religious”: they believe in “something”, but are very non-specific about *what*—let alone *who*—that “something” is. And they don’t want to be specific either. Nice and vague and woolly is just fine, and—let’s be honest—delightfully unchallenging. I can just pick the bits I like and neatly sidestep anything uncomfortable.

Then along comes Jesus with His typically staggering claim: “I am the way, and the truth, and the life.” Not “a way, a truth, or a life”. The real thing—the one and only. It makes all the difference. On the one hand it’s super-challenging. Jesus spent His whole public life teaching. He thought His truth matters. So we should too: not just the easy bits, but the whole lot. It’s the truth that will set us free (cf. John 8:32). On the other hand, it opens the door to being loved and personally chosen by God Himself. “You did not choose me, but I chose you and appointed you to go and bear fruit.” (John 15:16). If Jesus is only one way among many, then His love is only one among many. If our religion is vague and woolly, so is the love we can expect, and so is our hope for everlasting life.

There is absolutely no place in our lives for religious hatred or prejudice. But that must never stop us humbly proclaiming the one, true, living way, who is Jesus.

*God bless, Fr Stephen*

## No changes to Masses this coming week.

**Tuesday Drop In** Next meeting: Tuesday 5 May, in the Cathedral Centre, lower hall 2 to 4pm, All welcome for tea/coffee, friendly chat, board games. Lifts available, please contact Maria on 07413 267267.

**Storrington Ecumenical Prayers** – 1<sup>st</sup> Tuesday of the month 9.15am – 9.45am in the Priory Library: Next meetings 5 May; 2 June; 7 July.

**Parish Course on Pope Francis's encyclical *Evangelii Gaudium*** (The Joy of the Gospel). This encyclical is being read through and discussed sessions continue on Saturdays in Storrington from 10-11.30 am with tea and coffee available. Everyone is welcome.

**Are you interested in becoming a Catholic**, or just exploring what this entails? If so, please speak to Fr Stephen, Deacon Roger or e-mail the parish office. We will soon be beginning our "**Explorers Group**" again, running roughly once a month on Tuesday evenings in the Cathedral Centre at 7.30pm. We will be offering refreshments and conversation about our search for God in our lives in a friendly, open atmosphere, with no pressure, and all opinions and ideas welcome. No commitment is required to begin this - only a desire to discover a little more about Jesus and the Catholic faith. Dates for the forthcoming meetings are: **12 May, 9 June, and 7 July**. We very much look forward to seeing you then. Why not invite a friend?

**Men's Breakfast Gatherings** We are excited to launch a new, monthly Men's Breakfast Gathering at Arundel Cathedral Centre. The idea is to create a relaxed environment which provides an opportunity for us to grow in our faith by getting to know others better and building friendships. There is no agenda and no pressure but men 18 years+ will be very welcome to come along. Join us for our inaugural meeting on Saturday, 4<sup>th</sup> July at 8.30am. Bring a friend! If you would like to be involved in the preparation of the food and drink, contact Deacon Roger Stone: [roger.stone@abdiocese.org.uk](mailto:roger.stone@abdiocese.org.uk) See the posters for more details.

**Corpus Christi** —The Carpet of Flowers will be laid week commencing 1st June and open to the public on Wednesday 3rd and Thursday 4th, with Mass at 5.30pm on 4th June followed by the procession to the Castle for Benediction and back to the Cathedral (weather permitting!). Here are some of the ways in which you can help:

**Stewarding** during the open days—Wed: 9.30am—7pm & Thu: 9.30am until after the Mass and Procession.

**Heavy lifting!** The flower team need help with lifting and moving buckets of flowers etc on: Sat 30<sup>th</sup> May - morning, Sunday 31<sup>st</sup> May – afternoon and most of the day on Monday and Tuesday 1<sup>st</sup> & 2<sup>nd</sup> June – can you offer a bit of time for this?

Contact [arundel@abdiocese.org.uk](mailto:arundel@abdiocese.org.uk) or call 01903 882297 letting us know what days/times you might be able to offer. Thanks so much.

**Cakes** Can you bake a cake for the Corpus Christi refreshments at the Cathedral Centre? We always need more bakers. Cakes can be brought to the Cathedral Centre from Tuesday 2<sup>nd</sup> June. If you are making anything gluten free, please label it. You can contact Adam Vernon direct on [adam.vg@hotmail.co.uk](mailto:adam.vg@hotmail.co.uk)

**Refreshments at the Centre** Can you help over the two days with: preparing sandwiches and serving customers with tea, coffee and cakes etc. Ideally offers of morning (9am – 1pm) or afternoon (1pm to 5pm) are helpful, but a couple of hours here and there are welcome. You can contact Adam Vernon direct on [adam.vg@hotmail.co.uk](mailto:adam.vg@hotmail.co.uk)

**Ascension Day Mass at the Cathedral** on Thursday 14<sup>th</sup> May at 10am Mass we are delighted to be joined by the pupils and staff of St Philip's School for this Mass who will take active roles. Mass in Storrington on this day will be at 7.30pm.



St Vincent  
de Paul Society  
England and Wales  
Turning Concern into Action

There are SVP Groups in Arundel and Storrington who meet regularly and can offer help and support. If you, or someone you know, would like a friendly visit or help in any way or you would like to know more, please contact the parish office.

**Arundel Cathedral Choir** will be singing Mass at 6pm on Saturday 30 May at Westminster Cathedral. All are welcome to attend.

**The Storrington SVP Group** thank you for your kind donations of toiletries for the basket at the back of the Church at Our Lady of England. The Wholesome Warehouse have expressed their appreciation on behalf of their clients. It makes a big difference. As we head into the summer months, items like **sunscreen** would be very helpful additions. We kindly ask that no unwanted or leftover prescription items are donated, for safety reasons. Again, thank you so much for your generosity and support.

**Mental Health Awareness training – Saturday 9 May 2026 10-3pm at the St Philip Howard Centre, Crawley - Tickets are just £40 per delegate (usual price £120)** One of the challenges that we are experiencing in our modern world is the growing number of people, of all ages, experiencing the darkness and challenge of various mental health conditions. Thanks to the support of Mental Health England, we are able to offer this training, to explore the realities, symptoms and impact of living with these many debilitating conditions. Thanks to the support of the trainer, we are able to highly subsidise the event. To register go to the Events page of the Diocesan website W: [Events | Our Diocese](#) Any questions contact Deacon Simon South, Marriage & Family Life Adviser at E: [simon.south@abdiocese.org.uk](mailto:simon.south@abdiocese.org.uk)

**House of Prayer, East Molesey** for retreat opportunities this spring see: [Programme | Retreats and Events at the House of Prayer – The House of Prayer](#)

**Saying Goodbye**, (part of Mariposa International) are returning to Chichester Cathedral with a Baby loss remembrance and support service on the 9<sup>th</sup> May at 3pm, all are welcome. Mariposa International's core objective is to support people who have lost babies at any stage of pregnancy, at birth, or in infancy. To read more on the charity, please see: [Saying Goodbye - Global Baby Loss Support and Services](#)

**Table Top Sale for the regional SVP** Saturday 9th May at the former St Charles Borromeo Church, located at the junction of Ham Road and Chesswood Road, Worthing. Doors open at 10am. Please come along, find some bargains, and support a great cause!

**Vocations Weekend for Women (20s and 30s) - Discerning God's Call in your life 15th - 17th May**, Liverpool, organised by the Sisters, Faithful Companions of Jesus (FCJ). If you are wondering if God is calling you to religious life and would like to find out more why not come along? More information from Sr Lynne fcj at [fcjvocationeurope@gmail.com](mailto:fcjvocationeurope@gmail.com) or at [Home - Faithful Companions of Jesus](#) To register: <https://bit.ly/Vocation2026>

**Diocesan Recruitment** Due to expansion of the Schools Singing Programme (SSP), the Diocese are seeking to recruit a Choral Director who will work within the Diocesan Education Service and alongside two existing Choral Directors. The person appointed will be responsible for the SSP in our diocesan schools in Surrey. Further information can be found at: [Choral Director | Careers](#)



**Chichester Cathedral Thursday 7 May 7pm** a lecture on Bishop Robert Sherbourne and his tenure as bishop between 1508 and 1536 - a highly significant period for Chichester's cathedral and diocese. Delivered by Dr Andrew Foster, Cathedral Sub-Librarian. President of the Chichester branch of the Historical Association, and Honorary Vice-President of the Sussex Record Society. Full details and booking information can be found here: [Robert Sherbourne \(1508-1536\) – a model bishop of Chichester? | Chichester Cathedral](#)

**Youthscape Youth ministry training** An innovative Youth Ministry training course led by our Diocesan Youth team for anyone who works with Young People and Young Adults, including chaplains, catechists or those running (or planning to run) youth groups. **Three full in person days** (Saturdays 16th May, 13th June & 18th July) at The Franciscan Centre Ladywell, Ashstead Lane, Godalming, Surrey, England GU7 1ST. The overall course cost is **£75**, which covers the cost of cooked lunch, tea and coffee and the official Youthscape course workbook for all three days. For more information email:

[bex.driver@abdiocese.org.uk](mailto:bex.driver@abdiocese.org.uk) Sign up for the course: [Youthscape Essentials training \(16-May-2026\) · ChurchSuite Events](#)

<b>HOLY MASS &amp; OTHER SERVICES THIS WEEK</b>		
<b>Saturday 2nd</b>		<b>5th Sunday of Easter</b>
Cathedral	5.00pm	People of the Parish
<b>Sunday 3rd</b>		
Storrington	9.00am	Mary & Mark Gallipeau RIP
Cathedral	11.00am	Deceased of the Hutchinson & Clancy Fmly
<b>Monday 4th</b>		<b>Feast: The English Martyrs</b>
Cathedral	10.00am	Edwin & Agnes de Lisle RIP
<b>Tuesday 5th</b>		
Storrington	10.00am	For those who have been hurt by abuse
<b>Wednesday 6th</b>		
Cathedral	10.00am	Dorothy Simpson RIP
<b>Thursday 7th</b>		
Storrington	10.00am	People of the Parish
Storrington	10.30am	Confessions and Adoration to 11.30am
<b>Friday 8th</b>		
Cathedral	9.15am	Adoration
Cathedral	10.00am	Trevor Coy RIP
<b>Saturday 9th</b>		
Cathedral	10.00am	Holy Souls
Cathedral	10.30am	Confessions and Adoration
		<b>5th Sunday of Easter</b>
Cathedral	5.00pm	Michael Starkey RIP
<b>Sunday 10th</b>		
Storrington	9.00am	Veronica Page RIP
Cathedral	11.00am	People of the Parish

<p align="center"><b>Prayers For The Sick</b></p> <p>Your prayers are asked for all who are unwell at this time, those at home, in hospital, hospices and in care homes.</p>
<p align="center"><b>Sacrament of the Sick</b></p> <p>Please contact Fr Stephen Tel 01903 882297 Other local parishes: Petworth: 01798 342169 Bognor: 01243 823619</p>
 <p align="center"><b>Requiem in Aeternum</b></p> <p>Your prayers are asked for all those who have died recently.</p>
<p align="center"><b>Coffee &amp; Tea</b></p> <p>After 9.00am Mass at Storrington After 11.00am Mass at Arundel</p>
<p align="center"><b>Liturgy of the Word with Children</b></p> <p>Every week at 9am Mass in Storrington . At Arundel this will take place at <b>5.00pm</b> <b>Mass</b> twice a month as follows: 16<sup>th</sup> &amp; 30<sup>th</sup> May, 6th &amp; 20th June.</p>
 <p align="center"><b>Music at Mass</b></p> <p>9.00am Mass Music Group at Storrington—all welcome to rehearsals on Wednesday evenings at 8.00pm in the church.</p>
<p align="center"><b>Rosary</b></p> <p>Wednesdays 7.00pm - Storrington Mondays after 10am Mass - Arundel First Saturday of the month 9.15am - Arundel</p>
<p align="center"><b>Finance</b></p> <p>If you have any questions about setting up standing orders or Gift Aid, please contact Martin Hall on <a href="mailto:ga.arundel@abdiocese.org.uk">ga.arundel@abdiocese.org.uk</a> Martin can help with queries in both Arundel &amp; Storrington.</p>

<p align="center"><b>Chemin Neuf at Our Lady of England, Storrington</b></p> <p>Mon - Frid: Adoration 6pm-6:30pm in Church Mon, Wed &amp; Fri Mass (Maronite) 9.00am in the Church Tuesday 7.30-8.30pm Prayer Group 01903 742150 <a href="mailto:storrington@chemin-neuf.org">storrington@chemin-neuf.org</a></p>
<p align="center"><b>Masses at the Convent of Poor Clares, Crossbush</b></p> <p>Monday - Saturday: 8.30am (not this Tue); Sunday: 6.00pm</p>

Masses from the Cathedral are livestreamed and are available via the Cathedral website